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New CD
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Volume XV #19

casco bay weekly

May 22, 2003

GREATER PORTLAND'S COMMUNITY JOURNAL OF NEWS, ARTS & HAPPENINGS

COMMUNITY VOICES



WMPG radio is a vital part of Southern Maine's media landscape. What makes the station so unique is its exceptional representation of our community's diversity — virtually anyone can and does participate. In honor of WMPG's 30th anniversary, CBW takes a closer look at our favorite local voice.



Local Boy Makes Good

South Portland sixth
grader wins Challenger
Learning Center Contest

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Local Legend

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health & wellness

Living From The Inside Out Believing Our Own Eyes

by Melissa Mirarchi

Once upon a time, there lived an emperor who loved nothing more than the most stylish fashions — not his court, not his subjects, not his empire.

One day, a wily charlatan visited the emperor. He told him that he was a masterful tailor, prepared to create an imperial outfit far too exquisite for words.

Of course, the emperor could not resist. He gladly paid the outrageous advance the charlatan required. In return, the fraud promised him garments so fine they could only be seen by those who were worthy; to anyone inept or stupid, they would be invisible.

As he toiled above an empty loom and stitched the air with an unthreaded needle, word of the counterfeit tailor's promise spread across the land.

When he said he was finished, the crafty imposter dressed the emperor in his new clothes. The emperor gasped, "Magnificent!" How could he admit that all he could see was himself, looking dreadfully naked?

The emperor wore his new ensemble in a public procession the very next day. All of his subjects cried out their approval: "Beautiful!" "Wonderful!" "Brilliant!" In secret, they all felt inept and stupid.

Then a young child, too young to know better, shouted out the truth, "The emperor is bare naked!" The stunned crowd nodded. The emperor blushed from head to toe. And the charlatan, now many miles away, counted his money once more.

Who hasn't felt fearful of speaking their truth? When everyone else sees things differently, it's easy to think we're mistaken.

It happened to me in the second grade, during, of all things, an eye exam.

I went with a group to the nurse's office and, as I waited for my turn, I watched my classmates peer through the lenses of a strange machine. One by one, the nurse told them to find the bright red apple. She asked, "Is the apple on the table?" "Yes," said the first child. "Yes," said the second. "Yes," said the third and the fourth.

Then, it was my turn. The nurse turned some knobs. *Who knew she could move the apple?* I looked through the lenses. She asked about the apple, "Do you see it on the table?" No! I squinted my eyes. *It was not on the table!* But everyone else said it was. "Yes," I lied with false conviction. I did not want to be wrong.

It's amazing to think we could trust others' vision more than we trust our own. And yet it happens all the time. The executive scans the conference room to see if anyone else seems to think that the boss's idea is

absurd. ... *I must be missing something.* The child grows to adulthood, never revealing the abuse or the abuser. ... *What if it was my imagination?* The battered spouse lives in constant danger rather than face the painful truth: it's perilous to stay. ... *Nothing bad will happen if I just stop making waves.*

Goethe said, "When you trust yourself, you will know how to live." He did not say it would be easy. It's hard to trust our own perceptions when others disagree. And when we're finally able to, we are faced with a difficult choice:

Will I act on what I see, knowing it could cost me dearly? I may be called inept or stupid. I may be arrested. I may be disowned. Or *will I not act, knowing I'll have to bear the weight of my inaction?* I may call myself a coward. I may lie awake at night. I may wonder if I could have made a difference.

"We die by the fire or we die by the fire," T.S. Eliot said. When we trust our perceptions, we have to choose which flame. Neither choice is easy.

If I let myself know that I'm addicted I'll have to make a choice: Deal with the addiction or don't. If I let myself know that I've hurt someone, I'll have to choose: Make amends or to let it slide. If I let myself know that I've been mistreated, I'll have to decide: Speak out or pretend it didn't happen.

Whatever choice I make will be hard. Neither one has a guaranteed outcome. No one has an answer key. No choice is right or wrong. The best we can do is be honest with ourselves about what's behind our inclinations: Is it fear that is causing me to lean in this direction? Is it spite that's driving me? Do I want to prove something — that I'm good, that they're bad, that I'm fearless? Am I moved by a desire to serve something bigger and far more important than my ego? Am I making this choice because I feel called to, because to do otherwise would be a lie?

To trust oneself is an act of great courage. It means walking away from the cozy illusion that the flock knows where it's going. It means facing the wonderful, awful, tangled depths of our humanity. It means living with the knowledge that there is no net, that there never was. It means enduring the deepest freedom. And, in the face of unknown outcomes, it means knowing how to live.

Melissa Mirarchi is a registered counselor practicing in Portland. She can be reached at becoming@maine.rr.com.

health & wellness

Cracked Up Glossary Of Common Gym Terms

by Nick Nilsson

If you've ever had occasion to visit a gym, you've no doubt heard people talking about "feeling the burn" and "pumping up." But did you ever wonder what people were really saying? Here are some common terms and phrases that will help you to learn what is really going on in the gym.

In The Zone:

Tired and incoherent during a workout. Commonly described out of the gym as "spaced out."

Extended Warm-Up:

20 minutes at low tension on the stationary bike then 20 minutes of casual stretching then a shower.

"Just One More Rep":

Said to a spotter during a set. Really means: "Lift the weight for me."

Forced Reps:

For the reluctant exerciser, every single rep of a workout is a forced rep. This is especially true when they have a mean trainer.

Hack Squat:

The position a cat gets into when he's coughing up a hairball, commonly mistaken as a leg exercise.

"Can I work in with you?":

Translation: "Can I remove all your weights and sweat all over your bench?"

Drop Sets:

What sometimes happens after doing a hard set of dumbbell bench presses. A triple drop set occurs when you drop two dumbbells and yourself to the floor.

Bulking Up:

Name for the phase during which an otherwise healthy trainer will try to get bigger and fatter on purpose.

"I'm maxing out":

Translation: "I was going for six reps but I put too much weight on the bar and only got one."

Cool-down:

Sit on a bench and drink from a water bottle while talking about how much more you'll lift next time.

Olympic Bar:

Athlete's nightclub.

EZ Bar:

"How dare you! I'm not that type of bar."

Squat rack:

The loneliest piece of equipment in the gym.

"It's all you!":

Said by spotter during the last few reps of a set. Translation: "It's mostly me."

Pro-hormones:

Hormones that have lost their amateur status.

Meal Replacement Supplement:

Cold pizza and warm beer.

Clean and Press:

Surprisingly enough, it's a shoulder exercise, not laundry instructions. A variation of it is even known as the Hang Clean and Press.

High Intensity Interval Training:

Occurs when there are two or more flights of stairs leading up to the gym.

Skullcrushers:

An exercise where you make like you're going to bash your own head in with a barbell, a.k.a. lying tricep extensions.

"Hold the contraction at the top and squeeze for 10 seconds":

Said by a personal trainer when he or she wants to punish the client for missing a session.

Now that you've got an idea of what is being said at the gym, you'll be able to converse comfortably with the natives. You will be completely understood in any gym in the world when you walk in and say "I just did two sets of high intensity intervals and now I'm ready for some forced reps" or "I'm taking a lot of meal replacement supplements because I'm bulking up."

Nick Nilsson is Vice President of BetterU, Inc., an online exercise, fitness, and personal training company. Check out his latest eBook "The Best Exercises You've Never Heard Of" at www.thebestexercises.com or visit www.fitstep.com. You can contact him at betteru@fitstep.com or subscribe to BetterU News, his fitness newsletter at betterunews@fitstep.com.

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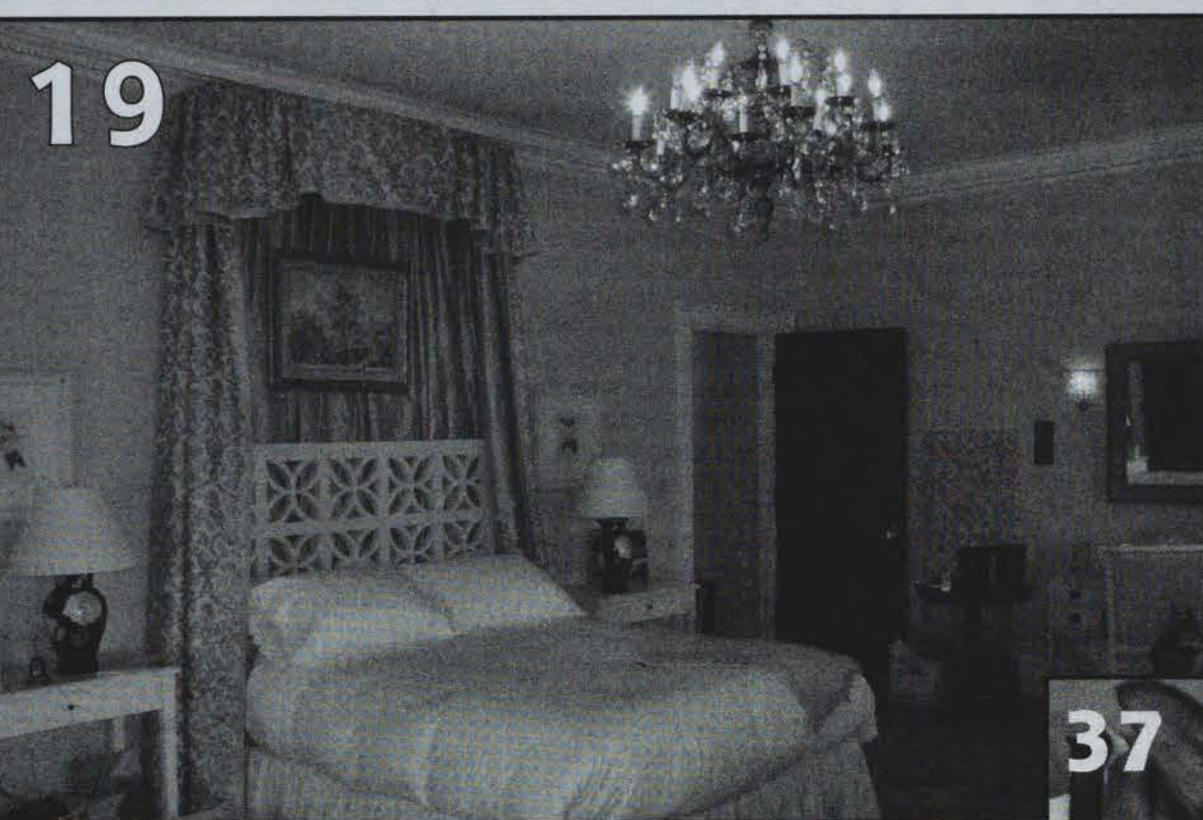
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For almost 30 years now WMPG, the University of Southern Maine's community and campus-based radio station, has been broadcasting diverse, cutting-edge music and public affairs programming, earning accolades and praise, while connecting with the communities it serves. As the station approaches its 30th Anniversary, it seems fitting to look back on the creation and development of WMPG.

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Special Advertising Opportunities

Reach your target audience by advertising your product or service in an issue of CBW featuring industry-specific content!

May 29 Wedding

"They say when you marry in June, you will always be a bride," or so the song tells us. Wedding month is just around the corner. In our last issue of the month, we explore all things nuptial. And don't forget the tin cans!

June 5 Something for Everyone!

From lakes, to beaches to mountains to walkable cities, there's reason Maine is called Vacationland. Our marvelous state has R&R options for every taste. In this issue, CBW checks out the fun in our own backyard.

June 12 Coming Home for Father's Day

The war is over and soldiers and sailors are coming home. CBW brings you a personal story from the father of a sailor returning from war aboard the USS Lincoln to his homeland Maine (Westbrook to be precise). Read about how this sailor grew and how the experience changed his life forever. Last chance to run your advertisement before Father's Day!

For more information, contact Roseann Mango-Morgenson at 775.6601 or email cbw@maine.rr.com. Space is filling fast!

Activities at the Children's Museum of Maine

May 22 - May 31, 2003

FMI:

Call 828-1234 ext. 221



Toddler Time Plus:

Music, Movement & More Guitar Sing-a-long

May 22, 9-11am

Anne Sparling, musician and performer, guides children through a series of favorite childhood melodies.

Art Adventures - Yellow Daffodils

May 22, 2:30-3:30pm

Summer Hours Begin!

May 26

Monday-Saturday: 10am - 5pm, Sunday: noon - 5pm

Memorial Day: Open to the Public

May 26

10am - 5pm

Big Messy Art - Dancing Beads

May 28, 2-4pm

Dip beads and other objects in paint, dangle them on your fingers and see what creation you can make. This project is sure to be a goopy, good time!

Preschool Play - Tales from Many Lands

May 28, 10:30am

Reiche 5th and 6th grade students share cultures from other lands through skits, songs and stories.

Toddler Time Plus - Music, Movement and More

May 29, 9-11am

Move and groove to different styles of music. Fifteen minutes in length, this program introduces young children to the world of dance and music making with instruments and song. Each teacher creates a unique blend of music and movement for children and parents.

South Portland High School - Fairchild Semiconductor Robotics Team

May 31, 11am-2pm

Meet the team of students and Fairchild engineers who recently won the Granite State Regional Competition in Robotics. See a demonstration of their winning robot that stacks bins and last year's robot that can maneuver balls. Interact with the robots and learn about this unique program.



General Admission:
\$6.00 per person
(under age 1 free)
(Admission is free with
museum membership.)
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\$3.00 per person -
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call 828-1234, x234 FMI
Camera Obscura only: \$3.00

The Children's Museum of Maine is
located at 142 Free Street in Portland,
Maine, next to the Portland Museum of Art.

community notices

PORTLAND BIKE ROUTES CELEBRATION

PORTLAND — Portland is a great city that will become still healthier and more bike able with the opening of Portland's new bike routes on Wednesday, May 21, 2003. The bike routes include sections of painted bike lanes along nine miles of city streets, along with many more miles of bike routes marked by signs. According to Jason Wentworth, Chair of the Alliance for Transportation Choice, "These bike routes will make it easier and safer for everyone to travel around Portland by bicycle." As part of the City of Portland's commitment to a more livable community these bike routes are making changes on the roads that encourage bicycling and that remind motorists to share the road. According to Larry Ash, City of Portland Traffic Engineer, "We recognize that bicycles are vehicles and the traffic engineering can make our streets safer for bicycles and other vehicles." Ash has involved a group of bicycling advocates to make sure that the engineering and the interests of bicyclists match up. Steve Shapiro, one of the cyclists working with Ash, and a member of the Portland Bicycle-Pedestrian Advisory Committee, said "Public Works knows engineering and we know bicycling together we've come up with bike routes that are better than any of us would have developed alone."

The goals of the bike routes is to make Portland a walk able, bike able and livable city, to promote bicycling and bike/motorist safety and to promote biking as a great way to get around and to get some exercise most of the year and most days of the week.

Tom Downing, of USM Lifeline and the Healthy Portland Coalition, summed it up this way, "Our vision is a community where a ten-year-old can safely bike to school or to buy a loaf of bread, where commuters see biking as a real option for getting to work and where families can go for a fun bike ride together in safety. We envision a community where biking and walking are real forms of transportation, where the policies and the physical environment support bikes and pedestrians and where business and community leaders recognize that a walk able, bike able community is a competitive advantage."

COMMITTEE BACKS MONTHLY METER READING

AUGUSTA — The Utilities and Energy Committee has voted 7-5 in favor of a measure that would require privately owned gas and electric utilities to read meters monthly. The bill, LD 1595, is sponsored by House Speaker Pat Colwell, and has won bipartisan support as well as the backing of Public Advocate Stephen Ward.

As amended by the committee, the bill would apply only to privately owned utilities, following testimony that various small public utilities do not now use meter readers, but rely on customer reports for monthly billing.

The Public Advocate described the bill as "a

precaution," noting that, while none of Maine's retail electric distributors say they have plans to convert to estimated billing, the New York State subsidiaries of Energy East, parent company of Central Maine Power Co., have already discontinued monthly meter readings.

Maine has had several bad experiences with estimated billing, Ward said, including an incident last year in which a faulty computer program caused natural gas customers in Portland to receive estimated bills six or seven times higher than they were expecting. "We got hundreds of calls from angry customers," Ward said. "Consumers don't like to be blindsided."

Speaker Colwell, in his testimony to the committee, recalled a similar "debacle" that occurred in 1994 under CMP's previous ownership. That experiment was also quickly abandoned.

"When I was a freshman on this Committee," he went on to say, "I heard testimony that a Houston, Texas firm could do remote, bi-monthly readings and bill estimates for CMP and Bangor Hydro and save consumers money. Luckily, we were wary of estimated billing by that time, because I'd hate to have seen what Enron would have contributed to Maine's deregulation experience."

Rep. Stanley Moody (R-Manchester), said he was supporting the bill "because customers should pay only for what they actually use." Co-sponsors for the bill are Sen. Chris Hall (D-Lincoln), Senate chair of the committee, Sen. Kenneth Lemont (R-York), Sen. Arthur Mayo (R-Sagadahoc), Rep. Herb Adams (D-Portland), Rep. Robert Duplessie (D-Westbrook), and Rep. Albion Goodwin (D-Pembroke.)

Ward said that LD 1595 would not prevent utilities from integrating technological improvements into their billing systems, but would assure that bills accurately reflect monthly usage. In its amended form, it would allow small utilities on islands and elsewhere to continue their existing self-reporting practices, he added. The Eastern Maine Electric Cooperative in Calais, for instance, has customers return monthly postcards, with periodic meter checks to ensure accuracy.

The amendment also makes it clear that the monthly meter reading requirement will not interfere with a utility's ability to offer budget payment plans.

MAINE INITIATIVES MAKES NEW GRANTS IN AUGUSTA, BREWER, BANGOR

STATEWIDE — Maine Initiatives, a statewide foundation, has made three new major grants in Augusta, Brewer, and Bangor. The grantees share a commitment to solving economic issues affecting Maine people. Each will receive \$40,000 spread over three years.

Food AND Medicine, based in Brewer, is made up of workers laid off due to recent plant and mill closings in the Bangor region. "Out of these events has arisen a powerful group of grassroots organizers - the workers them-

Casco Bay Weekly welcomes your community notices. Please keep your thoughts to less than 300 words (longer submissions may be edited for space reasons), and include your address and daytime phone number. Send to Notices, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101 or e-mail: cbwdir@maine.rr.com

selves," said Deborah Felder, the foundation's executive director, at Maine Initiative's annual dinner last Thursday.

Maine Equal Justice Partners (MEJEP) of Augusta is campaigning to promote and expand the state's Parents as Scholars program, which the group initiated several years ago to provide college educations to low-income Maine parents. According to Felder, the program has allowed hundreds to get degrees, find meaningful work, and become role models for their children.

PICA, based in Bangor, promotes local responses and alternatives to trade globalization. "Real change requires looking beyond our borders," said Felder, "discovering ways we can make corporate practices more transparent, create solidarity with other workers, and support trade legislation that promotes human rights and protects the environment."

Maine Initiatives supports organizations cultivating economic, environmental, and social justice at the grassroots level in Maine. For information, visit www.maineinitiatives.org or call 622-6294.

FAMILY FITNESS KITS DISTRIBUTED TO SOUTHERN MAINE FAMILIES

PORTLAND — Families throughout Maine will be receiving Family Fitness Kits with information on simple changes they can make to live healthier lives. Though a special promotion sponsored by several Healthy Maine Partnerships located in Southern Maine, elementary students in selected communities will be bringing Family Fitness Kits home to their families, along with a chance to win a bike. Participating communities include Portland, South Portland, Westbrook, Windham, Gorham, Buxton, Standish, Scarborough, Old Orchard Beach, Biddeford, Saco, Kennebunk, Kennebunkport, York, Kittery, Berwick, North Berwick and Lebanon. The Family Fitness Kits are part of a larger, statewide physical activity campaign being kicked off in May by the Healthy Maine Partnerships and the Maine Nutrition Network.

Maine families are burdened with poor eating habits and a lack of physical activity that has resulted in heavier kids and out of shape parents. According to the Bureau of Health, Maine Department of Human Services, the obesity rate in Maine has risen 60% in only ten years. Currently one in five Maine adults are obese and over one half of Maine adults are either obese or overweight. Although there is not yet hard data on children in Maine, national studies show that the obesity rate for US children has risen by a staggering 100% in the last 20 years.

Families are looking for good ideas to lighten their load. The Family Fitness Kits contain tips on how families can be healthier, without exercise equipment or fancy gadgets, with simple steps that have been shown to work. "Health fitness centers, gyms, and exercise equipment are great, but they are not for everybody," said Dr. Dora Anne Mills, Director of the Bureau of

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CBW is actively seeking submissions of all kinds from our community of readers. Photography, comics, articles, proposals and letters should be mailed to: Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101 or e-mailed to cbwdir@maine.rr.com

WHO WE ARE AND WHERE TO FIND US

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Health. "So what we are doing through this campaign is showing Mainers that the 'exercise machines' they need can be found right in their home. You don't need a Stairmaster if you have actual stairs. You don't need aerobics classes if you have a boom box and a CD. You don't need weights, if you have kids to lift up and play with."

"Whatever Maine people are already doing to be active, they should just do more of it. And whatever they choose to add will begin making an immediate difference in their health," Mills added.

Families receiving the special kits can enter the bike raffle by sending in a coupon stating what steps they plan to take toward healthy living. Local bike shops and organizations have donated these bicycles. This Family Fitness Kit and Bike Giveaway project is sponsored by four of the 31 community-based Healthy Maine Partnerships: Healthy Portland, Communities Promoting Health (Greater Portland), Coastal Healthy Communities Coalition (Biddeford), and the Choose To Be Healthy Partnership (York).

For more information about the Family Fitness Kit or to have one sent to you, contact:

Portland - Richard Veilleux, 874-8634; Email rpvc@ci.portland.me.us

Biddeford Area - Emily Rines, 294-3550; Email erines@une.edu

Greater Portland (outside Portland) - Lucie Rioux, 874-1140 ext. 320; Email lucie@propeople.org

York Area - Deborah Erickson-Irons, 351-2199; Email derickson-irons@yorkhospital.com

"REFORMING SCHOOL FUNDING" RELEASED

AUGUSTA — The Maine Center for Economic Policy today released "Reforming School Funding," which provides a detailed analysis of Maine's current school funding formula and recommends changes to make the formula more equitable across the state.

The report reviews the history of key school funding decisions, including a pledge of 55% state funding for total K-12 expenditures that was repealed during the recession of the early 1990's. Flat funding and across-the-board cuts were the biggest factors in igniting the school funding/property tax revolt. State funding now covers about 44% and a current Maine Municipal Association referendum seeks to reinstate the 55% pledge in statute.

Relative lack of state funding is not the only problem. The separate methods of calculating different programs that the state supports — such as special education, transportation and debt service — have added further distortions to the state system. The expense-driven nature of the formula has failed to promote local efficiency, and may have encouraged overspending. Adding the 15% income factor has not resulted in the intended results of further equalization, and has made the formula less predictable and more complex.

Among the report's recommendations are removing the 15% income factor from the funding formula; adjusting local shares of funding according to factors that demonstrably increase the need for funding such as poverty level of students and regional salary costs; creating a state benchmark for necessary spending in each district that indicates where local districts

are spending beyond such levels; putting teacher retirement costs under the formula; eliminating the "hold harmless" cushions from the biennial and supplemental budgets; and phasing out the school union structure in favor of new community school districts and school administrative districts.

"A decade of continuous struggle among municipalities and the legislature has moved us away from a two-century long commitment to providing adequate educational support for every Maine student, no matter where they live," said Christopher St. John, Executive Director of the Maine Center for Economic Policy. "This report provides a perspective on which funding formula decisions have taken us off track and what decisions are necessary to return us to that commitment of equal education for all Maine children."

COMMUNITY COLLEGE SYSTEM HONORS SPEAKER

STATEWIDE — The Maine Community College System has created a scholarship in the name of House Speaker Pat Colwell to recognize his strong and continuing support of the system, which was recently renamed in legislation signed by Gov. Baldacci.

"Pat is a long-time supporter of our technical colleges, and a leading advocate for the formation of the Community College System," said President John Fitzsimmons. He said that Colwell's support goes well beyond this legislative first step toward a community system, including support for a \$20 million bond issue "to modernize, finish and upgrade our classrooms and equipment."

Said Fitzsimmons, "The Speaker believes deeply in the value of education, and sees the community colleges as an important way to access higher education and to better their futures, both for themselves and their families."

The annual \$1,000 scholarship, which will be presented to a Kennebec County resident attending the Kennebec Valley Community College in Fairfield, recognizes Colwell's "advocacy, support and leadership" and is being awarded "on behalf of Maine's community college students and employees."

The scholarship was presented by Jana LaPoint, chair of the Board of Trustees, at a recent awards ceremony for the top students at each of the Community College System's seven campuses.

LEADERS ADDRESS WIDESPREAD EFFECTS OF RENTAL HOUSING CRISIS IN SOUTHERN MAINE

SOUTH PORTLAND — More than 150 municipal leaders, housing providers, developers, economic development directors and neighborhood representatives from Cumberland and York counties gathered in South Portland last week to discuss the benefits and barriers to the development of affordable rental housing in southern Maine.

The near-capacity crowd confirmed the considerable demand for affordable rental housing and signaled the emergence of a leading local issue for southern Maine communities.

"Today's unique gathering of city officials, housing providers, investors, and neighborhood representatives was designed to build the foundation for solutions to a complex issue,"

said Andrea Cianchette Maker, policy advocate for the Southern Maine Affordable Rental Housing Coalition and conference organizer. "We hope this is just the beginning of a collaborative effort to increase the supply of affordable rental housing in southern Maine."

Maker also noted the far-reaching effects of the housing crisis, adding "this problem discourages economic activity in the most promising, economically active geographic region of the state when potential employers review the housing market and realize the lack of affordable housing for their employees."

Governor John Baldacci emphasized the urgency of the issue by saying, "Increasing access to affordable rental housing will enhance the vibrancy and attractiveness of our communities, and serve to strengthen our economy. This is a complex issue, however, that will be solved through the collaboration of the various stakeholders — investors, developers, and willing municipalities. I encourage them to identify regional solutions, and expand housing opportunities for individuals and families in southern Maine."

Dr. John Mullin, Director of the Center for Economic Development at the University of Massachusetts Amherst provided the keynote address. Dr. Mullin has conducted extensive studies on the economic impacts of housing, land use trends, and revitalizing small urban centers.

Conference participants covered a range of housing topics, including an assessment of the rental housing market, how the shortage affects employers and employees, and the municipal barriers deterring adequate housing development.

The conference concluded by identifying municipal incentives to encourage development.

The conference comes after the Southern Maine Affordable Rental Housing Coalition published its 'Call to Action' in Spring 2002. The Coalition's findings included:

- From 1990 to 2001, the monthly rent for an average two-bedroom apartment in Portland rose from \$500 to \$850, a 70% increase.
- In 1999 and 2000, Maine was last in the nation in the production of multifamily housing units on a per capita basis.
- Only 3,000 rental units were produced in Greater Portland over the last ten years, yet 23,000 new jobs were created.

The Southern Maine Affordable Rental Housing Coalition and the Leadership Council on Affordable Rental Housing in Southern Maine organized the conference.

Founded in 2000, the Southern Maine Affordable Rental Housing Coalition is comprised of non-profit developers, for profit developers, regional organizations, commercial lenders, and housing advocates committed to the goal of increasing the supply of affordable rental housing in southern Maine.

REP. ALLEN HAILS ENERGY EAST DECISION TO EXPAND OPERATIONS TO NEW GLOUCESTER

WASHINGTON, DC — U.S. Representative Tom Allen hailed the announcement from Governor John E. Baldacci that Energy East will be expanding its operations to the Libra Foundation's recently re-developed Pineland business park at the former hospital complex in New

Gloucester, Maine.

"In just a few short years, Energy East has developed into one of the largest and fastest growing companies in the Northeast," Representative Allen said. "The projected 175 high paying new jobs that this move will create are a tremendous boon to Western Cumberland County and just the kind of shot in the arm Maine's economy needs. It also demonstrates that Maine is a terrific place for businesses to grow and for their employees to live. I extend congratulations to the people who worked hard to bring this about, especially Governor Baldacci, the Libra Foundation and the diligent economic development advocates at the state and local levels."

Energy East serves 1.8 million electricity customers, 900,000 natural gas customers and 300,000 other retail energy customers in five northeastern states. In August 2000, Central Maine Power Company, which serves 544,000 customers in Maine, joined Energy East. Other Energy East operations include electricity generation, gas storage and transmission, energy marketing and services, propane and liquid fuels distribution and telecommunications.

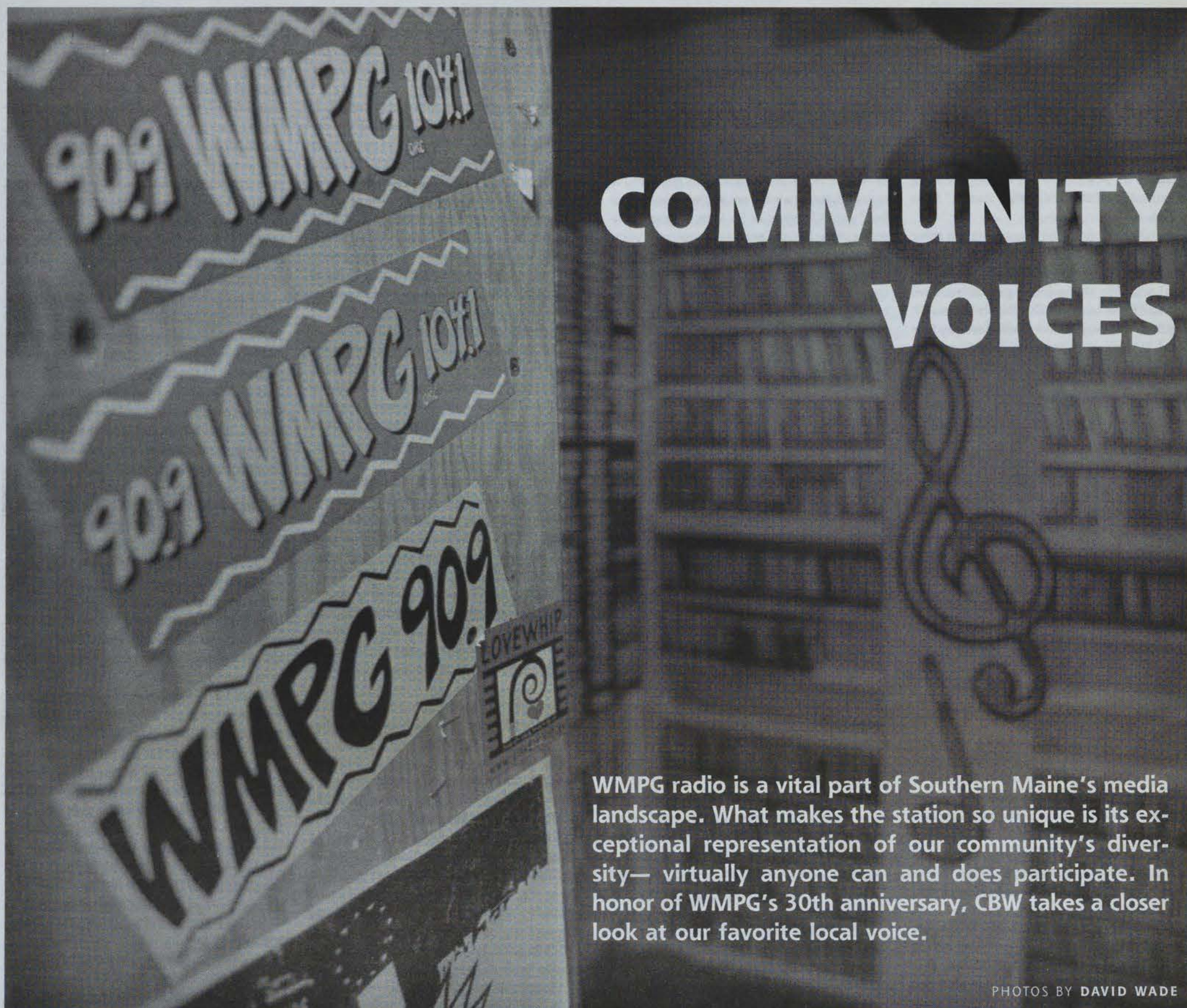
MAINE PUC GRANTS ETC STATUS TO UNICEL

AUGUSTA — Yesterday the Maine PUC issued an order designating RCC Minnesota, INC. (RCC) as an eligible telecommunications carrier (ETC) for the rural areas of Maine. RCC does business in Maine as Unicel. An ETC is eligible to receive support from the federal Universal Service Fund (USF). The USF provides support for services provided in high cost and rural areas as well as for low-income customers. RCC's designation will bring additional federal funds for infrastructure improvement in Maine.

As described by RCC during the application process, the ETC designation will allow RCC to "secure USF support for direct investments in Maine's wireless telecommunications infrastructure—investments that either would not be made in the absence of USF support, or will be substantially delayed." RCC also pointed to the prospect of more effective competition in rural areas. Many rural areas of Maine not only do not have competitive local telephone providers but also do not have adequate cellular service.

RCC agreed to supply service to anyone who asks for service within its designated area and will offer a "Universal Service Rate Plan" for \$15 per month. RCC has committed to use a portion of its advertising budget to increase customer awareness of the Lifeline and Link-Up programs. These programs program discounted monthly charges and installation fees for low-income households.

An ETC must provide the following nine services defined by the Federal Communications Commission (FCC) to receive USF support: (1) voice grade access to the public switched network; (2) local usage; (3) Dual Tone Multifrequency (DTMF, known as "touch-tone") signaling or its functional equivalent; (4) single-party service or its functional equivalent; (5) access to emergency services including 911 and enhanced 911; (6) access to operator services; (7) access to interexchange services; (8) access to directory assistance; and (9) toll limitation for qualifying low-income customers.



COMMUNITY VOICES

WMPG radio is a vital part of Southern Maine's media landscape. What makes the station so unique is its exceptional representation of our community's diversity—virtually anyone can and does participate. In honor of WMPG's 30th anniversary, CBW takes a closer look at our favorite local voice.

PHOTOS BY DAVID WADE

A Brief History of WMPG

by Tom Flynn

For almost 30 years now WMPG, the University of Southern Maine's community and campus-based radio station, has been broadcasting diverse, cutting-edge music and public affairs programming, earning accolades and praise, while connecting with the communities it serves. As the station approaches its 30th Anniversary, it seems fitting to look back on the creation and development of WMPG.

From its beginnings as WGOR in 1971, WMPG has been a locus for broadcasting alternatives. The first printed reference to the station, from the October 4th, 1971 edition of the *Observer* (USM's precursor to the *Free Press*), mentions that the station "experiments with new concepts in student programming." Those involved in the creation of WMPG stated early on, in this case in an *Observer* article dated February 28, 1972, that "as a non-commercial, educational FM station, we have the opportunity to broadcast a wide range of programs to serve the needs and interests of the student body and the community." WMPG has never really strayed from this goal, consistently attracting those members of the student body and the surrounding communities who thrive on refreshing alternatives to commercial radio.

A Little Night Music

On a spring day in 1971, while the rest of America was seething with political and social turmoil, University of Maine student Howard Allen discovered a tiny FM wireless transmitter for sale at the Pinetree Shopping Center. That evening, hooking up this one-dollar piece of broadcast equipment to a turntable and a microphone, Allen found he was able to broadcast throughout the Anderson dorms. "From that night on," wrote Allen, "from about 6pm to 10pm, I would put a stack of records on the turntable and let it play through them all, then flip it over." Later, Allen and pal Peter Dalton became more ambitious, raiding the Gorham town dump, where they found the top portion of a severed utility pole and parts from a Frigidaire drying machine. The pole they put on the roof of Anderson to use as an antenna mount and by installing a few audio plugs, Allen transformed the dryer's control

panel into a mixing console, wryly assigning the microphone input to the "damp dry" setting.

From those innovative beginnings, the station dubbed WGOR by Allen flourished "underground" in the Anderson building for almost a year until it attracted the notice of the University administration that, to their credit, did not shut the operation down, but instead authorized the formal pursuit of an FCC license.

There then followed a year and a half of consultation, paperwork, spending, building and debate. From the informal space in the Anderson Hall, WMPG began a move into new digs adjacent to the student lounge in the Gorham cafeteria. Along with this move and the change in official status, Allen and his ever-growing crew began purchasing equipment like it was going out of style, including a used Gates 10-watt transmitter, which WUNH was setting out to pasture. The new transmitter and antenna were mounted on Bailey Hall during the summer of 1973 and the new studio space was completed in time for WMPG to officially sign on at noon, August 31, 1973 at 91.7FM. Technically, the station was off to a good start. The only hint of trouble was the small debate that centered on the choice of call letters. Against the will of some staff members, the name WMPG (which stands for Maine/Portland/Gorham) was chosen on the strong recommendation of the administration in order to be inclusive of the Portland campus.

In the spring of 1980, work began on a power increase for the station. By December of 1984, WMPG was ready to sign on yet again, this time at 50 watts, transmitting from 90.9FM, while simultaneously moving into a new, more spacious studio space. In 1986, in response to an urgent need to replace the station's 25 year-old transmitter and a desire to upgrade to stereo, WMPG first began begging for money from the community, having previously relied solely on money from the University via tuition fees. In 1988 and 1989 respectively, WMPG made its two final moves to date upgrading its signal to 1,111 watts and moving its studios to the Portland campus.

Alter-nativity:

A Programming Trend is Born

WMPG, from the Howard Allen days onward, has remained committed to independence, refusing to compete with the mega-wattage commercial giants that have been vying for control of the FM market since the late 1970's. Allen himself wrote of a commitment amongst the staff as early as 1973 to create a true alternative radio station. Under Ernie Freeberg in the early 1980's this commitment to alternatives deepened and brought about some of the programming decisions that continue to be seen in the schedule of WMPG shows.

Freeberg, the first professional station advisor, began the tradition of seeking out specialists in certain genres of music, whether students or non-students. During Freeberg's tenure, punk, new wave, reggae and newer forms of jazz were entering the mainstream, with college and com-

munity radio stations around the country the leading proponents of innovation Freeberg and others involved at the station were concerned with the quality of programming, especially in light of the increase in non-student listenership that went along with the increases in wattage. As reported in an article from the *Portland Evening Express* from February 28th, 1985, WMPG sought "to serve the community as a whole, not just those connected with USM." At that time, critics of this approach still tended to see WMPG as more of a "radio club," an environment for learning about radio, irrespective of the quality of the programming. Changes in programming during the late 1970's and early 1980's, however, were not the spontaneous creations of those in management, but a reaction to the wishes of WMPG's listeners.

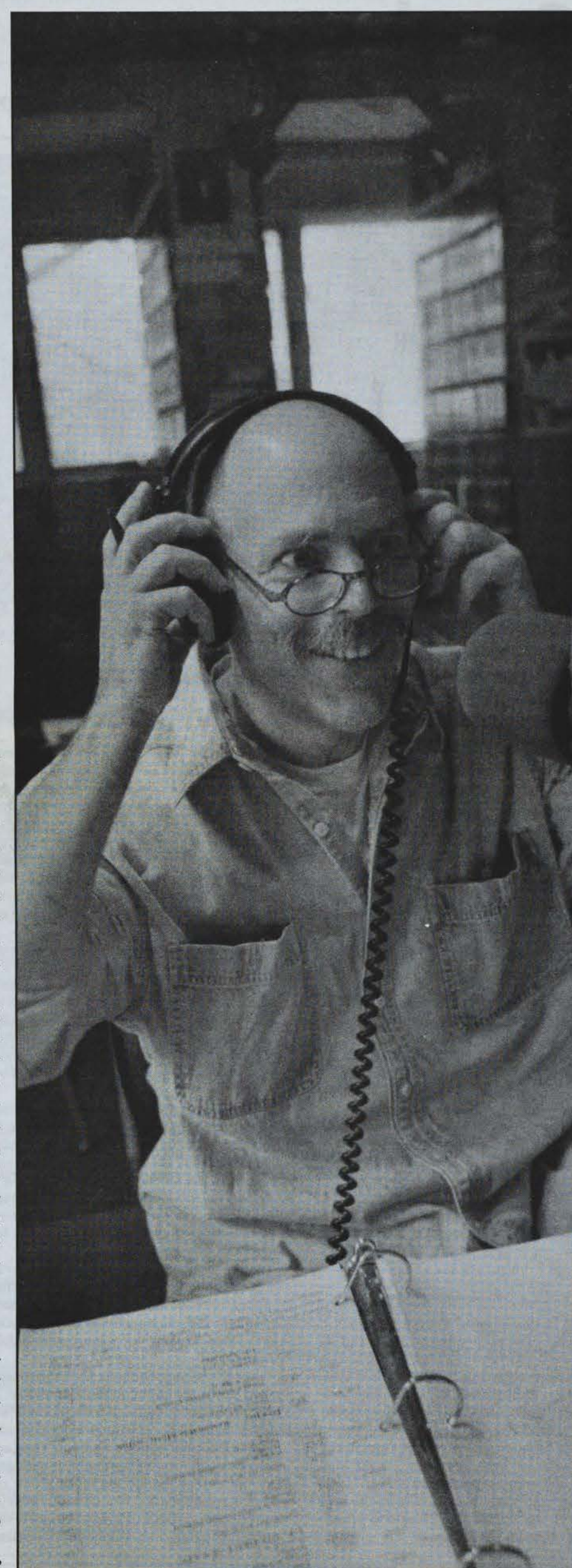
Perhaps the ultimate expression of the gradual change that has come over WMPG, transforming it from radio club to cherished community resource, is the station's current Constitution, worked out by committee, drafted largely by volunteers Ed Noyes, Barb Truex and Michael Townsend and approved by the staff and the Student Senate in 1993. Some explanations for the organic changes, which resulted in this unique document center on the nature of our parent institution as well as the surrounding community. The University of Southern Maine is well known for its high proportion of "non-traditional" students; students who are somewhat older and are often in the process of retooling their skills or rethinking their careers. This non-traditional and predominantly commuter student body enriches USM and gives the school a unique character. By the same token, it also blurs the boundaries between the community and the University, since so many USM students are also working full time in the area, residing off campus and raising families. WMPG reflects this aspect of the University, having attracted experienced individuals eager to be involved in radio.

WMPG has also come to serve as something of a model of diversity in the greater Portland area. Since the turn towards community involvement in the early 1980's, Southern Maine's considerable foreign-born and second- or third-generation populations have found an expressive outlet at WMPG. Hardly any other media concern gives as much airtime to the local Khmer, Jamaican, Vietnamese, Eastern European, Latino, African, Middle Eastern, and French communities as does WMPG, and certainly none other gives them the opportunity to create their own programming in their own languages.

Feedback

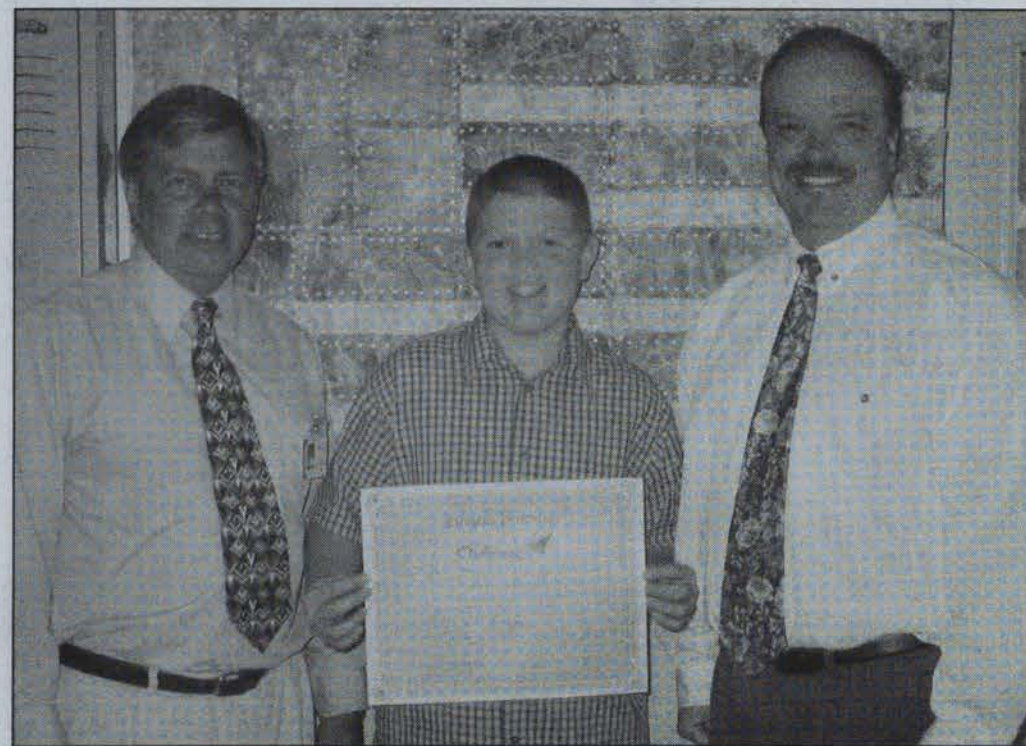
All of these factors present a need for specialized programmers and have gradually shaped the nature of WMPG's programming over the years. WMPG, as an extremely fluid organization, has basically been responding to what is going on in Southern Maine. Not everybody has been happy with these developments, naturally. Aside from personal tastes, there has been no

Continued on page 12



Good news

Sixth Grader has The Chase of a Lifetime



Assistant Principal Kevin Perkins (Left), Contest Winner Jake Viola, Principal Paul Knoll. PHOTO ERICA CAMPBELL

Jake Viola, a sixth grader in Ms. Brenda Laliberte's Science Class at Memorial Middle School in South Portland, has won the Challenger Learning Center of Maine's essay contest. Students were asked to use their imaginations to describe what they would learn by chasing a comet at the Challenger Learning Center of Maine.

Jake's winning essay, titled "The Chase of a Lifetime," was judged to be the best of more than 300 entries received from sixth grade students from 27 middle schools across the entire State of Maine. As the winner, Jake will have the opportunity to take his seventh grade science class on the maiden voyage of the Rendezvous with a Comet simulated space mission when the Challenger Learning Center opens in December 2003.

The following students received Honorable Mentions: Jamey Epstein, Falmouth Middle School, Falmouth; Madeleine Park, Blue Hill Consolidated School, Blue Hill; Matt Proudlove, Hichborn Middle School, Howland; and Lara Watterson, Frank H. Harrison Middle School, Yarmouth.

The Challenger Learning Center of Maine is based on a national program that encourages young people to set their goals sky-high. Middle school students from across the entire state will undertake simulated space missions at the Center, which is being built in Bangor at the former Dow Air Force Base theater. This fun and exciting educational opportunity will encourage Maine students to pursue higher levels of education and careers in technology, science, and aerospace, positioning Maine to compete in the twenty-first century's high-technology economy. Organizers expect to host between 10,000 and 12,000 middle school students each year. Superintendents, principals, and teachers have already started to schedule visits for their classes.

The Chase of a Lifetime

by Jake Viola

In the year 2061, NASA scientists revolutionized space. Unbeknownst to mankind, millions of unidentified stars, planets and comets were orbiting a galaxy outside of the Milky Way, but working together to create life on planets in this new galaxy. With little funding by the American government, NASA was in fatal condition. However, they were able to produce one high-tech machine unlike any other. This space car was designed to chase comets and that's how my mission started.

My mission had begun. NASA scientists chose me to risk my life to extend the world's knowledge of space by chasing a comet. This comet had a 79,000-year Earth orbit cycle and I was going to follow it. I was surrounded by blackness in my space car, looking down at a beautifully colored planet, when a gigantic ball gave the galaxy a disguise of ice and dust. "I think that was my comet!"

I was chasing the tail of Jakanner's comet. I passed the sun when I noticed a vast mist of gasses surrounded me. That was the sublimation of the nucleus. The tail of the comet was facing away from the sun. Now we were soaring! "Ahh!" I yelled for my life. There were oncoming asteroids, and I was trying to avoid becoming dead space weight. Luckily, I was out of the Asteroid Belt, but I wasn't safe yet.

Next I had to dodge a storm on Jupiter's moon Io. After that I had a close encounter with an organism from the mouth of a new dimension, and I found myself zooming by all kinds of comets. Finally I was in the Oort Cloud, where Jakanner originated.

On my way back home a shock of exuberance jolted down my spine. Earth was visible; I made my way off the comet and back to Earth's atmosphere.

I was back but nobody else was. The Earth was deserted, the sun had burnt out, I was a geezer of the age 79,011 but I knew more about comets. "Those scientists must have taken everyone to the new galaxy! Back to the space car!" I was only at the beginning of an adventurous mission.

Non-profit news

Grandma and Grandpa On the Web An Advice Column With a Twist

by Lori Voth www.elderwisdomcircle.org

There's a new hot spot on the web for seeking information, advice, and guidance. It's run by the non-profit Elder Wisdom Circle, at www.elderwisdomcircle.org and is the new place for 20-40 year olds to seek support. Users are calling the unique members of the circle "cool", "hilarious", and claiming the group to be a new and improved Ann Landers or Dear Abby.

The site is like an advice column with a twist, with the volunteer advice givers being all aged 60 and above. The service was created in October 2001 with the idea that the senior citizens, better known as "elders" to fans of the site, would pass down their so-called elder wisdom to younger audiences while simultaneously gaining a sense of worth and satisfaction. Unlike the average advice column, where the seeker gets an answer from a single, experienced person, the advice seekers of the EWC get an answer based on a large group of experienced opinions. The group is diverse in background and lifestyles

the elders who, when beginning the service expected questions about gardening, cooking and other lighthearted matters to be the majority. They do still get some like that, but the former is much more prevalent.

The questions are certainly not always the easiest to handle and some elders say, some of their fans are deeply disturbed. But the elders are dedicated to providing the best information and insight that they possibly can. They often take care to do research before answering some important questions and if they feel unequipped to provide advice, they'll send the seeker to someone that is. They just want to be there to help whenever and wherever possible. Elder Jim Kowalczyk, from Detroit, put it perfectly when responding to a Wall Street Journal reporter's question of the elders' credibility in answering some serious requests.

"We're not trying to practice any [type of therapy]," he said, "except trying to be surrogate grandmas and grandpas."



PHOTO BY DOUG MECKELSON
FOUNDER OF
ELDER WISDOM CIRCLE

and collectively they've experienced almost any situation. Advice seekers are sure to get an answer from a confident, well informed elder who is educated in the topic at hand.

Anyone who can read, type and has an email account can utilize the service. The elders answer questions on nearly any subject imaginable and return a confidential free response to every single letter. While women in their 20s to 40s are the most common users, according to feedback, they are certainly not the only. The elders receive many letters from children as young as eleven who, especially lately with the country at war, ask about historical information to ease fears or to use for a school project. Then there are the senior citizens who want advice from their own peers or from the elders that are even older than them. The advice is available and of equally high quality for anyone.

Right now a major theme in the letters going in is politics and war. People are writing in to express their passionate emotions, some angry, some scared, but with the knowledge that they'll get feedback from someone that's been through a lifetime of international conflicts and probably understands. The most common questions, generally though, are those dealing with relationships and family. They account for about 50%. Other popular questions deal with careers, parenting, and marriage issues. Many of the letters are quite deep and pressing, much to the surprise of

That they are and these grandparents for the public are expanding the EWC more as time goes by. They now have a weekly column in a couple community papers and they've created a monthly advice newsletter for online recipients. In addition to that they have gotten together to publish a collection of letters from their first year in operation. The letters are moving and diverse, much like the selected letters available on the website. The book, called *Elder Wisdom Circle Volume I, Letters, Guidance, and Advice From America's Elders*, is their pride and joy and can be purchased as a warmhearted daily browser or a thoughtful gift for as little as \$6 from the EWC website. Profits from book sales will help the EWC pay for maintenance costs like hosting and upkeep of their newly redone website.

Though the service is expanding quite rapidly, the elders still encourage the public to "keep the questions coming." They love being able to help and the work gives them the opportunity to remain active in the community. And the more people that write in for advice, the more elders the group will be able to take on and keep active in society. The site truly is beneficial for all age groups.

Those wishing to seek advice, read past letters, purchase the book, or inquire about becoming an elder should visit www.elderwisdomcircle.org. And don't be afraid to put the elders to work. They love it!

greener side

When a Tree is more than a Tree

by David Neufeld

Trees cover our landscape. Yet certain trees inspire us to reverence. We may refer to them as: Mother Pine, The Old Maple, The Sentinel, The Landmark, The Tree Beneath Which Our Loved One is Buried, The Tree Planted at your Birth.

Whether such trees already exist near our gardens or we choose to plant them, we can use the strong impression that a great tree makes to heighten our sense of being connected to the past and future.

As I look out on my gardens from my office window, a great old maple grows to the west of the herb garden. It is the only large tree here that has gardens surrounding it and so it dominates the setting. Its passage from barren branches in winter to luminous gold light in fall is one of my markers of time. I feel fortunate to have "inherited" this tree.

Two flowering crabapples, one in the center of the front lawn and the other next to the pond by the house, are also important players. They are landmark trees (specimen trees in horticultural jargon). Their period of bloom and subsequent persistent fruit make them important objects that my eyes are drawn to daily. If the maple is a symbolic grandfather, then these trees are favorite aunts.

A gigantic oak at the northwest corner of our property simply stands there, present and strong, but not visited every day. I guess that would make it the equivalent of a loyal old friend.

Assigning trees within sight of your place qualities can be both fun and useful. Take the first impression that comes to mind. Notice trees beyond the legal borders of your property. By doing this you may find

your 'landscape' already well organized for you. Each major tree, like any personality, will require its own amount of physical space. I wouldn't plant another rock maple within 200 feet of the Old One.

Great satisfaction can be gotten from planting a large "specimen" or feature tree. These are relatively expensive budget items but if you think of them relative to a piece of furniture or art it's possible to take the plunge. There is no minimum size for these trees because each type has a size at which it begins to appear mature. It is easy, although expensive, to buy a large enough crabapple or magnolia. Planting a maple that would give the impression of age is impossible.

All of the giant trees we revere today were once saplings. Nature or a person with patience and foresight planted these trees. Planting new trees in an open site can be exciting as well as meaningful. Even a small tree can grow with a child and stand to be revisited throughout that child's life.

If you wish for a sentinel tree where you presently have no trees, you may need to borrow the neighborhood sentinel for your lifetime and plant a sentinel for the generations that follow you. I planted quite a number of 8-10 foot oaks and maples when I was a teenager. When I see those trees today, stout trunks with great canopies of leaves, I remember that 35 years will grow quite a tree. While we stand beneath trees that sprouted when our grandparents were courting, we can plant trees now that will one day inspire reverence in somebody not yet born.

David Neufeld owns North Star Garden Design.



PHOTO DAVID NEUFELD

property values

Viva la France! Portland's French Connections

By Clemmer Mayhew III

Portland's variety of public, commercial and residential buildings inspired by French architectural styles can be attributed to a convergence of several influences from the mid-19th century to the beginning of the 20th century. During this period the city's avenues filled with enough mansard roofs to populate a petite French Quarter as the Old Port's *bon vivants* probably filled up with as much chardonnay as rum.

Culturally, more than 40% of Portlanders descended from urban French-Canadian parentage, mostly Montreal and Quebec City, according to the 1940 *Portland City Guide*. Benoit's became Maine's largest men's clothing store. The Grand Trunk Railway System linked Montreal to Portland, making the corner of Fore/India Street the hub for much of Canada's commerce. Some nearby communities became almost exclusively French. The lines were often blurred between New England and New France.

In addition, L'Enfant's Washington and Napoleon III's Paris served as models for the city's bankers and businessmen when they rebuilt the city with a cosmopolitan flair following the Great Fire of 1866. Federal and Colonial motifs became passé as Portland forged a new identity as a sophisticated metropolis rather than a sober New England port. Interestingly, at the same time Americans professed democracy they adapted class-conscious European architectural styles and surrounded themselves with massive monarchical government buildings.

Also, American architects studied in Paris at the prestigious Ecole des Beaux-Arts because national architectural schools had yet to be established. At the Beaux-Arts, architectural training

integrated design, sculpture and painting into a comprehensive formal study of building and city planning. When the first architectural schools were organized at MIT and Columbia, they patterned themselves after the Beaux-Arts. Architects became a part of an emerging new professional class that replaced the traditional builder-craftsman. These artisans polished their French while conceiving America's city centers as imposing symbols of monumental greatness.

By equating American cities with century's old European capitals, Gilded Age architects fashioned an instant social cache and legitimacy for the nation's growing bureaucracy. Washington architects designed Portland's courthouse, Custom House, and US Post Office as if they were on Pennsylvania Avenue rather than Middle Street. The United States Custom House was styled in an eclectic French neoclassicism, more apropos on the Left Bank than the Old Port. The larger-than-life Cumberland County Courthouse evoked the Palais d'Justice rather than a center for a seaport's legal actions. Encased in the immortality of granite and marble, City Hall was a replica of a French palace, known as a *hotel de ville*. Today, this regal style is sometimes referred to as the "Louis-Louis" style. Union Station was built as a medieval provincial chateau.

The popular Second French Empire style introduced the mansard roof — a steeply sloped roof usually either in a concave or convex shape. Weary of Greek Revivals, Queen Anne cottages and Italianate villas, many of Portland's commercial and residential buildings adapted this blueprint, named for the reign of Napoleon III, who had changed Paris into a city of monumental

buildings, parks and boulevards.

Shops became boutiques as commercial streets reformed monotonous brick facades with fashionable aesthetic storefronts. Second Empire buildings resembled chic residential Parisian townhouses. The Woodman Building, once known as the headquarters for the Cook, Everett, & Pennell drug supply company, was designed by architect, George M. Harding. Styled with cast iron pilasters, arched windows, and a distinctive slate roof composed of diamond-pattern tiles, the Woodman Building is considered the best example of French Second Empire design in Maine.

While the downtown took on a more European façade, numerous residential adaptations of Second Empire style were built on almost every block from Munjoy Hill to the West End. Pine Street is a showcase for several variations. 117-119 Pine Street has a distinctive raised-crown mansard. 138-144 Pine Street is an outstanding cluster of French-styled row houses. Four Walker Street is a classic maisonette frame design. Similar to the Italianate style, the Second Empire was often centered with a chateausque square (not round) tower and enhanced with decorative brackets and molded cornices.

As picturesque as these individual buildings are, it is their symmetry and harmony in groups that illustrate a well-articulated city, where architecture functions as civic art. The French-inspired structures from the city's past, as fragmented and scattered as they are today, forever link the present with the era when Port-

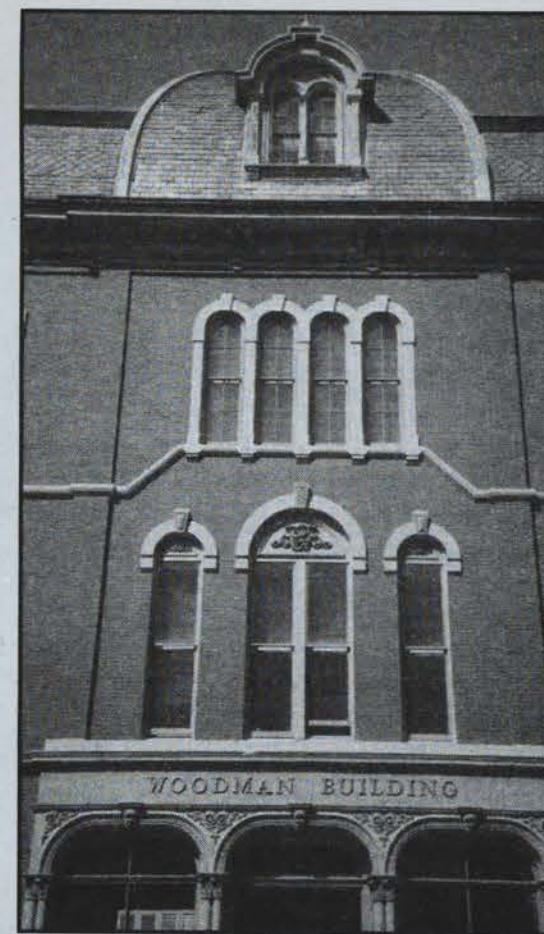


PHOTO CLEMMER MAYHEW III

land's future was expressed with boundless imagination and belief in the need to fulfill its legacy of greatness. And, however unimaginable, some nights when the Old Port is shrouded in a thick fog, I am overcome by *rue déjà vu*. For a fleeting moment, I feel lost somewhere along the Right Bank in Paris.

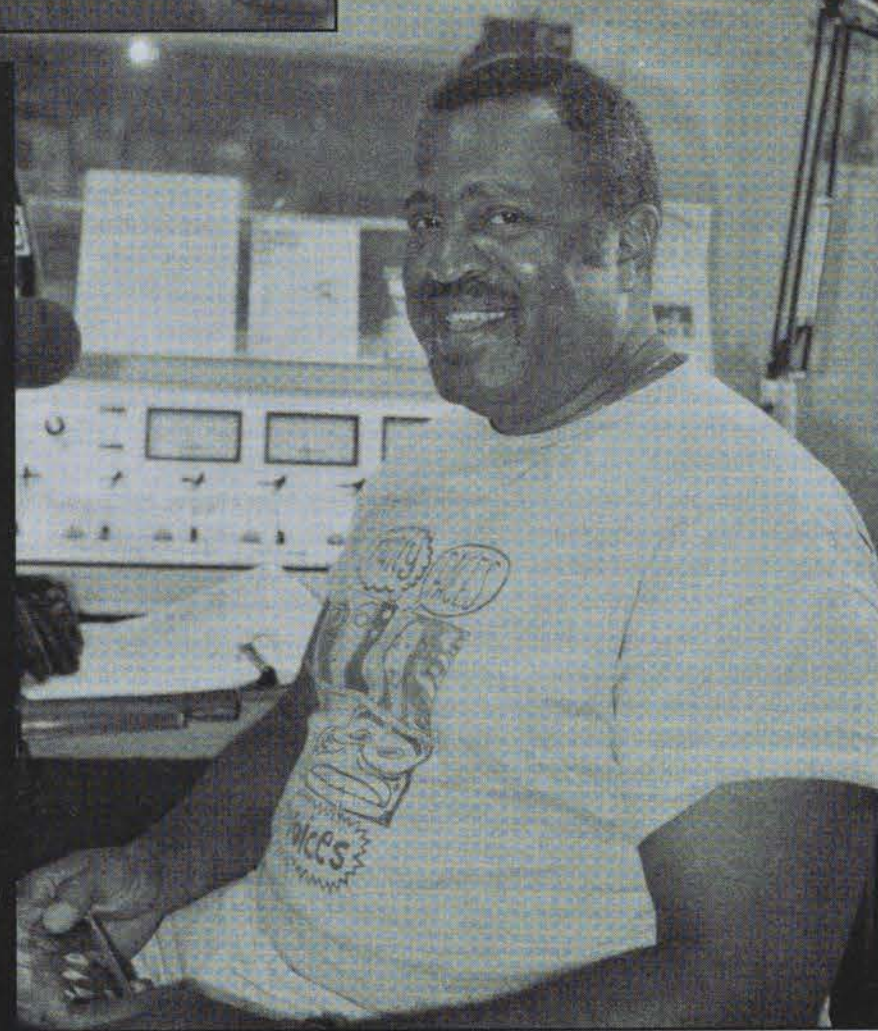


WMPG seeks to give citizens and community groups access to radio to share their interests, concerns, and talents by:

- providing low-cost broadcast training regardless of race, religion, sex, sexual orientation, lifestyle, age, or physical ability;
- providing opportunities for women and minorities and others who are underrepresented in mainstream media to participate in management and decision-making;
- encouraging the participation of community members with diverse backgrounds and perspectives;
- encouraging two-way communication between the station and citizens by de-emphasizing the distinction between broadcaster and listener and encouraging active listener participation in all facets of radio via letters, tapes, phone calls, community events, studio visits, and performances.

WMPG's purpose is to provide a high quality, community-oriented broadcast service to the people of Southern Maine by:

- providing a full-time schedule of music and culture, news and information;
- promoting awareness and discussion of local issues and activities;
- promoting awareness and discussion of global issues and culture;
- presenting artistic, cultural, and political perspectives which are underrepresented in mainstream media;
- promoting acceptance, understanding, and cooperation between people and cultures;
- fostering new and experimental uses of radio as a medium for creative expression;
- approaching radio as a dynamic medium for community dialogue, introspection, and expression.



shortage of debate over extent of or the need for specialized music, local public affairs, alternative news or minority programming.

In an effort to help listeners find their favorite programs and genres, WMPG, under the leadership of then-manager Rob Rosenthal implemented the use of strip scheduling in the late 1980's. This is a common way of scheduling in the world of community radio and has been very well received by WMPG's listeners.

Take a SIP of WMPG

Just in time to help celebrate WMPG's twenty-fifth anniversary, the station undertook the Signal Improvement Project. The first phase of the SIP, the installation of a translator on Munjoy Hill, was completed in September 1988 and now provides listeners in the Portland area an alternative frequency at 104.1 to the Gorham-based 90.9. The success of SIP is a testament to the support of WMPG from listeners throughout the greater Portland area.

The Future Is Now

In the five years since the SIP, WMPG has continued to grow and evolve under the leadership of Station Manager Jim Rand. The station's paid staff has increased from 2 full-time and one part time employee to three full-time and two half-time positions and the volunteer staff has grown from 125 to more than 200. Reflecting this growth, the station's revenue from listener donations has nearly doubled in the past five years. WMPG's growth has also been made possible through its use of technology. Taking full advantage of the reach of the World Wide Web, WMPG has been streaming its signal 24/7 for the past three years and has an impressive cache of audio archives (particularly live recordings of local bands) available at its website, www.wmpg.org.

WMPG is known far and wide for its excellent programming. Readers of *Casco Bay Weekly* have voted the station its favorite in 1999, 2000, 2001 and 2003 and they have received more than a dozen awards from the National Federation of Community Broadcasters for broadcasting excellence.

Becoming ever more visible in Greater Portland is a priority. WMPG hosts many annual events and continues to champion the local music scene, while retaining a commitment to independence and quality.

It is important to remember that WMPG is your radio station. You may not realize it, but according to the Federal Communications Committee, the airwaves belong to you, whoever you are, because you are a citizen. WMPG offers every individual an opportunity to access their airwaves, so long as they do so responsibly and with consideration for their community. This fact is what makes WMPG so unique and so special. If the past thirty years of WMPG's history have shown us anything, it is that the spirit of inclusiveness and free expression have not been eclipsed by self-interest. Here's hoping we get at least another thirty years of the same.

Tom Flynn is the Development Director of WMPG.

A Conversation with WMPG's Program Director, Dave Bunker

by Wendy Smith

Do you pick the programs?

Most of our programs are created by volunteers. They do shows that they want to do - they have a lot of freedom. We have certain times of the day where we try to have the same genre of shows. For example, we have a folk show Monday thru Friday from 8:30 to 10:30 in the morning, each with a different host or idea of folk music. Presently we have a show which has been on for a long time called the Evenin' Sun and that's our blues programming. It's on from 5 to 7pm Monday thru Saturday with a different host each night, each with his or her own idea of what to do.

Balanced and diverse?

The idea was to make it easier for listeners to find something that they were expecting. We are going on the theory that radio is a habitual thing for a lot of people and places. For example, I work a 9 to 5 job, and I am driving home - I don't want to listen to the news so I turn on WMPG and hear music every day. But on the other hand we don't do that all the time. Nights and weekends we have a huge variety of shows. Look at Saturday morning for example, we have a Latin Christian program in the early morning followed by a roots country show, followed by a Vietnamese music show, followed by a children's show. Don't think you could get more variety than that.

One thing that just happened here, that has been very interesting and important to the station, is that we recently went through a long process of deciding to add a nationally produced program to our schedule. This was a huge step for the station. The

show we added is called Democracy Now! Democracy Now! is a daily hour of news, public affairs and conversation. Produced in New York City and distributed by Pacifica Radio Network, Democracy Now! is hosted by Amy Goodman. It's an alternative to mainstream media coverage. Adding it was a very long and careful decision making process. It took about seven months in which we repeatedly gave the staff of the station, the volunteers and the listeners, the opportunity to comment on the schedule and the idea of adding the program. Finally decided in early April by a vote of the station's board of directors, the show is on Monday thru Friday, noon to one. [To accommodate Democracy Now's schedule] some shows were shortened by a half-hour but fortunately no one lost a show.

Are all DJs volunteers?

Almost all. The three paid staff members (full time staff members here) all have shows. I have a show. Jim Rand, station manager has a show. Tom Flynn, development director has a show. Personally I feel it's important that I do a show each week because I do a lot of training and a lot of evaluating of the DJ's work - I feel that I should practice what I preach - show what I am talking about to the best of my ability.

How do you become a DJ?

People don't just know how to talk on the radio. There are real skills to learn. We constantly train new DJs; setting people up to take an orientation and series of training sessions and then make a demo tape. They then take a test and if that all goes well, which it usually does, they be-

come substitute DJs and when shifts become open they're filled using an audition process. Usually any one can apply for an open shift.

Is it live?

All live. If you taped the show someone would still have to be there to press play on the tape player and it's enough of a challenge keeping the schedule full with live people. Who would want to come in and press play on someone else's show? If you are going to be here you want to do your own show.

Ratio of students and community on air?

It's a mix of students and community. Students are on the air and also behind the scenes. There are lots of different things to do at a radio station besides do a radio show. We have students involved in every area of the station. A portion of our funding comes from the University of Southern Maine student activity fee so we are constantly recruiting students and looking for new ways to have them involved at the station. When a community volunteer gets a show, generally they are pretty settled in their lives and stay for years and years and to do that show. When students get shows, they graduate, their lives change and they leave. Even if they do stay, continue to do a show, they are not students anymore. You can see over time that the ratio tends towards more community people and we are constantly pushing back against that.

More than a radio station?

Part of our mission is to be a part of the

community. We are a community radio station, we are almost entirely made up of people from the community and we try to promote events and groups in the community as much as possible by sponsoring events and having guests on talk shows. For me personally that is what radio is all about, all about the personal connection in a local community. That's interesting and exciting.

Upcoming events? Anything to add?

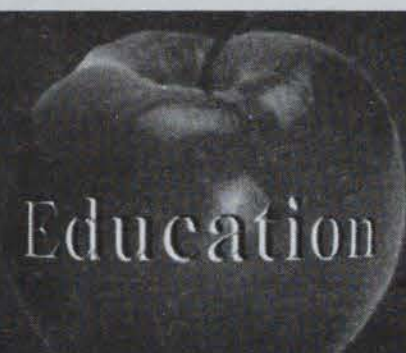
I think it's important to point out that we have a very strong commitment to multi ethnic programming. We have programs each week in seven different languages besides English. French, Spanish, Somali, Russian, Vietnamese, Camar (Cambodia), Serbian. These are all languages; these are all micro communities, communities that exist in the Portland area. There are people that speak these languages in Portland. Very important to have something that they can listen to.

Change in the past year?

Adding Democracy Now! was a big change. That's five hours a week of national programming that we didn't have before. That's a big step for a station that was almost exclusively a music station. The station is also growing. When I was hired I was the first full time program director. I believe the same thing is true of Tom's position, but I'm not sure. We are increasing our paid staff and also hoping to increase our listenership without losing sight of community vision. We are always looking for ways to increase our presence and impact in the community.

More on WMPG on page 16.





Would you like to see your child's school profiled? Want to get the word out about what your school has to offer? CBW welcomes submissions and suggestions from Maine learning institutions at all levels. Just send your stuff to: CBW, 11 Forest Ave, Portland ME 04104, or email: cbwpub@maine.rr.com.

High School Poetry Slam

by Matt Joyce and Ian Carlsen

Call it a light at the end of the tunnel or any other metaphor you'd like, but there's been a small resurgence of poetry readings and open-mics lately in York County on a level that sometimes escapes the radar of most people. There's also been a number of poetry readings, coffeehouses, etc. going on at a few high schools in York County, but since the fliers don't usually make it off school campuses and a lot of kids just clam up around anyone else, the word doesn't get out.

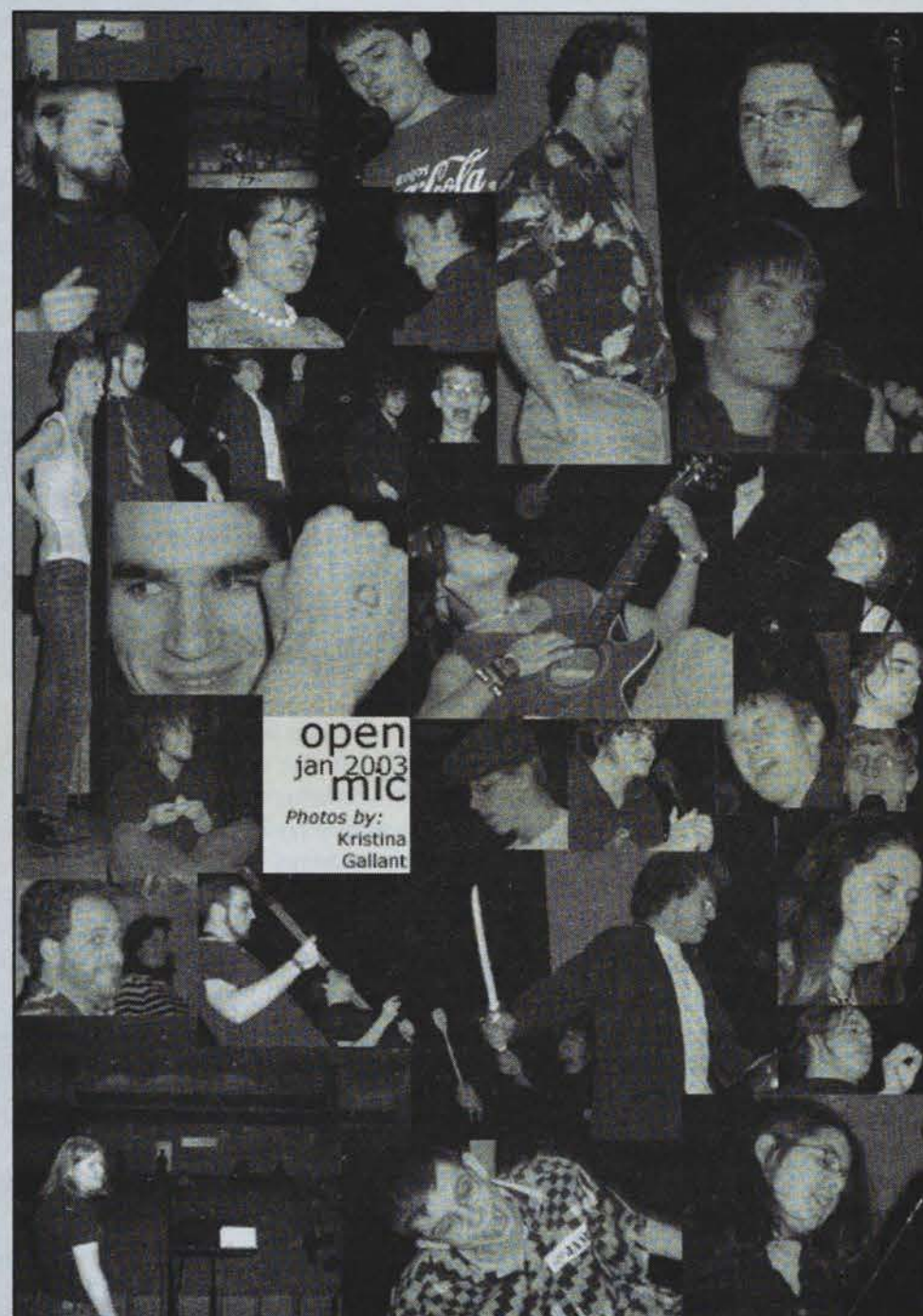
Our version of the open-mic at Massabesic High School (MHS) tries to be the exception to that. We, Ian Carlsen and Matt Joyce, like to refer to ourselves as "the bosses," and have been running this poetry, music and comedy shindig for six or seven months now, with the help of our Creative Writing teacher James Siegel (affectionately known as "Siegel"). The idea for the open-mic started after Ian came back from the New England Young Writers Conference, having participated in a "poetry slam" there - he lost horribly. He came back hoping to start something similar and initiated a poetry slam at the end of the last school year, and then as a Senior, he started a series of open-mics to encourage the trend, with the help of Matt Joyce, winner of the 2002 MHS Poetry Slam and the true backbone of the open-mics. From there we spread the word to a few bordering high schools, started putting fliers up in a few of them, and then actually managed to get quite a following. Our largest crowd has been fifty people from Maine and New Hampshire.

In March, Siegel suggested to us the idea of turning the open-mic into more of a poetry reading by asking published poets to come and read, and then giving all the proceeds to the Robert Frost House in Franconia, NH, where it would end up benefiting poetry as a whole. We were thrilled with the idea of getting into a more poetic feel with the open-mics as well. Siegel contacted the Frost House and then went to Baron Wormser, our Poet Laureate, for suggestions on who to ask. Wormser is co-director of the Frost Place, and visits MHS annually. He suggested Siegel contact local poet Betsy Sholl, as well as Trinity: Dennis Camire, Peter Manuel and Jay Davis who, amazingly, agreed to show up in our high school.

Betsy Sholl has lived in Portland, Maine, since 1983.

She teaches at the University of Southern Maine, and in the Vermont College MFA in Writing Program. Sholl has numerous awards and publications to her credit; her most recent are: Late Psalm from the University of Wisconsin and the Felix Polak Prize, 1997. Sholl has already given her reading and lent us her amazingly unique poetic voice. She opened up a reading on the 29th of April and was well received and to our delight really liked the environment we have created as well as some of our poetry.

Next on the roster for May 28th, is the Portland poetry trio known as Trinity. Trinity (as their shorter bio goes) is composed of a trio of poets who playfully combine the sacred with the secular and the metaphysical with the physical. One member is a converted Jew, another a transcendentalist, and another a "reformed agnostic." True to the trinity motif, they perform in sets of three whereby each poet reads a poem which is a variation on a theme: prime movers, pilgrim's progress, fleshing out the spirit, bodily resurrection, living in sin, etc. They've been touring since January 2002 and have been featured at The Maine Festival, Longfellow Books, Local 188 gallery, River Run Books, Scarborough High, Java Joe's, the Press Room, and many other venues in Maine, New Hampshire, and Massachusetts. Individually they have published poems in the Cafe Review, Animus, Mid-American Review, Words and Images, New England Review, A Sense of Place: Collected Maine Poems, and other small journals and CDs. This summer/fall they

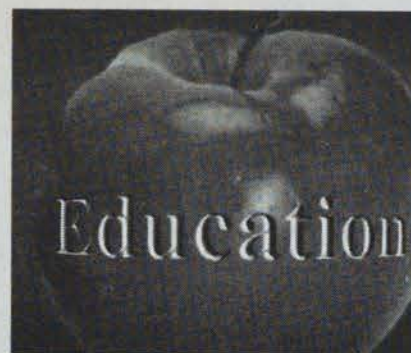


Ian Carlsen composite using Tina Gallant's digital images.

will also be releasing a CD of their original poems.

We look forward to having Trinity come to our next open-mic at 4 to 6pm on the May 28th and continuing this small poetry revival for as long as it can keep going.

For more information on the upcoming poetry reading please contact Ian Carlsen at iancarlsen@hotmail.com.



Preventing Hate Violence: The Unity Project

By Peter Taylor
Program Officer
Maine Community Foundation

Across Maine, as communities grow more diverse, schools are increasingly struggling with problems of prejudice and harassment. In Lewiston, over the past year, many Somali families have settled in the city causing a significant change in the composition of the student body at the high school. While many Lewiston High students were welcoming, a vocal and active minority expressed hostility, suspicion and racial bias when Somali students started to arrive in 2001. The climate was tense.

Enter the Center for the Prevention of Hate Violence and its Unity Project directed by the Center's founder, Stephen Wessler. Funded in part by two component funds at the Maine Community Foundation, the Unity Project is a student leadership development program that seeks to provide participants with an understanding of the destructive power of verbal harassment.

The Unity Project is a school-wide effort to build greater awareness among students, faculty and staff of the issue of verbal harassment. The project also provides them with tangible skills for how to intervene in low-key ways when they witness students using degrading language or racial slurs.

The Maine Community Foundation has been an important partner for the Center since it was founded in 1999. "No other funder has provided the continuity of support for the work of the Center more than MCF," director Wessler said. "Seed funding has helped launch new projects and demonstrated viability, which is key to attracting other funders."

The relationship between the Maine Community Foundation and Stephen Wessler goes back a full decade. In 1993, then Deputy Attorney General Wessler was in the midst of establishing the Civil Rights unit of the Maine Attorney General's Office. Early on in his work he recognized that the perpetrators of hate crimes were often young people. Given this fact, he felt that early intervention and prevention programming in the schools was essential to creating safer Maine communities.

Sharing this vision for building more inclusive Maine communities, the Maine Community Foundation provided funding through a grant to the Holocaust Human Rights Center of Maine. Wessler and his colleague, Elizabeth Sweet, implemented nine training workshops



Lewiston High School students work together to keep their school safe and respectful. PHOTOS COURTESY CENTER FOR PREVENTION OF HATE VIOLENCE

over a two-week period for school superintendents and principals as the first step to creating a consensus among local school leadership that this issue was one to which faculty time and school resources should be devoted.

In 1994-95, the MCF board of directors and staff were similarly focused on how to create more inclusive and tolerant Maine communities, especially in light of increased bias, prejudice and violence directed at the gay and lesbian community. At the invitation of then foundation President Marion Kane, Wessler made a presentation to MCF's board of directors as a way to inform its work on identifying issues of strategic importance and establishing grant-making priorities.

In the mid to late 1990s, one of the initial hate violence prevention strategies developed by Wessler and the Maine Attorney General's Civil Rights division was the establishment of student-led civil rights teams in Maine schools. In 1998, MCF supported this program by providing a \$5,000 grant to be used for mini-grants to support school-based civil rights team projects initiated by students. Students were empowered to take tangible, often creative steps toward creating safer, more tolerant school communities.

Relationships formed with the Foundation and individual board members would prove important when Wessler launched the Center for the Prevention of Hate Violence at the University of Southern Maine in 1999. Several current and former board members stepped

forward to provide significant gifts toward the Center's first year of operation, and MCF, through an anonymous donor, provided a \$25,000 grant for curriculum development.

In 2000, MCF provided grant support through its County Program for the Center's Student Leaders Project, a leadership development initiative targeted at small and rural schools. The project sought to engage a broad base of leaders from a wide variety of formal and informal student groups, including those that might involve potential perpetrators of hate violence. The selected students participated in a one-day interactive workshop with teachers to build awareness and skills on how to intervene when peers exhibit prejudicial behavior.

In 2001, a grant from an MCF donor supported the Center's Responding to September 11th Project. This project consisted of a compilation of interviews with members of Maine's Muslim community on what has transpired since September 11th with respect to incidents of bias and prejudice, how these incidents have affected their daily lives, and what help or assistance Muslims would like to receive.

The relationship between MCF and Wessler has gone beyond grant making. "Technical assistance and encouragement from Marion Kane and Meredith Jones have been extremely valuable to me over the years," Wessler says.

WMPG: A Community's Voice

by Tom Flynn

WMPG has come a long way since its inception in a dorm room at Gorham College. But what hasn't changed much is the spirit of those first pirate broadcasts. The same passion for independence and unique programming is, was, and will continue to be the driving force behind Greater Portland's community radio station. WMPG's connection to the University of Southern Maine (formerly Gorham College) has allowed the station to grow in an atmosphere charged with the energy inherent on college campuses, with strong and amicable support from the Student Senate and administration. That WMPG is a hybrid college/ community radio station is a further indication of its standing as a media outlet unlike those available in most cities.

The WMPG mission is clear in stating that the station serve and represent the community it serves and, as the diversity of Southern Maine has grown, WMPG has been an ever-evolving reflection of the cultures and contributions of folks new to Greater Portland. Programming now includes Somali, French, Eastern European, Russian, Latino, Vietnamese, Cambodian, Irish, and every stripe of American music from country and bluegrass to hip-hop and sound collage. There literally is something for everyone on WMPG's schedule. And, as regular listeners discover, there is even more on the schedule that they had never heard before, but have grown to appreciate and enjoy. WMPG is that rare radio station that entertains and educates the listener. In this age of radio station consolidation and the homogenization of mass-marketed entertainment, WMPG stands apart—like that trusted family-owned restaurant that thrives even as strip mall after strip mall full of franchises and chains pop up every day. There is so much more good music available these days than most people realize. The trick is finding it behind the millions in marketing smoke and mirrors that force-feed us boy bands and assembly line-built divas. That's where the passion and knowledge of WMPG's corps of volunteer DJs come in. Shows hosted once per week by volunteers guarantees the listener that the DJ is there because he loves the music and has spent a week preparing for the show. There is no iron-fisted program manager at WMPG. DJs play whatever they want with absolutely ZERO limitations placed by station management apart from FCC-mandated regulations.

But WMPG is about much more than great music. Ten public affairs programs can be found on the schedule, with seven produced in-house by area volunteers, including: Blunt Youth Radio, a weekly teen call-in show produced completely by area high school students, Home Dad, a family issues show hosted by a stay-at-home-dad, and Sound Ecology, hosted by Karen d'Andrea. Additionally, alternative news coverage has a home at WMPG. Free Speech Radio News airs nightly and WMPG recently became the only Southern Maine radio station carrying Democracy Now!, a daily news magazine hosted by activist/ journalist

Amy Goodman.

WMPG's mark on the community doesn't end with expressive and independent use of the airwaves. The station has an ever-growing lineup of events open to the public each year, including:

ANNUAL RECORD SALE

Held each year at USM's Sullivan gym, WMPG hosts an annual record sale that draws music aficionados and dealers from across New England to browse and buy from hundreds of thousands of LPs, CDs, and DVDs.

FAT TUESDAY OPEN HOUSE

Now a Portland tradition, WMPG plays music from New Orleans all day and hosts a Cajun food cook-off open to area restaurants. The winners are determined by the votes of WMPG's listeners who stop by to sample the free food. This event has grown so much since its inception eight years ago that the venue has been changed to the USM Portland Campus Center and will include live music in 2004.

HOMELESSNESS MARATHON

An all-night broadcast every February from Monument Square meant to increase awareness of the plight of the nation's growing homeless population. This event is spearheaded by station volunteers Karen d'Andrea and Jessica Lockhart. WMPG first became involved as an affiliate broadcaster for the national Homelessness Marathon and in 2003 hosted the national broadcast.

GARCIA FEST

Volunteer DJ Patrick Babcock, host of WMPG's Grateful Dead program, Mainly Dead, hosts a 26-hour marathon on August 1st each year to commemorate Captain Trips' birthday. This year the event will feature a BBQ and outdoor live broadcast.

IRON MIC

This is an annual emcee contest open to New England's best rappers. Open to all ages, the WMPG Iron Mic has been drawing standing room only crowds for years.

LIVE MUSIC EVENTS

As part of its 30th Anniversary Celebration, WMPG will be presenting live music throughout Portland in the coming months, culminating in a big party open to the public on September 13th at the USM Portland Campus Center. For more information, be sure to sign up for WMPG's new email newsletter, the ePistle, at www.wmpg.org

If you'd like to volunteer your time or expertise to WMPG or for business-underwriting rates contact Development Director Tom Flynn at development@wmpg.org or call 780-4151.



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WMPG PROGRAMMING SCHEDULE

MONDAY

Minor Chord Mayhem
(Metal)
Theo Konig
12 to 1:30am

Hip Hop Division
(Hip Hop)
Gabe Faulkner-Macklin
1:30am to 4am

Whatever Flies
(Blues)
Rick Alderette
4 to 6:30am

This better be good
(Free Form)
Michael Cutting
6:30 to 8:30am

South by Southwest
(Folk)
Lincoln
8:30am to 10:30am

Echoes in the Wind
(Global Music)
Valerie Cartonio
10:30am to 12pm

Democracy Now!
(Public Affairs/Spoken Word)
Amy Goodman
12 to 1pm

Counter Spin
(Public Affairs/Spoken Word)
1pm to 1:30pm

Some Like It Hot
(Global Music)
Val Dufour
1:30pm to 3pm

Electronic Naptime
(Techno/Dance)
Nic Carter
3 to 5pm

Evenin' Sun
(Blues)
Ed Murphy
5 to 7pm

Free Speech News
(Public Affairs/Spoken Word)
7 to 7:30pm

Blunt
(Public Affairs/Spoken Word)
7:30 to 8:30pm

3-Piece Gabardine Saxophone & Ocean of Sound
(Jazz)
8:30 to 10pm

Sound Collage
10 to 11:30pm

The Smoking Lounge & Galactic New Year
(Techno/Dance / Free Form)
11:30pm to 1am
(continued onto Tues)

TUESDAY

Sound Contraposition
(Free Form)
Eric Poulton
1am to 4am

Wide Open
(Free Form)
Brian Farrell
4 to 6:30am

Grooveyard Shift
(Jazz)
John Mooney
6:30 to 8:30am

In Your Ear
(Folk)
Deirdre Nice
8:30 to 10:30am

A La Votre
(Global Music)
Jacques Santucci
10:30am to 12pm

Democracy Now!
(Public Affairs/Spoken Word)
Amy Goodman
12 to 1pm

Home Dad
(Public Affairs/Spoken Word)
1 to 1:30pm

Leapin' Lizard Show
DJ Larry Burkett
1:30 to 3pm

Daisypusher
(Rock)
Stefanie Stylee
3 to 5pm

Blues Doctor
(Blues)
Dave Babb
5 to 7pm

Free Speech News
(Public Affairs/Spoken Word)
7 to 7:30pm

Grace Street
(Public Affairs/Spoken Word)

Culture Matters
(Public Affairs/Spoken Word)

That Swing Thing
(Jazz)
8:30 to 10pm

Lunar Jazz and Mainly Dead
(Jazz/Free Form)
10 to 11:30pm

DJ Mikel's Clubhouse
(Techno/Dance)
Mikel Lopes
11:30 to 1:30am
(Continued onto Wed)

WEDNESDAY

House of Dance
(Techno/Dance)
David Cheezum
1:30am to 4am

Three Shadows
(Free Form)
Alan Ashton
4 to 6:30am

Reasonable Music
(Free Form)
Jim Pinfold
6:30 to 8:30am

The Blue Country
(Folk)
Blizzard Bob
8:30am to 10:30am

Eirewaves
(Global Music)
Jessica Henze
10:30am to 12pm

Democracy Now!
(Public Affairs/Spoken Word)
Amy Goodman
12 to 1pm

This Way Out
(Public Affairs/Spoken Word)
1 to 1:30pm

Jive, Juke & Jazz
(Jazz)
Dave Wade
1:30 to 3pm

Radio Junk Drawer
(Rock)
David Pence
3 to 5pm

Evenin' Sun
(Blues)
Myron Samuels
5 to 7pm

Free Speech News
(Public Affairs/Spoken Word)
7 to 7:30pm

Sound Ecology
(Public Affairs/Spoken Word)
7:30 to 8:30pm

Giant Steps
8:30 to 10pm

Overnight Road Trip & Soul Food
(Rock/Free Form)
10 to 11:30pm

Pass the Jug
(Blues)
The Old Fat
11:30pm to 1:30am
(continued onto Thursday)

THURSDAY

Jammin' Jim Ward
(Free Form)
Jammini Jim Ward
1:30am to 4am

Something or Other
TBA
4am to 6:30am

Hukkin' A Chianek
(Free Form)
Steve Hirschman
6:30 to 8:30am

Cross Fade
(Folk)
Barb Truex
8:30 to 10:30am

Waabari Radio
(Global Music)
Sadaq Ayanle
10:30am to 12pm

Democracy Now!
(Public Affairs/Spoken Word)
Amy Goodman
12 to 1pm

Financially Speaking
(Public Affairs/Spoken Word)
1 to 1:30pm

Radio Cultural Exchange
(Global Music)
Bau Graves
1:30 to 3pm

Land of the Lost
(Rock)
Jim Rand
3 to 5pm

Evenin' Sun
(Blues)
Garry
5 to 7pm

Free Speech News
(Public Affairs/Spoken Word)

Big Talk
(Public Affairs/Spoken Word)

Cinema Hits & Misses
(Public Affairs/Spoken Word)

Cool Riffs & Between the Notes
(Jazz)
8:30 to 10pm

The Frank Zappa Show
(Rock)
Buddy B.
10-12am

FRIDAY

Hit Parade
(Metal)
Steve Cain
12am to 3am

Early Morning Madness
(Metal)
Daniel Fields
3 to 6:30am

Jave Jive
(Free Form)
Dave Bunker
6:30 to 8:30am

Us Folk
(Folk)
Chris Darling
8:30 to 10:30am

Gons-S-Bonduna
(Global Music)
Artur Kaptelenin
10:30am to 12pm

Democracy Now!
(Public Affairs/Spoken Word)
Amy Goodman
12pm to 1pm

Voice Alone
(Public Affairs/Spoken Word)
1pm to 1:30pm

The Idler's Corner
(Global Music)
Danski
1:30 to 3pm

Aching Spirals of Vinyl
(Rock)
Win Phillips
3 to 5pm

Evenin' Sun
(Blues)
Ruby Sinkoff
5 to 7pm

Free Speech News
(Public Affairs/Spoken Word)
7 to 7:30pm

Local Motives
(Rock)
7:30 to 8:30pm

Stay Rude
(Rock/Ska)
8:30 to 10:30pm

P.A.I.P.

Spin This
(Public Affairs/Spoken Word)

Speaking for Virtue
(Public Affairs/Spoken Word)

SATURDAY

Hour of Slack
(Free Form)
12am to 1am

Res Dual Mang/Steam Powered
Walrus Dentures Madness
(Free Form)
Scott Spear & Bob Cochran
1am to 4am

Apocalips
(Global Music)
Juan Rangel
4am to 6:30am

Saltwater Farm
Tom Flynn
6:30am to 8am

Vietnamese Melodies
(Global Music)
8am to 9am

Chickens R People 2
(Children's Music)
9am to 10am

Voice of Cambodian Americans
(Global Music)
Pirun Sen and Savoeuth Kuch
10am to 12pm

Positive Vibrations
(Global Music)
Johnny Cool
12 to 2:30pm

Get Hot or Go Home
(Rock)
Matt Little
2:30 to 5pm

Evenin' Sun
(Blues)
Bill Smith, Al Frey
5 to 7pm

Soul Mates
(Blues)
Steve Frantz, Joanne Lafferty, Chris Busby
7 to 8:30pm

Juxtaposition 2003
(Rap/HipHop)
Seanne London and Kevin McBride
8:30 to 11pm

Songs to be Murdered By
(Metal)
Anne Sielaff
11pm to 1am
(Continued into Sunday)

SUNDAY

Songs to be Murdered By
(Metal)
Anne Sielaff
11pm (Sat) to 1am

Braden Biddings Show
(HipHop)
Braden Biddings
1 to 3:30am

The Locals
(Free Form)
Isaac Shainblum
3:30 to 6:30am

Sunday Simcha
(Global Music)
Gail Wartell and TBA
Search in Progress
6:30am to 8:30am

Maine Gospel Train
(Blues)
Mika Perez-White & Keisa Jenkins
8:30 to 10:30am

Ex-Yu Voice
(Global Music)
Sasa Erakovic
10:30 to 11:30am

Africa International
(Global Music)
Smoke Ayanle
11:30 to 1:30pm

Latinos
(Global Music)
Rosita Roberge
1:30 to 3:30pm

Eastern Sands Radio
(Global Music)
Jackie Nice
3:30 to 5pm

Harp and Bard
(Global Music)
Paul O'Neill
5 to 7pm

Stuck in the 80's
(Rock)
Ron and Kim Raymond
7 to 9pm

You'll Dance to Anything
(Free Form)
Lars Lindgren
9 to 11pm

Minor Cord Mayhem
(Metal)
Theo Konig
11pm to 1:30am
(continued into Monday)

local voices

The MECA Connection

Intuitive Design's Joshua Walton and Jared Galvin are succeeding just steps down Congress Street

by Paula Keeney

Joshua Walton and Jared Galvin sometimes laugh about "how far" they've come since they met as students at Maine College of Art.

The distance can be measured in feet. Just steps down Congress Street from where they studied, Walton and Galvin are partners in Intuitive Design, a full service graphic design company.

"Most college students can't wait to finish school and take off somewhere to start their careers," says Walton. "We both wanted to start our careers right here in Portland."

That's exactly what they did. They're part of a growing trend—young, innovative, creative graphic artists who have taken their training at MECA and are transforming the design world just down the street.

Walton and Galvin began working together as students and, they say, quickly found that their respective styles and ways of working meshed well. Little more than a year ago, the duo teamed up to open shop at 477 Congress Street—Portland's "time and temperature building."

Creative visual artists, they are also skilled in the technologies of today's design world, and their work reflects that—Web sites to trade show booths, print materials to multimedia presentations.

It's no coincidence that Walton and Galvin have turned to other MECA-trained designers and visual artists to staff their company. These entrepreneurs obviously believe the best young talent around is home grown.

Jennifer Lannon, Intuitive's creative director, and Leah Chamberlin, senior designer, are both MECA graduates. Sales rep David Froust joined the company from University of Southern Maine. In addition, Walton and Galvin work with an entire stable of freelance designers, photographers and other visual artists, most of who studied locally.

"There is a tremendous amount of talent here in Portland," says Walton. Some of that talent, he says, joined veteran advertising and design firms. Others work on their own, hiring out as freelancers to a variety of agencies. A few, like Walton and Galvin, have opted to hang out their shingle with the big guys.

To date, they're happy with their decision. "We started out wanting to do exceptional design work—no cookie cutter design solutions for us—and we wanted to build strong customer relations with every client we work with," says Walton. "We're succeeding on both counts."

Walton, a 24-year-old native of Glastonbury, CT, arrived at MECA as a high school student before entering the school's college program. Although he left school before graduating—"the money ran out"—he says he knew from the time he arrived in Portland that this was the place he wanted to settle. He began working on his own in June 2000, but he says it wasn't until he teamed up last year with Galvin that business took off.

Galvin, a 28-year-old from North Andover, MA, also saw Portland as the place to begin his career when he graduated from MECA in with his graphic design degree. Prior to joining forces with Walton, he worked for several local agencies.

The two say they found in each other complementary talents. Walton's specialty is web site design; Galvin's in print media. "Because we brought different talents to the job, we've been able to learn a tremendous amount from each other," observes Walton.

One thing they both brought to the job, he says, is a similar work ethic. "We both believe that you don't stop until you get it absolutely right—no matter how much work it takes."

Not content with just establishing roots in the business community, both Walton and Galvin look forward to the day they can do more. Both would like their business to grow enough so that they can create a permanent in-house gallery to display the works of young local artists—as well as support a scholarship program to help young people further their studies.

In the meantime, their roots are firmly planted in downtown Portland where their "office dog"—Galvin's one-year-old black lab, Cole—greeted all visitors. "He's probably the most popular tenant in the building," smiles Galvin.

When not in the office, Walton is most likely pursuing another passion—fly-fishing. ("Where else would I have the chance to leave work and be fishing within minutes?") Galvin is eagerly looking ahead to returning to working as a volunteer fireman—something he's like to do in downtown Portland.

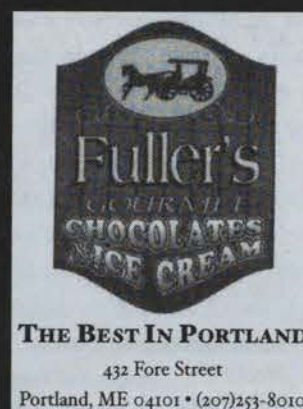
After all, these artist/entrepreneurs say they're in Portland for the long term.

Joshua Walton and Jared Galvin can be reached at 874-2395, by visiting Intuitive Design at 477 Congress Street, Portland, or online at www.goinside.com.



From left: Leah Chamberlin, Jennifer Lannon, Jared Galvin, Josh Walton and David Froust

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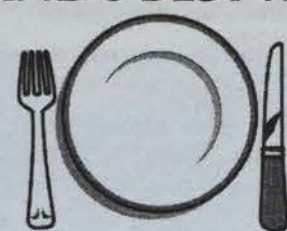
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from where I sit

Interior Designer Amy Manchester Hawkes Portland Symphony Orchestra Showhouse 2003

by Amy Manchester Hawkes

Decorative Arts have been a way of life for me since graduating with a B.A. in Art History from Pine Manor College in 1987. Interior Design was always a field that appealed to me. My first job was as a design assistant to Lisa Vandenberg in Boston. I was fortunate enough to land an internship with the firm before graduating from college and even luckier to be offered a job upon graduation. My four years with Lisa were truly invaluable. In addition to being incredibly talented, she is an amazing businesswoman! She was a perfect mentor for me as I started out. Lisa's knowledge and experience created a foundation for me and provided me with tools that I still use today.

In 1991, I decided to move to New York City where I began working for Howard Slatkin at his home furnishings boutique, Slatkin & Company. I had found his shop from a small write-up in *House & Garden Magazine* and was completely mesmerized. His shop was chock full of decoupage lamps, painted furniture and decorative accessories. After several months of part-time work in the store, I was promoted to design assistant and managed a large project on Fifth Avenue. Working with Howard was quite an adventure! His attention to detail is unparalleled and one of the things that appealed to me immediately. One of his projects, a home in Palm Beach, Florida (that was photographed for *HG Magazine*), was absolutely unbelievable. Every window was dressed with a fabric shade, under curtain and over curtain. Each treatment elaborately trimmed and decorated with custom edging, tassels, tiebacks, etc. Every inch of the home was touched by the detail of Howard's hand, even the window and door hardware was custom designed with various embellishments to fit each room.

In 1993, I ventured out on my own and created Manchester Designs. In addition to custom interior design, I also design and manufacture a line of decorative home furnishings that are available through the trade and in several boutiques nationwide. You may have seen me demonstrating some of my decorating ideas on a variety of television programs including "Decorating with Style" on HGTV, "B. Smith with Style," "Home Matters" and "Our Home."

In 1999, I packed my bags and returned to my home. After eight years in New York City, I was looking for a better quality of life. I grew up in Cape Elizabeth and decided that Portland would be a great place to start the next chapter of my life. In 2001, I joined the firm of James Light Interiors. Working with James is a lot of fun! He is so

creative and talented! His detail is restrained and sophisticated taking to heart "Maine" sensibility. He is a wealth of knowledge in structure and architecture and has really helped round out my interior design experience!

When I was selected to design the Master Bedroom at the PSO Designers' Showhouse, I was excited and a bit nervous. The Master Bedroom is a pivotal room as every house has one! Everyone looks to it for ideas and inspiration. The pressure was on! The elements I used in creating the West Mansions Master Bedroom represent much of what I have learned over my fifteen years in the design business.

First you start with an amazing paint finish. I was lucky enough to come in contact with John Ostrem from Millenium Finishes who did an incredible job. Everyone on the Symphony project was impressed by his meticulous nature and astounded by the finished product. The Mansion was suffering from years of neglect and needed some serious care. And John was the perfect person to nurse it back to its glory. The Benjamin Moore paints are a must in my book. No other paints offer the quality, depth of color or longevity. The wall color, "Temporal Spirit", provides a beautiful backdrop for the decoration.

When I designed the scheme for the project, or any project for that matter, I take into consideration the house itself and who is living in it. This house has enormous integrity. It's age and elegance called for traditional, yet the reality of life today required a contemporary twist. The window fabrics and furnishings in the bedroom reflect the sophistication and simplicity of life in 2003. While the curtains are silk taffeta, the striped pattern and goblet pleated headings keep them somewhat restrained. The nature of the taffeta, soft and billowing, create a contrast to the architectural detail. The addition of the bed canopy treatment (or Baldequin) helps carry that feeling around the room. The James Light Interiors Workroom, who made the curtains, did an amazing job!

The headboard is truly the centerpiece of the room! Custom designed and made by Mark White, it immediately catapults the room from its traditional roots into the millennium! I love the openwork design that allows the softness of the back curtain to come through. The additional furnishings are soft and inviting. The neutral palette provides a soft, elegant and peaceful retreat one would run to at the end of the day. Voluptuous down comforters and pillows from Cuddledown would cause anyone to stay in bed all day!

From Where I Sit is a regularly appearing column intended to represent the diverse voices and experiences within our community. Submissions are the views of our contributors and do not necessarily represent those of CBW. If you would like to comment on these thoughts, or have thoughts on any other topic, drop us a line at cbwpub@maine.rr.com or mail it to From Where I Sit, Publisher, CBW, 11 Forest Avenue, Portland, Maine 04101.



You can contact Amy Manchester Hawkes at 207-939-5442.

(top to bottom) PHOTOS: ABBIE OSTREM

Amy Manchester Hawkes:

Installing the chandelier:

The finished Master Bedroom in the West Mansion.

See more photos in color on pages 24 and 25.



listings

HAPPENINGS

Thursday, May 22

International Cinema: Tarrs/The Fear-Afghanistan, a powerful visual work details the struggles of two Afghan/US immigrants, 7:30, Center for Cultural Exchange, 761-1545.
Maine History Reading and Discussion Group will discuss Islands of Maine by Bill Caldwell and In Maine by John Cole. 846-6259.
Toddler Time Plus: Music, Movement & More Guitar Sing-a-long, 9-11am, Children's Museum of Maine, 142 Free St., Portland. 828-1234 x221.
Wilderness and Spirit, A Mountain Called Katahdin, a film by Huey, 6pm, Shipyard Brewing Co., 86 Newbury St., Portland.

Friday, May 23

Artscape: Star Art! 3:30pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200.
The Children's Nursery School will hold it's annual end of the year parade and celebrate with the theme of dinosaurs, 9:30am, beginning at the Nursery School, 32 Thomas St., up Carroll St., to the Western Prom. 799-6743.
Plant Sale, 8am-6pm, St. Paul's Episcopal Church, 27 Pleasant St., Brunswick. 725-5342.
Swing Dance, East Coast, West Coast, Lindy Hop, Jitterbug, 9pm-midnight, Maine Ballroom Dance. 773-0002.
"Unprecedented," video on the 2000 presidential election and the undermining of democracy, 7pm, 170 Park St., Bangor. 942-9343 or info@peacetr.org.
Violinist Ashley Liberty in concert, with pianist Cullen Bryant, 8pm, \$10, Lyric Music Theater, 176 Sawyer St., South Portland. 657-7300.

Saturday, May 24

Astronomy, 2pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200.
Bake, Book & Rummage Sale, 9am-2pm, Hollis Center Library, Hollis. Rain date: May 31, 929-3911.
Conradance with the Westcustogo Ramblers and Bill Olson and Friends, 8:30-midnight, Westcustogo Hall, Rt. 115 North Yarmouth. 865-9014.
Harpwell Art & Craft Guild will be hosting their 17th annual studio/gallery openings tour, 10am-5pm, at four different studio and gallery locations along route 123, Harpswell. 833-6544 or 833-6081.
Plant Sale, 8am-1pm, St. Paul's Episcopal Church, 27 Pleasant St., Brunswick. 725-5342.
Woodfords Church Yard Sale, 9am-3pm, 202 Woodford St., Portland. 671-6131.

Sunday, May 25

Art Adventures - Yellow Daffodils, 2:30-3:30pm, Children's Museum of Maine, 142 Free St., Portland. 828-1234 x221.
Astronomy, 2pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200.
Civil War Open House, view Civil War era weapons, clothing, music etc. 1pm-4pm, Casco Masonic Lodge, Mill St., Yarmouth. 846-5689.
MUSE, discussion/network gathering for creatives, with guest creative Tori Morrill, 4-6pm, room 240, 222 St. John St., Portland. 657-5329 or www.amystacycurtis.com/museumhome.html.

Monday, May 26

Artscape: Rockets! 3:30pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200.
Mixed Greens, DJ's moshe and Laree Love, Video installation and live art, 9:30pm, \$5, Space, 538 Con-

gress St., Portland. 828-5600.

Tuesday, May 27

Alphabet Soup! 1:30pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200.
Champions for Children Giraffe Awards, 5:30-7:30pm, Holiday Inn by the Bay, Portland. 623-1868.
Jennifer McLeod and Friends in concert, 7:30pm, Chestnut Street Methodist Church, Portland.
Mobilire - bookmobile project is an annual touring exhibition of artist books, zines and independent publications, traveling by way of air stream, parked in front of Space. 828-5600.
See and Do Family Art Activities, 10am-11am, \$5/\$8, Portland Museum of Art, 7 Congress St., Arts Center.

Wednesday, May 28

Artscape: Rockets! 3:30pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200.
Big Messy Art - Dancing Beads, 2-4pm, Children's Museum of Maine, 142 Free St., Portland. 828-1234 x221.
The Bindlestiff Family Circus, 8pm, Monmouth Custom Hall. 933-9999.
Figure Drawing, artists should bring supplies, easels provided, 6-9pm, \$7, Room 259, Olin Arts Center, Bates College, Lewiston.
Maine Lesbian Gay Political Alliance Citizens Lobby Day, 10am-3pm, 761-3732.
Mobilire - bookmobile project is an annual touring exhibition of artist books, zines and independent publications, traveling by way of air stream, parked in front of Space. 828-5600.
Portland Symphony Orchestra Concert performance broadcast on Maine Public Radio, 8pm, 90.0FM, 90.5FM and 91.3FM.
Portland Trails Board Meeting - public welcome, 6:30-8pm, Casco Bay Ferry Terminal, Commercial St., Portland. 775-2411 or www.trails.org.
Preschool Play - Tales from Many Lands, 10:30am, Children's Museum of Maine, 142 Free St., Portland. 828-1234 x221.

Ongoing

Amnesty International meets the second Tues. of the Month at Casco Bay Ferry Terminal's Conference Room, Commercial Street, Portland, at 7:30pm. Free. 874-6928.
Art Night Out - workshops held on Monday evenings from 5-8pm, 352 Cottage Road, So. Portland. 799-5154
Co-Dependants Anonymous, a 12 step fellowship of people whose common purpose is to develop healthy relationships, meets every Tuesday evening at Brighton Medical Center, 3rd floor, small conference room, from 6pm-7:30pm. 878-6632.
Computer Access open to the public, Wed & Thurs, 6-8pm, Portland West, 181 Brackett St., Portland. 775-0105 x27
Creative Resource Center Activities Kids ages three and up are welcome to drop in Tues-Sat at the Creative Resource Center, 1103 Forest Ave, Portland, from 11am-5pm. 797-9543.
Day Camps for children through the summer, Strawberry Banke Museum, Portsmouth, NH. (603) 433-1102.
Debtors Anonymous is a recovery program for people with chronic debt based on the 12 steps of Alcoholics Anonymous, meets every Tues at the Woodfords Congregational Church, 202 Woodfords St., Portland, at 7pm. 774-4357.
Divorce Support Group The Greater Portland Spiritual Separated and Divorced Support Group meets every Tuesday, 7pm, Cathedral of the Immaculate

Conception Rectory, 307 Congress St., Portland. 797-9374.

Dual Recovery Anonymous (DRA) self-help recovery program for those recovering from addiction and emotional problems meets every Monday at 3:15pm, McGeachey Hall, 216 Vaughan St., 1st floor group room AND every Tuesday at 1pm, Breakfast Room at Community Resource Center. 774-HELP.

Enjoy a 30-minute train ride along Casco Bay on vintage narrow gauge cars. Trains run daily on the hour from 11am-4pm, Maine Narrow Gauge Railroad, 58 Fore St., Portland. 828-0814.

The "Father's Heart" worship and praise ministry, hosted by Prophetic Destiny Ministries, 3-5:30pm every third Sunday of every month. Sky-Hy conference center, 32 Sky-Hy Drive, Topsham. 725-7577.
Food Not Bombs The group distributes free food to the masses in Monument Square, Portland, every Sun from 2-4:20pm. 774-2801.

Free School event where artists, craftspeople, dancers, and teachers of all kinds offer workshops to the public, free, every first Monday of the month, Portland West, 181 Brackett St., 7pm.

Free Workshops to educate parents about child safety, and about proper/legal car seats for children, and about the new laws in effect. Every second Tuesday, 6pm, Babies-R-Us in South Portland.

Friendly Poets from Portland sought in free contest, send one poem of 21 lines or less to Free Poetry Contest, 2255 N University Pkwy Ste 15 # 196, Provo, Utah 84604 or www.friendlypoets.com. Deadline for entries is May 24.

Geographic Information Systems Clinic, open to anyone with a GIS questions, research, problem, research idea, or general interest, 9:30-11:30am, Wednesdays; and Open GIS Seminar, noon-1pm, Wednesdays, Room 302, Bailey Hall, USM Gorham. 780-5063.

"Getting Started" workshop providing an important overview to historic home ownership and preservation. Walker Memorial Library, Main St., Westbrook, Saturdays, 9am-4pm.

Girl Scout Summer Camp - Girl Scouts of Kennebec Council is accepting registration for its resident summer camp programs located in Kittery Point, Reidfield and Bridgton. Financial assistance is available. 800-660-1072 or 772-1177 or anne@kgsc.org.

The Grand is accepting applications to audition for their first annual Star Search to be held on June 20 and 21, The Grand, Ellsworth. 667-5911.

The Greater Portland Maine Genealogical Society meets the first Sat of the month at the Falmouth Congregational Hall, 267 Falmouth Road, Falmouth, 2pm. 797-7927.

The Greater Portland Parkinson Support Group meets the fourth Sun of the month at the Falmouth Congregational hall, 267 Falmouth Road, Falmouth at 2pm. All those with Parkinson's, as well as their families and friends are welcome. 797-8927 or 774-3312.

Gregorian Chant at the Cathedral of the Immaculate Conception (corner of Franklin & Congress) every Tuesday at 7:30pm, six Tuesdays of Lenten/Passiontide music, and six Tuesdays of Easter music, ending May 27.

Inner Light Spiritualist Church, Sunday services. Healing Service 6pm, Main Service 6:30pm, Memorial Chapel, 2nd floor, Williston-West Church of Christ, 32 Thomas Street, Portland. 831-0702, 786-4401 or glorygirl@midmaine.com.

International Open Amateur Photography Contest

- free entries must be postmarked June 30, 2003 or submitted on line. www.picture.com or (410) 363-4800.

The League of United Latin American Citizens meets the fourth Thurs of the month at the Reiche School, 166 Brackett St., Portland, at 6pm. 767-3642.
Look Good, Feel Better, sessions for women with appearance-related side effects from cancer treatment, 1-3pm 2nd Monday of each month & 5:30-7:30 4th Monday of each month (except Memorial Day, May 26) Cancer Community Center, Route 1, South Portland. 774-2200.

1st Annual Maine Screenwriting Competition. Maine residents are encouraged to submit their completed, feature-film screenplays. The top three winners will be awarded cash prizes during the 6th Maine International Film Festival in Waterville, in July. 624-7631 or www.filmmaine.com.

Maine Audubon Center offering weekly programs during the summer. Daily canoe tours, mummichogs and marsh muck and early morning birding on Wednesdays. 883-5100.

Maine Writers and Publishers Alliance presents informal writers' jam sessions open to all genres, 7pm, second Thursdays of each month, Mr. Paperback Café, Lewiston. 729-6333 or sarah@mainewriters.org.

Maine Writers and Publishers Alliance presents "drink, art & open mic" open to all genres, 7pm, second Monday of each month, Local 188, Longfellow Square, Portland. 729-6333 or www.mainewriters.org.

Man to Man Monthly discussion group meets first Thurs of the month to discuss issues pertaining to men's lives. All men over the age of 18 are welcome. At the Center for Cultural Exchange, 1 Longfellow Square, Portland, from 7-9pm. Free. 865-2048.
Mom to Mom - representatives from local preschool and elementary schools will come to talk about different school philosophies and school preparedness, held on the 4th Wednesday of each month, Dana Center, Maine Medical Center, Portland. 282-1160 or 797-6384.

NAMI CHOICES support group for family and friends of people with mental illness meets the second and fourth Monday of every month at 7pm at the Dana Center, Maine Med. 775-5242.

The Path to Enlightenment - heart advice for challenging times, Spring Retreat with Sogyal Rinpoche, CW Post/Long Island University, May 23-June 1. (866) 200-5876 or 657-2438.

People's Free Space where people can connect to their community, share resources and ideas through food, information, art and events, every 1st and 3rd Wednesday of the month at Portland West, 181 Brackett St., 7pm.

Poetry Slam, 8pm, 2nd Tuesday of each month, Ale-house, Market St., Portland. 329-9481.

Pineland Farms education and outdoor activities facility including hiking and special programs for families; open 9am to 4pm daily, fees and events vary. 926-3914.

Ranger Bean's Discovery Woods environmental exhibit, featured programs, activities and events. Tues-Sat 10am-5pm. Sun noon to 5pm. Children's Museum of Maine, Portland, \$6. 828-1234.

Ribbon Flowers activity for ages 3 and up, 11am-5pm, Tue-Sat each week in May, Creative Resource Center, 1103 Forest Ave., Portland. 797-9543.

Roast Beef Supper held the 3rd Saturday of each month, 5pm and 6pm, Sebago Lake Congregational Church, Rt. 35, Sebago Lake Village. 642-4911.

Salvation Army Senior Center Drop-in center for serving people age 60 and over in the Greater Portland area Hours 9am-3pm Monday through Friday and monthly field trips, 297 Cumberland Ave, Portland. 774-6304.

Sanha/Meditation Practice, first and third Sunday of each month 10-11am. Greeneleaf Studio, Freeport, free, all are welcome. 865-0744.

SCORE of Portland offers free counseling on all aspects of business, marketing and personnel relations on an individual confidential basis. SCORE Speakers Bureau supplies programs on business subjects at no charge. 772-1147.

SEALS swimming, a local USA swimming Team, invites you to a one week free trial session beginning April 28 and ending the last week of July. FMI Seal-swimming.com.

Sing rounds and women-centered chants, 1:15-2:15 p.m., Wednesdays when classes are in session, Honors Building basement, open to the public. 780-4321.

Sister Space, a lesbian social group, meets the last Saturday of every month. All lesbians are welcome! 5pm-9pm, Williston West Church, 33 Thomas St., Portland. 878-6632 or 892-3135 or sisterspace@yahoo.com.

Sitting Meditation in the Tibetan Buddhist Tradition, as taught in the Tibetan Book of Living and Dying. Open session, instruction provided. Sundays 9-11am, Rigpa Maine, 169 State St., Portland. 657-2438.

The Stage at Spring Point's Young Actors Institute is now accepting applications for summer 2003. Open to students in grades 9-12, applications are due by May 20. 828-0128.

Storytelling/Spoken Word Open Mic for Grownups every 2nd Weds of the month at Company of Girls, 10 Mayo St., Portland. 7-9, \$3 suggested donation. Jean Armstrong. 879-1886 or moosetel@maine.rr.com.

Survivors of Suicide bereavement support group for family members and close friends of one who has died by suicide. Second and fourth Mondays at 7pm in classroom #1 in the Dana Center at Maine Medical Center. Contact Connie Korda 871-4226.

Therapeutic Massage Services offered by the USM Lifeline Center for senior populations, pregnancy and athletes. 780-4170.

Training Course for RNs who wish to become Red Cross Disaster volunteers, at Maine Medical Center, May 24, 25, 30 and 31. 874-1192 x123 or www.ana-maine.org.

Tuesdays with Zola Prophecy 2000. The Era of racing technology, cultural changes, political challenges, and religious questions are covered with some of Humanity's best experts dissecting Biblical and Worldly Concerns. 7pm, West Falmouth Baptist Church, Mountain Rd., Falmouth. 773-0871 or 797-4066.

Underground Railroad Tours Peace Action Maine member Wells Staley-Mays gives tours of Portland's Underground Railway and other sites important to African-American history. Complete tour is two hours or less. 772-7249.

USM Ice Arena public hours, 9:10-10:30am, Monday-Friday. \$4 public/staff, \$2 under 18, under 6 free, please call 780-5991 for updates.

USM Southworth Planetarium astronomy shows featuring 7pm, Fridays & Saturdays; laser shows featuring 8:30pm, Fridays and Saturdays; children's shows 3pm, Saturdays and Sundays; star shows \$4.50 adults, http://www.usm.maine.edu/planet. 780-4249.

Women in Black Vigils Women in Black "stand in silent vigil to protest war, rape as a tool of war, ethnic cleansing and human rights abuses all over the world. We are silent because mere words cannot express the tragedy that war and hatred bring." Vigils take place Fridays at Temple and Spring streets from 12-1pm, and at Congress and High streets from 5-6pm.

Woman's Writing Group - Women from all walks of life and with varying writing skills are encouraged to participate. Every 2nd and 4th Monday of the month, 7pm, 58 Fore St., Bldg #6, Old Port.

Writing Apprenticeship workshop, May 8 - June 5, 7-9pm, Brunswick. 729-6333 or www.mainewriters.org.
Yarmouth Historical Society's Maine Reading and Discussion Group will discuss Bill Caldwell's, Rivers of Fortune, 7pm, Bay Square, Yarmouth. 846-6259.
YMCA swim lessons registration deadline April 24. 874-1111.

Zen Meditation Center, meets for meditation, readings and discussion, Mondays at 6:30pm and Wednesdays at 7pm, Wholeheart Yoga Center, 150 St. John St., Portland. 773-8480.

Zoom Into Action - Maine PBS will air a new season of locally produced Zoom segments featuring Maine kids from all over the state beginning on March 31. www.mpb.org.

WORKSHOPS/LECTURES

Thursday, May 22

Homeschoolers Workshop, 2:30pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or www.mainediscoverymuseum.com.
Patent Basics Seminar, 5:30pm-7pm, University of Maine School of Law, 246 Deering Ave., Portland. 874-6521.
"Pathways to Prevention" child abuse prevention conference, 8am-4pm, York County Technical College, Wells. 985-5975.
Relik Share, 6:30-8:30pm, free. Call Lashell Moon for details 854-1627.
A Ship in The Forest: monthly lecture series by Bill Leavenworth presented by Wells Reserve at Laudholm Farm, 7pm, 342 Laudholm Farm Rd., Wells. 646-1555.

Friday, May 23

"Beyond Traditional: Complementary Therapies for Healing from Traumas," sponsored by Sexual Assault Victims Emergency Services, 8:45am-4:30pm, Lincoln Auditorium, University of Maine at Farmington. 778-9522.
"Planning your landscaping concept" - instruction from Steve palmer of Plainview Farms on the proper planning for your landscape installation, 10:30am. 773-6128 x310.

Saturday, May 24

Felting in a ZipLoc Bag, 10am-noon, Portland Fiber Gallery, 463 Stevens Ave., Portland. 780-1345.

Tuesday, May 27

Brown Bag Lecture Series on Stephen L. Carter's *Emperor of Ocean Park*, 12:15pm, Rines Auditorium, Portland Library. 871-1710.
"Grace your Summer Tables with Flowers" - Steve Barton of Harmon's and Barton's will help accent summer gatherings with beautiful floral arrangements, 11:30am. 773-6128 x310.

Wednesday, May 28

Brown Bag Lecture Series- Dr. Sally Shaywitz author of *Overcoming Dyslexia: The New and Complete Science-Based Program for Reading Problems at Any Level*, 12pm, Rines Auditorium, Portland Library. 871-1710.
Earle Shettleworth, Jr. speaks about Architect Fredrick A Thompson, 6pm. 773-6128 x310.
"Zine Making Workshop" - take your ideas, writing, artwork and collages and make a self-published magazine (or "zine"), 2pm, Space Gallery, 538 Congress St., Portland.

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- Systems Maintenance

calendar 5.22 to 5.28.03

Submissions to the calendar must be received in writing by the Thursday two weeks prior to publication. Send your listings to Calendar, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101, or e-mail: listings@maine.cc.com



Violinist, Ashley Liberty appears at Lyric Music Theater.

Thursday, May 22

Tarrs/The Fear

International Cinema: Tarrs/The Fear (Jameel and Rishid Karimi, 2002) Afghanistan. This powerful visual work details the struggles of two Afghan/US immigrants, 7:30pm, Center for Cultural Exchange. 761-1545.

Friday, May 23

Lyric Music Theater

Announcing an evening of romantic music featuring violinist Ashley Liberty with pianist Cullen Bryant. The performance will include works by Schubert, Richard Strauss, and Pablo de Sarasate's, the "Carmen Fantasy" after Bizet's opera, 8pm, \$10, Lyric Music Theater, 176 Sawyer St., South Portland. 657-7300

"Beyond Traditional: Complementary Therapies for Healing from Traumas"

The theme of the 2003 Annual Conference sponsored by Sexual Assault Victims Emergency Services, Franklin County's Rape Crisis Center, 8:45am-4:30pm, Lincoln Auditorium, University of Maine at Farmington.

The Children's Nursery School

Holding its annual end of the year parade and celebrate with the theme of dinosaurs. The children, having made their own costumes, will be dressed as colorful dinosaurs. The parade will include the Memorial Middle School marching band, and will culminate with music from Tangletoons, beginning at 9:30am from the Nursery School at 32 Thomas St., up Carroll St., to the Western Promenade.

Saturday, May 24

Bobcat Goldthwait

As a stand-up comic, he has been compared to everyone from Lenny Bruce to a Warner Brothers cartoon character on the verge of a nervous breakdown. Whether audiences consider him on the edge or over it, after a dozen films, his own HBO specials, and a myriad of guest spots, Bobcat is still an original and anything but boring. Bobcat will headline at the Comedy Connection, 16 Custom House Wharf, Portland, 7pm, 8:45pm and 10:30pm. Tix: \$20. 774-5554.

Scott Lemire and Seth Warner

Presenting a concert of English lute duets, featuring selections from their recent debut recording *The leaves be green: English lute duets* which explores the wonderfully varied lute music of Elizabethan England, 8pm, \$8/\$5, St. Luke's Church, 143 State St., Portland. 883-7115

Don Conoscenti

Singer/songwriter will perform with local musician Kevin Reams opening the show, 8pm, \$10, at the Kennebunk Coffeehouse, First Parish UU Church of Kennebunk.

Sunday, May 25

The Midcoast Woodwind Quintet

A chamber group made up of the principal wind players of the Midcoast Symphony Orchestra, will play a variety of classical and light classical pieces, 7:30pm, St. Lawrence Performing Arts Center, Congress St., Portland.

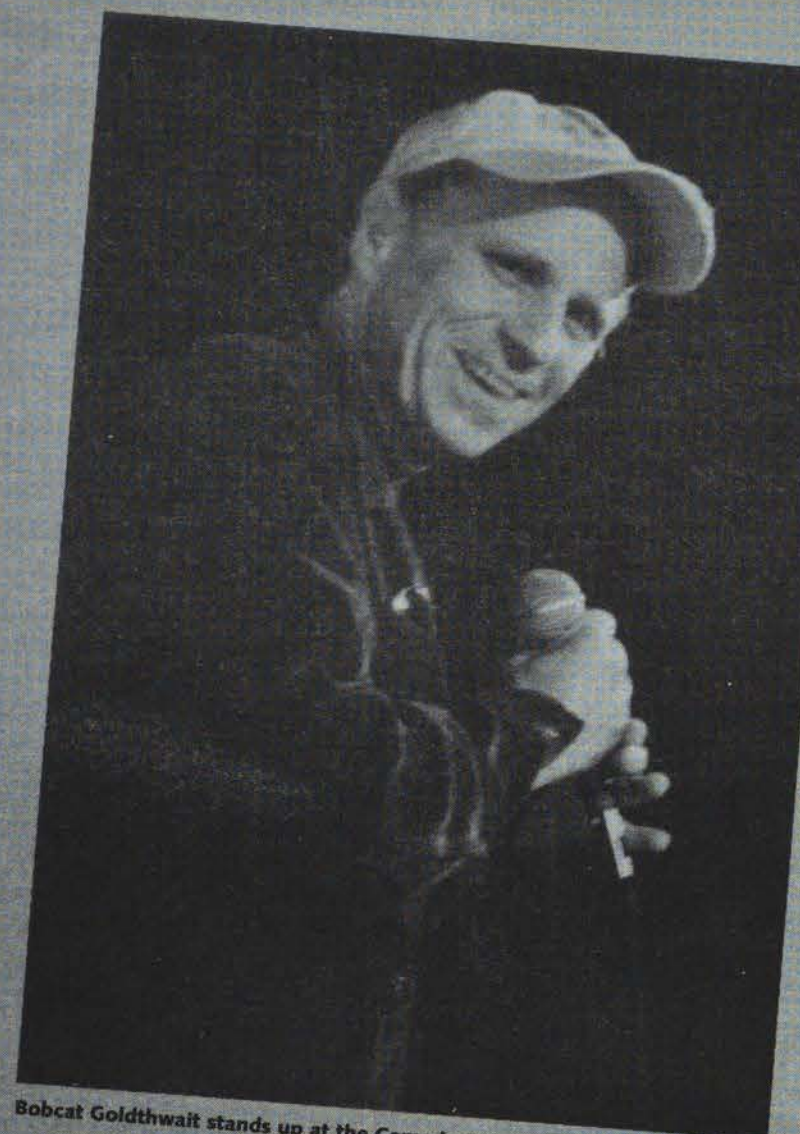
Civil War Open House

See Civil War era weapons, clothing, music, medical equipment, books, Grand Army of the Republic swords and more at the Casco Masonic Lodge, Mill St., Yarmouth, 1-4pm. 846-5689.

Monday, May 26

Artscape: Rockets!

3:30pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200.



Bobcat Goldthwait stands up at the Comedy Connection.

Tuesday, May 27

The Maine Children's Alliance

Presenting the 9th annual Champions for Children Giraffe Awards. Celebrating those who "stick their necks out" for Maine's children, youth and families. Keynote address by Governor John Baldacci, 5:30-7:30pm, Holiday Inn by the Bay, Portland. 626-3302 or mainekids@mekids.org or www.mekids.org.

Wednesday, May 28

"High Heels and Red Noses"

Bindlestiff Family Circus Presents "High Heels and Red Noses," 8pm, \$15/\$12, Custom Hall Theater at Monmouth, Monmouth. 933-9999.

Buck 65

Performing, 9pm, at Space, 538 Congress St., Portland. 828-5600.

Dr. Sally Shaywitz

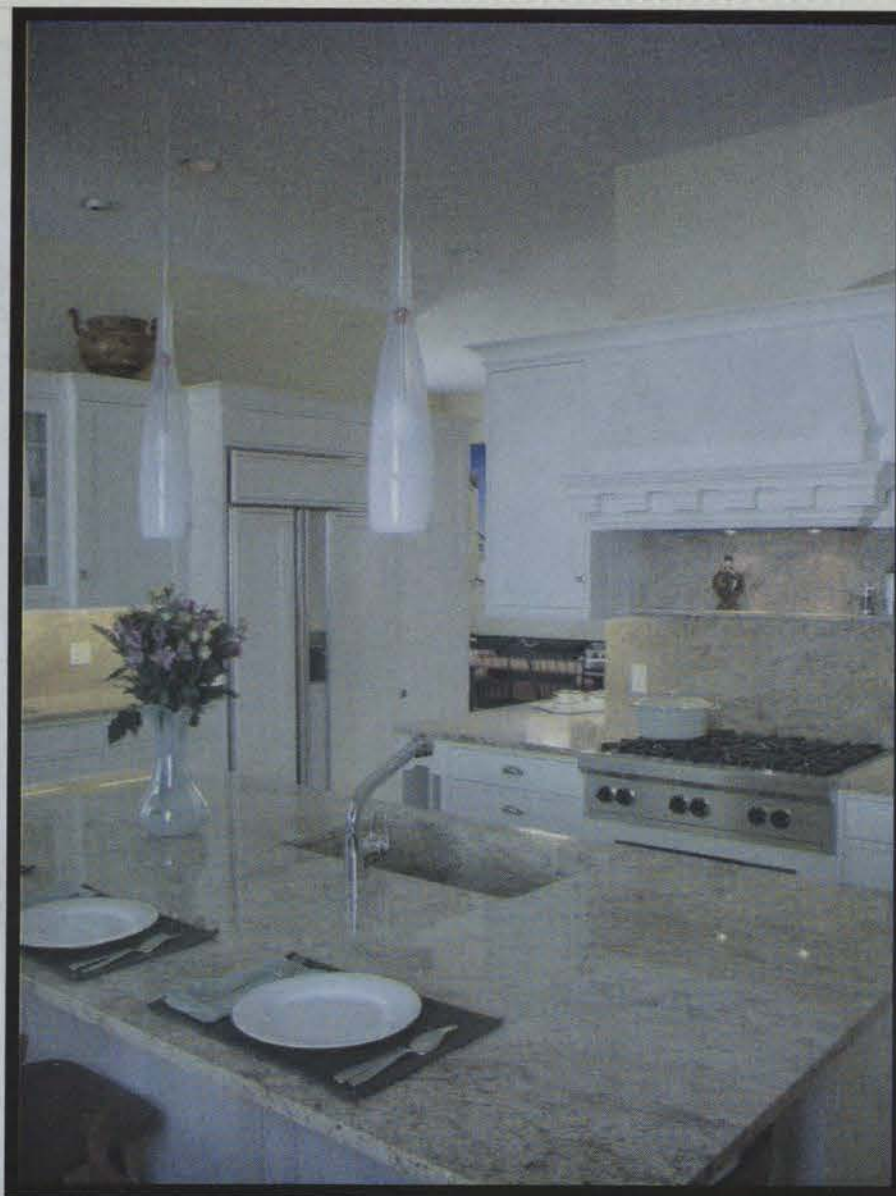
Author of *Overcoming Dyslexia: The New and Complete Science-Based Program for Reading Problems at Any Level*. From one of the world's leading experts on reading and dyslexia, the most comprehensive and practical book yet to help us understand, identify, and overcome the reading problems that plague American children today. Part of the Brown Bag Lecture Series, 12noon-1pm, Rines Auditorium, Portland Public Library, 5 Monument Square, Portland. 871-1710.



Bindlestiff Family Circus presents "High Heels & Red Noses."

Scott Lemire and Seth Warner play at St. Luke's Church.





Kitchen



Kitchen dining area

Portland Symphony Orchestra Showhouse 2003

Photography by Abbie Ostrem



The West Mansion

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4-Year Warranty

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EF 100mm f/2.8 Macro	\$25		
EF 135mm f/2 USM	\$25		
EF 35-350mm f/3.5-5.6 AL USM	\$40		
EF 70-200mm f/2.8L USM	\$50		
EF 100-400mm f/4.5-5.6L IS USM	\$50		
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Second floor staircase hall



Boutique "Little Sweet Peas" Store



Formal dining room



Master bedroom



Library and music room



Conservatory

visual arts

openings/receptions

Thursday, May 22
Gleason Fine Art, 31 Townsend Ave., Boothbay Harbor. Helen St. Clair: Life and Land, opening reception 5-7pm. 633-6849 or www.gleasonfineart.com.

Friday, May 23
Elan Fine Arts, 8 Elm St., Rockland. Leonard Baskin, Linda Funk, Simon Van Er Ven, Patricia Wheeler, Daniel Hoder-marsky, Jacques Vesery and Nancy Witt, opening reception 5:30-8pm. 596-9933.

Photographic Traditions of Maine, 125 Presumpscot St., Portland. Student work in optical photography from Maine's Colleges and Universities, opening reception 4-7pm. 774-8200.

galleries

Area Gallery, Woodbury Campus Center, University of Southern Maine, Portland. Hours: Mon-Thurs 8am-8pm. Fri 8am-4:30pm. Sat. 9am-3pm. "The Art of Words and Images." 780-5009.

Art Gallery at UNE, 716 Stevens Ave., Portland. "Selections form the Permanent Collection of Art," through June 15. 797-7261 x4499.

Aucocisco Gallery, 615A Congress Street, Portland. Hours: Wed-Sat 12noon-5pm. Stephen Burt Paintings and Drawings: "Desire & Conflict."

Aucocisco at Eastland Park Hotel, 157 High St., Portland. Susan Amos: New Monotypes - Vernal Migrations through May 31. 775-2227.

Bayview Gallery, 75 Market Street, Portland. Hours: Mon-Sat 11-5 and by appointment. First Friday hours until 8pm. Plein Air paintings of Maine artist Stefan Pastuhov through May 31st. 773-3007.

Center for Maine Contemporary Art, 162 Russell Ave., Rockport. Hours: Tues-Sat 10am-5pm. "Next Generation" and "Coastal," through June 7.

Chris Heilman Art Glass Gallery, 55 Federal St., Portland. Featuring torch work decorated blown vessels and sculptures as well as Silver Veil abstract vessels by Chris Heilman, ongoing. 772-7940 or www.hotglassheilman.com.

Coolidge Center for the Arts, 375 Little Harbor Rd., Portsmouth, NH. Hours: Wed-Sat 10am-4pm. Sun 1-5pm or by appointment. "Relatives," through June 15. (603) 436-6607.

C.W. White Gallery 656 Congress St., Portland. Hours: Wed-Sat 11am-6pm. "RE: Emerging Abstraction" by Deborah Bohner, Linn Bruce, Zoo Cain, John O'Shaughnessy, David Snow, Adam Tice and Adam Wiedmann through May 28. 871-7282.

Elan Fine Arts, 8 Elm St., Rockland. Leonard Baskin, Linda Funk, Simon Van Er Ven, Patricia Wheeler, Daniel Hoder-marsky, Jacques Vesery and Nancy Witt, through June 20. 596-9933.

Fare Share Commons Gallery 447 Main St., Norway. Hours: Thurs and Fri 3-6pm. Sat 10am-1pm. Work by Casco painter Om Devi Reynolds through May 31.

Filament Gallery 181 Congress St., Portland. Hours: Thurs-Sat 11am-6pm and by appointment. "Melange a Trois, wolf-pants, tea and crumpets," through June 7. 221-2061.

Galeyrle, 240 US Route 1, Falmouth. Hours: Mon-Fri 10am-6pm. Sat 10am-4pm. Islands In The Sun, Watercolors by David Clough through May 31. Group show of gallery artists Verner Reed, Veronica Benning, Estelle Roberge, John Kelley, Lori Tremblay, and Henry Peacock. 781-3555.

Gallery at the Crown, 123 Middle Street, Portland. Hours: Mon-Wed 10am-6pm. Thurs-Sat 10am-7pm. Coastal Imagery-Continents apart, Jeremy Barnard, Photography of Scotland & Jill Disque, Shoreline Paintings in Acrylic through May 28. 756-7399 or www.the-crown.com.

The Gallery on Chase Hill 10 Chase Hill Rd., Lower Village, Kennebunk. Scholarship show, a group show through June 30. 967-0049.

Gallery Seven 49 Exchange St., Portland. Hours: Mon-Thurs 10am-6pm. Fri-Sat 10am-5pm. Sun 12-6pm. Exhibit of work by American craft artists in all media, ongoing. 761-7007.

Gleason Fine Art, 31 Townsend Ave., Boothbay Harbor. Helen St. Clair: Life and Land, through June 17. 633-6849 or www.gleasonfineart.com.

Greenhut Galleries 146 Middle St., Portland. Hours: Mon-Fri 10am-5:30pm. Sat 10am-5pm. "Maine Moments," paintings by Margaret Gerding through May 31. 772-2693.

Hay Gallery, 394 Congress St., Portland. Peter Cameron:

new work, gallery 1, Lisa Pixley: new work, gallery 2, through May 26. Rachael Eastman: Visages gallery 1, Mary B. Harrington: new work, gallery 2, through June 26.

Heron Point Gallery, 76 Maine St., Brunswick. Hours: Tues and Thurs 10-4. Fri 10-1 and by appointment. Margaret McDonald-Oil Painter, through May 30.

ICA at MECA, Porteous Building, Congress St., Portland. "BFA Senior Thesis Exhibition," through May 25. 775-3052.

ICON Contemporary Art, 19 Mason St., Brunswick. Hours: Mon-Fri 1-5pm. Sat 1-4pm. Group exhibit through June 14. 725-8157.

Jameson Gallery & Frame, 305 Commercial St., Portland. Recent photographs by Victor Romanyshyn, through June 7. 772-5522 or www.jamesongallery.com.

Jewett Hall Gallery, University of Maine at Augusta, 46 University Drive, Augusta. Hours: Mon-Fri 8:30am-5pm. Optical Odyssey UMA 2003 senior show, through June 14. 621-3274.

June Fitzpatrick Gallery 112 High St., Portland. Hours: Tues-Sat 12noon-5pm. "Studies in Structure" drawings from the work of Karl Blossfeldt by David Wolfe through May 31. 772-1961.

June Fitzpatrick Gallery @ Maine College of Art 522 Congress St., Portland. Hours: Tues-Sat 12noon-5pm. Sculpture by Duane Paluska. 879-5742 x283.

Kennebunk Savings Gallery, Heartwood College of Art, 123 York St., Kennebunk. "Off the wall on the wall," by Bert Kramer, through June 11. 985-0985.

Local 188 Gallery, 188 State St., Portland. New Paintings by Broadbent and Dahlquist.

Long Hall Gallery, Maine College of Art, Porteous Building, Portland. "Adventures in Art Student Exhibition."

Mainely Frames & Gallery 534 Congress St., Portland. Hours: Mon-Wed 10am-6pm. Thurs and Fri 10am-8pm. Sat 10-5pm. Sun 12-5pm. Pen-and-ink cityscapes by William C. Harrison and other work by gallery artists, ongoing. 828-0031.

Meyer Studio Gallery 51 Oak St., Portland. Hours: Tues-Fri 4-6pm. Sat-Sun 12-4pm. Exhibit of recent works by Louis Meyer, Matthew Meyer and Nathaniel Meyer, ongoing. 879-1323.

Photographic Traditions of Maine, 125 Presumpscot St., Portland. Student work in optical photography from Maine's Colleges and Universities, through August 15. 774-8200.

Plum Gallery, 142 High St., Suite 217, Portland. Art in Miniature: A Maine Jewelers Biennial featuring the work of many of Maine's well known published metal smiths.

Portland Coalition Art Gallery 688 Congress St., Portland. Exhibit of mixed-media works by artists associated with the Portland Coalition for the Psychiatrically Labeled, ongoing. Call ahead for hours. 772-2208.

Portland Glassblowing Studio, 24 Rosamos Lane, Portland. Hours: Fri-Sun 10am-6pm. Glassblowing demonstrations and exhibit of contemporary glassware designed and made by studio owner Ben Coombs, ongoing. 409-4527.

Radiant Light Gallery, 142 High St., Suite 409, Portland. Hours: Sat. noon - 6pm, First Friday, or by appointment. Leonard Freed female nudes through June. 252-7258 or radiantlightgallery.com.

River Tree Center for the Arts, 35 Western Ave., Kennebunk. Hours: Mon-Sat 10am-5pm. "For Pastels Only," 4th annual juried show by the Pastel Painters of Maine, May 16-June 27. 324-7150.

Running With Scissors, 34 Portland St., Portland. Hours: Thurs-Sat 12-5pm. Sun 11am-2pm. "Synapse," oil paintings by Lisa Whelan and Jac Oullette through May 30. 789-6252.

Saco Bay Artists Gallery, 22 Washington Ave., Old Orchard Beach. Hours: Thurs-Sat 10am-4pm. Sun 12-4pm. "Birds 'n Blooms," watercolors by Sylvia Goss through May 30. 934-3050, 934-2930 or 284-9949.

Salt Gallery, 110 Exchange St., Portland. Hours: Tues-Sat 11:30-4:30. First Friday 5-8pm. Group show of black and white photography, documentary radio, and nonfiction writing through June 21. 761-0660.

Scott Potter Gallery 1424 High St., Portland. Hours: Tues-Fri 11am-5pm. Sat 11am-3pm. "Still Life, Life Stills" photographs by Robert Diamante through June 14. 775-3630.

Silver Image Resource Gallery, 500 Congress St., rear studio, Portland. Hours by appointment or chance. 5-8pm first Fridays. Photography by Donna Lee Rollins, and Dennis Stein. hand-colored photographs, "Holga" prints, and digital images, ongoing. 767-0711.

Spindelworks Gallery 7 Lincoln St., Brunswick. Hours: Mon-Fri 8am-4pm. 725-8820/Works of Paula Clearfield,

Minton Warren, John Joyce and Danielle Phillipon through May.

Studio 656, 656 Congress St., Portland. Hours: Thurs and Fri 12noon-6pm. Works by John Driscoll, ongoing. 871-3922.

Thomas Spencer Gallery, 360 Main St., Yarmouth. Hours: Tues-Fri 10-5. Sat 10-4, or by appointment. "Infinite Horizons" by Diana Johnson, through May 31. 846-3643.

Toby Rosenberg Gallery 293 Read St., Portland. Hours: Mon-Sun 12-6pm. Handbags, clothing, cloth dolls, pottery, contemporary American crafts, sculpture and Judaica, ongoing. 878-4590.

The VIA Group, 34 Danforth St., 2nd Floor, Portland. Hours: by appointment only. "Dogs of Maine," paintings by Kelly Jo Shows, through July 7. heathkelly@adelphia.net.

Wiscasset Bay Gallery, 67 Main St., Wiscasset. Hours: Sun-Sat 10:30am-5pm. "In Bloom-A Celebration of Spring," through July 3. 882-7682 or wiscassetbaygallery.com.

Yarmouth Historical Society Gallery, Hours: Tues-Fri 1-5pm. Sat 10am-5pm. "Home Sweet Yarmouth Home." 846-6259.

museums

Abbe Museum, Bar Harbor. 288-3519.
 "Layers of Time: 75 Years of Archaeology at the Abbe Museum."

"Wapohnaki Student Art Show: 'Beyond the Mountain: Modern Views of Traditional Ideas.'"

"Dr. Abbe's Stone Age" Museum," through October 19.

Bates College Museum of Art, Olin Arts Center 75 Russell St., Lewiston. Hours: Mon-Sat 10am-5pm. Sun 1pm-5pm. Senior Art Exhibition, a perennial favorite featuring work by senior art majors. Free. 786-6158.

Bowdoin College Museum of Art, 9400 College Station, Brunswick. Hours: Tues-Sat 10am-5pm. Sun 2-5pm. Free. Drawings of Choice from a New York Collection presents one of the most significant sets of recent American drawings from the 1960s through the present, through June 8. 725-3275.

Center for Maine History Museum, 489 Congress Street, Portland. Hours: Mon-Sat 10am-5pm. From Dairy to Doorstep: Milk Delivery in New England, 1860-1960, chronicles the origins of home milk delivery and the heyday of the milkman, through May 25.

Colby College Museum of Art Colby College, Waterville. Hours: Mon-Sat 10am-4:30pm. Sun 2-4:30pm. 872-3228.

"Foreign and Familiar," a series of photographs by Dee Peppe, through June 8.

"Senior working in the studio arts will exhibit paintings, prints, drawings and sculptures through May 25.

Currier Museum, 201 Myrtle Way, Manchester, NH. Hours: Mon, Wed, Fri & Sun 11-5. Thurs 11-8. Sat 10-5. Jan Miense Molenaer: Painter of the Dutch Golden Age. 669-6144.

Davistown Museum, Main St., Liberty. Hours: Sat & Sun 10am-5pm. Maine and New England history through the study of tools, Native American history, artifacts, and exhibits featuring Maine artists. 589-4900.

Maine Maritime Museum 243 Washington St., Bath. Hours: Mon-Sun 9:30am-5pm. Percy and Small Shipyard exhibit. 443-1316.

Portland Harbor Museum, Fort Road, SMTC Campus, South Portland. A Day in the Life of Portland Harbor, through Memorial Day. 799-6337.

Portland Museum of Art, 7 Congress Square, Portland. Hours: 10am-5pm Tues, Wed, Thurs, Sat & Sun. 10am-9pm Fri. Memorial Day through Columbus Day open Mondays 10am-5pm. 775-6148 or (800) 639-4067.

"Art Biennial" will showcase works of art by emerging and established artists associated with the state, through June 1.

"Contemporary Art From the Permanent Collection," featuring the diversity of subject matter and style that have come to dominate the post-world war art scene, ongoing.

"Mapping Maine: Four Contemporary Views - part of a collaboration with the Osher Map Library of the University of Southern Maine, May 17 - August 24.

"Play of Light: The Charles Shipman Payson Building" this year marks the 20th anniversary of the building at the Museum, through May 25.

"Hamilton Easter Field: Pioneering American Modernism" - Field (1873-1922) was recognized as an important proponent of modern art who exerted a wide influence through his activities as a painter, critic, teacher, author, and patron of the arts, through June 15.

The Saco Museum, 371 Main St., Saco. Hours: Sun & Tues-Fri 12-4pm. Thurs, 12-8pm. 283-3861 x114.

"Battle of the Bridge," showcases the 110 year old rivalry between the high school football teams from Biddeford and Saco through August 10.

"Minor Thoughts: Perceptions of Young People in the 18th, 19th and early 20th Century, explores the lives of teenagers before the 20th century through diaries, needlework, photographs and portraits, through August 10.

The Shaker Museum, Sabbathday Lake Shaker Village, Route 26, New Gloucester. Hours: Mon-Sat 10am-4:30pm. "The Rhythm of Life: Sabbathday Lake in 1903," through Columbus Day. 926-4597.

University of Maine Museum of Art, 40 Harlow St., Bangor. Hours: Tues-Sat 9am-6pm. Sun 11am-5pm. "Northeast by Southwest," by Melville McLean, "The Transition years 1982-1984," by George Lloyd, and "Wood Engravings" from the collection, through July 5. 561-3350.

Victoria Mansion, 109 Danforth St., Portland. Hours: May-October, Tues-Sat 10am-4pm. Sun 1-5pm. Domestic Revival: Victoria Mansion Through the Eyes of Contemporary Artists, through July 12. www.victoriamansion.org.

Willowbrook at Newfield 19th Century Country Village Museum, Newfield. Hours: Sun-Sat 10am-5pm. Display of trades and crafts in 37 structures with over 10,000 artifacts, through September 30. 793-2784 or www.willowbrookmuseum.org.

other venues

Barbara's Kitchen, 388 Cottage Rd., So. Portland. The work of local artist Zoo Cain will show through May 31st. 767-6313.

Casco Bay Frames, 295 Forest Ave., Hannaford Plaza, Portland. 4th annual employee art show through May. Hours: Mon-Fri 10am-7pm. Sat 10am-4pm. 774-1260.

Coffee By Design, 620 Congress St., Portland. "Patterns in Nature," photography by Brian Gehan, through June 8. Mon-Thurs 6:30am-8pm. Fri 6:30am-9pm. Sat 7am-9pm. Sun 7am-7pm.

Coffee By Design, 24 Monument Square, Portland. Works by Eden Radfarr, through June 8. Mon-Fri 7am-5:30pm.

Coffee By Design, 67 India St., Portland. Works by Eden Radfarr through June 8. Mon-Fri 6:30am-7pm. Sat & Sun 7am-6pm.

The Creative Photographic Art Center of Maine, Lewiston. Student show through June 1. Hours: Mon-Thurs 9:30am-5pm. Fri & Sat 10am-5pm. 782-1369.

Free Street Taverna, 128 Free St., Portland. Abstract works by Zoo Cain, through May 31.

Freeport Community Library, 10 Library Dr., Freeport. Landscapes: paintings and drawings by Kathleen Meade, through May. Hours: Mon & Wed 11:30am-8pm. Tues & Thurs 9:30am-5pm. Fri 11:30am-5pm. 865-3307.

Gravity, 486 Congress St., Portland. Exhibit featuring local artists Caitlin Biskup and Tiffany Dill, through July 6. 761-9600.

Green Design Furniture, 267 Commercial St., Portland. Figurative oil paintings by Dahlia Mann, through June 15. Hours: Mon-Sat 10am-6pm. Sundays by appointment. 775-4234 or www.green designs.com.

Hilltop Coffee Shop, 99 Congress St., Portland. "Adam's Artists" Adam's Elementary School's student artwork and silent auction, ongoing. 789-0025.

Katadlin Restaurant 106 High Street, Portland. Work by local artists Gina Adams and Valerie Smith, ongoing. Hours: Tues-Sat after 5pm. 774-1740.

The Kitchen 393 Congress St., Portland. Abstract topographical works & Paintings by Drew Wilen, through May 27.

The Klamon Bottle Building, 428 Fore St., 2nd floor, Portland. Works by Ian Factor through June 1. 773-7730 or www.ianfactor.com.

Maine Audubon, 20 Gilsland Farm Road, Falmouth. Wood carvings by Wayne Robbins, through June. Hours: Mon-Sat 9am-5pm. Sun 12-4pm.

New Life Reiki Center, 14 Forest Ave., Portland. A distinctive visual arts exhibit of creatively decorated body casts presented by the IAM project. Hours: Tues-Thurs 12noon-6pm. Fri 12noon-9pm. Sat 12noon-6pm. 773-9894.

Thos. Moser Cabinetmakers, 149 Main St., Freeport. Contemporary paintings by Catherine Breer, through May 30. 865-4519.

Uffa Restaurant, 190 State St., Portland. Recent works by local artist Zoo Cain, through June. 775-3380.

stage door

THEATER/COMEDY

"**Abdallah of the Land & of the Sea**," presented by the Hurdy Gurdy Puppet Show. A marionette show for all ages every Saturday morning in May, 10am, 11am and 12 noon, \$3, St. Lawrence Arts and Community Center, 76 Congress St., Portland. 775-2004.

"**Chicago**," about a chorus girl who murders her lover, then manages to avoid prison and propels herself to showbiz stardom along with another murderous chorus girl. May 9 - June 1, Fri & Sat 8pm, Sun 2:30pm, The Portland Players, 420 Cottage Rd., South Portland. 799-7337.

Comedy Connection, 16 Custom House Wharf, Portland. 774-5554.

*May 22, Comedy Showcase hosted by Jimmy Dunn, 8:30pm.

*May 23, Jimmy Dunn with Jim Colliton and Mike Cote, 8:30pm.

*May 24, Bobcat Goldthwait, 7pm, 8:45pm and 10:30pm.

*May 25, Shane Kinney's Comedy Showcase, 8:30pm.

"**Les Acadiens**," about a young Franco-American in Waterville who must decide whether to remain close to his family and support them with his job, or leave to join the American forces, May 9-25, Fri 7pm, Sat 2pm and 7pm and Sun 2pm, The Children's Theatre of Maine, 317 Marginal Way, Portland. 828-0617.

"**Marriage Can Be Murder**," a murder mystery dinner theatre comedy that takes place at an Italian wedding, May 17 and June 21, Marco's Restaurant, Lewiston. 783-0336 or mysterforhire.com.

"**Shirley Valentine**," about a middle-aged housewife whose life is in a rut. May 8 - June 1, Thurs 7:30, Fri and Sat 8pm, Sun 2pm, St. Lawrence Arts Center, 75 Congress St., Portland. 885-5883.

"**Suburban Motel**," an explosive comedy...in four pieces, May 8 - June 1, Thurs 7:30pm, Fri and Sat 8pm, Sun 5pm, Portland Performing Arts Center, 25A Forest Ave., Portland. 347-5218.

Casco Bay Weekly listings are a fun and free service to our readers. To have a listing considered for publication, send complete information (including dates, times, costs, complete address, a contact telephone number) by noon on Thursday prior to publication. E-mail: listings@maine.rr.com.

focal point

Music for a Sunday Evening in Spring



PHOTO COURTESY OF MIDCOAST WOODWIND QUINTET

The Midcoast Woodwind Quintet, a chamber group made up of the principal wind players of the Midcoast Symphony Orchestra, will break new ground at the St. Lawrence Performing Arts Center on Congress Street in Portland when they play the first classical music concert in that space.

The concert begins at 7:30 PM on Sunday, May 25, and will include a variety of classical and light classical pieces. Included in the program are Malcolm Arnold's humorous "Three Shanties," an arrangement of the "Rigaudon" from Ravel's "Le Tombeau de Couperin," a jazz piece by James Cohn, and other accessible and light-hearted music.

Founded in 1990, the Midcoast Woodwind Quintet is comprised of the principal woodwind players of the Midcoast Symphony Orchestra (<http://www.midcoastsymphony.org>), which is based at the Orion Performing Arts Center in Topsham, Maine. The quintet performs frequent public concerts as well as appearing at private events such as birthday parties and weddings. The MWQ also gives concerts in Maine schools under the auspices of the orchestra's Music-to-Go grant from the Maine Communities Fund.

Linda Brunner, flute

Linda studied flute with James Papoutsakis, Robert Cavally, and Frances Drinker. She earned degrees from the New England Conservatory of Music and The College Conservatory of Music at the University of Cincinnati. Linda has performed with the Bangor Symphony, the Downeast Chamber Players, and many other ensembles in Maine. She has taught at the University of Maine at Orono and has directed many school and community music groups. Linda directs the Hallowell Community Band, which performs outdoor concerts in Boothbay and parades in midcoast Maine throughout the summer.

Kristen Fox, oboe

Kristen studied oboe with Lynn Jacquin at the New England Conservatory of Music, and with Neil Boyer of the Portland Symphony Orchestra. She has taken several master classes with Bert Lucarelli. She freelances in the Portland area and has played with many local groups including the Maine State Bal-

let Orchestra and the Portland String Quartet. Kristen maintains a music studio in Portland where she teaches Kinder-musik for ages newborn to 7, and private oboe lessons for ages 7 and beyond.

Carol Furman, clarinet

Carol studied clarinet with Walter Mattson from the New Jersey Symphony. At Kent State University, she earned her music education degree while studying with Fred Cohen from the Cleveland Orchestra. Carol teaches instrumental music at Williams-Cone Elementary School, woodwind classes at South Portland High School, and clarinet at Bates College. She also plays clarinet in the Androscoggin Valley Community Orchestra, the Casco Bay Concert Band, and the Winds of Maine Quintet.

William Kennison, bassoon

Bill is a retired priest of the Episcopal Church who has had working experience as a mechanical engineer, school chaplain, and physics teacher. Bill has had a life-long addiction to playing woodwind instruments. His bassoon studies have been mostly with Ardith Keel; lately he has been studying with Janet Polk of the Portland Symphony Orchestra.

Barbara Burt, horn

Barbara studied horn with the Boston Symphony's Charles Kavaloski and David Ohanian at Boston University's School for the Arts. She holds degrees from Boston University and Harvard University. She performed at the Aspen Music Festival and the Johnson State (Vt.) Composer's Conference before pursuing a career in publishing. She has been the principal horn of the Midcoast Symphony Orchestra since 1990, and president of the orchestra's board since 2000. In addition to playing with the Midcoast Woodwind Quintet, she has appeared on CD with Castlebay, a Celtic folk group.

This concert will be suitable for children as well as adults. Admission to the concert is \$12 for adults and \$6 for children. Fifty percent of the proceeds go toward the restoration of the St. Lawrence Performing Arts Center.

Music directory

The Alehouse 30 Market St, Portland. 253-5100.
American Legion Post #62 17 Dunn St, Westbrook. 856-7152.
Amigo's 9 Dana St, Portland. 772-0772.
Asylum 121 Center St, Portland. 772-8274.
Barbara's Kitchen & Cafe 388 Cottage Road, So. Portland. 767-6313.
The Big Easy 55 Market St, Portland. 871-8817.
The Big Kahuna Cafe 142 Main St, Bridgton 647-9031.
Bowdoin College Chapel Brunswick. 725-3321.
Bramhall Pub 769 Congress St, Portland. 773-9873.
Bridgeway Restaurant 71 Ocean St, South Portland. 799-5418.
Brian Boru 57 Center St, Portland. 780-1506.
Brooks Student Center Univ. of Southern Maine, Gorham. 780-5003.
Bull Feeney's 375 Fore St, Portland. 773-7210.
Casco Bay Lines, 56 Commercial St, Portland. 774-7871.
Cathedral Church of St. Luke 143 State St, Portland. 772-5434.
Cathedral of the Immaculate Conception 307 Congress St, Portland. 773-7746.
Center for Cultural Exchange 1 Longfellow Sq., Portland. 761-1545.
Chocolate Church Arts Center 798 Washington St, Bath. 442-8455.
C.J. Thirsty's 726 Forest Ave, Portland. 775-5681.
Civic Center Between Spring and Free streets, Portland. 775-3458.
Clyde's Pub 173 Ocean St, South Portland. 799-4135.
Commercial Street Pub 129 Commercial St, Portland. 761-9970.
Corthell Concert Hall 37 College Ave, University of Southern Maine, Gorham campus. 780-5555.
Crooker Theater Brunswick High School, Maquoit Road, Brunswick. 725-3895.
David's Restaurant 22 Monument Square, Portland. 773-4340.
Deertrees Theatre & Cultural Centre Deertrees Road, Harrison. 583-6747.
Digger's 440 Fore St, Portland. 774-9595.
Discovery Park L.L. Bean, Main Street, Freeport. (800) 559-0747 X37222.
Downeast Restaurant 705 Route 1, Yarmouth. 846-5161.
First Parish Church of Portland 425 Congress St, Portland. 773-5747.
The Flatbread Company 72 Commercial St, Portland. 772-8777.
Free Street Taverna 128 Free St, Portland. 772-5483.
Geno's 13 Brown St, Portland. 772-7891.
Granny's Burritos 420 Fore St, Portland. 828-1579.
Gritty McDuff's 396 Fore St, Portland. 772-2739.
Happy Cooking 78 Island Ave, Peaks Island. 766-5578.
Headliners 35 Wharf St, Portland. 773-1570.
The Iguana 52 Wharf St, Portland. 871-5886.
The Industry 50 Wharf St, Portland. 879-0865.
Jonathan's Restaurant 92 Bourne Lane, Ogunquit. 646-4777.
Kennebunk Coffeehouse Routes 1 and 35, Kennebunk. 229-0212.
Kresge Auditorium Bowdoin College, Brunswick. 725-3321.
Liquid Blue 446 Fore St, Portland. 774-9595.
Local 188 188 State St, Portland. 761-7909.
Ludke Auditorium UNE, 716 Stevens Ave, Portland. 797-7261.
Mast Cove Galleries Mast Cove Lane, Kennebunkport. 967-3453.
Mathew's Lounge 133 Free St, Portland. 253-1812.
The Mercury 416 Fore St, Portland. 879-4007.
Merrill Auditorium 20 Myrtle St, Portland. 842-0800.
Moose Crossing Steakhouse 270 U.S. Rt. 1, Falmouth. 781-4771.
The Music Hall 28 Chestnut St, Portsmouth, NH. (603)433-3100.
Old Orchard Beach Pavilion 17 Prospect St, Old Orchard Beach. 934-2024.
Old Port Tavern 11 Moulton St, Portland. 774-0444.
Olin Arts Center 75 Russell St, Bates College, Lewiston. 786-6252.
O'Rourke's Landing 175 West Benjamin Pickett St, So. Portland. 767-3611.
The Pavilion 188 Middle St, Portland. 773-6422.
Plush 54 Wharf St, Portland. 774-9595.
Portland Conservatory of Music 116 Free St, Portland. 775-3356.
Portland Museum of Art 7 Congress Square, Portland. 775-6148.
Portland Public Market 25 Preble St, Portland. 228-2000.
Pub 21 (Fifties Pub) 223 Congress St, Portland. 771-5382.
Rick's 100 Congress St, Portland. 775-7772.
RiRa 72 Commercial St, Portland. 761-4446.
The Roost Chicopee Road, Buxton. 642-2148.
St. Lawrence Arts & Community Center 76 Congress St, Portland. 775-5568.
Saco River Grange Hall Salmon Falls Road, Bar Mills. 929-6472.
Sierra's Bar & Grill Routes 25 and 114, Gorham. 839-3500.
Silly's Restaurant 40 Washington Ave., Portland. 772-0360.
Silver House Tavern 340 Fore St, Portland. 772-9885.
Sisters 45 Danforth St, Portland. 774-1505.
Sky Bar 188 Middle St, Portland. 773-6422.
Somewhere 117 Spring St, Portland. 871-9169.
South Freeport Church 98 South Freeport St, Freeport. 865-4012.
The Space 538 Congress St., Portland. 828-5600.
Starbird Rectal Hall 525 Forest Ave, Portland. 775-2733.
State Street Church 159 State St, Portland. 774-6396.
State Theatre 609 Congress St, Portland. 775-3331.
The Station 272 St. John St, Portland. 773-3466.
Three Dollar Dewey's 241 Commercial St, Portland. 772-3310.
Top of the East 157 High St., Portland. 775-5411.
Una 505 Fore St, Portland. 828-0300.
The Underground 3 Spring St, Portland. 773-3315.
The Well 369 Forest Ave., Portland. 828-1778.
Wizard's Main St., Presque Isle. 764-0144.

Thursday 22

The Alehouse
Welfare Mafia/Shanna and the Hawk
(9pm/cover tba/21+)
Barnhouse Tavern
DJ Jim Casey (9pm/no cover)
The Big Easy
Rocktopus (Beatles tunes/9pm/\$3/21+)
The Bramhall Pub
The Jerks of Grass
(bluegrass/9:30pm/\$2/21+)
Brian Boru
Stream (Reggae/9pm/21+)
Bull Feeney's
Chris Hawley (8pm/no cover/21+)
Clyde's Pub
Ken Grimsley and Ben Roy (9pm/21+)
Geno's
Rhyme or Reason (hip hop/21+)
Headliners
DJ Baby J (9pm/21+)
Moose Crossing Steakhouse
David Wells/Gerry Berry Quartet
(7pm/10:30/no cover/21+)
Old Port Tavern
Karaoke w/ DJ Mike C
(9:30pm/no cover/21+)
The Station
Karaoke Contest (9pm)
Three Dollar Dewey's
Jason Spooner Trio (6pm/no cover)
Una
DJ Nicotine (9:30pm/21+)

Friday 23

The Alehouse
Black Apple/Eldimer Krim
(9pm/cover tba/21+)
Amigo's
The Grumps (9:30/21+)
The Bramhall Pub
Karaoke with Don Corman
(10pm/no cover/21+)
The Breakaway
Jenny Woodman (9:30pm/\$5/21+)
Bridgeway Restaurant
Bobby Laine (Piano/6-10pm)
Brian Boru
Pneuma (9pm)
Bull Feeney's
TBA (up) Bailey's Mistake (down)
(9:30pm/no cover)
Free Street Taverna
Love Whip (10pm/21+)
Geno's
Plan 9/Mystic Out-Bop Review/
Black Tara (9pm/21+)
Headliners
DJ Seanne (9pm/21+)
The Mercury
12inch Zombies-Laree Love/Moshe/
Nicotine w/ Richard Sin (9pm/\$2/21+)
Old Port Tavern
Blind Site (rock/9pm/no cover/21+)
RiRa
DJ Teague (10pm/21+)
Sisters
DJ (9pm/\$2/21+)
Space
Kate Schrock/Dave Rave/
Joe Mannix (8pm/\$8)
The Station
Boston DJ's (dance/
hip-hop/r&b/reggae/9pm/\$5)
Una
DJ Mike Said (house
music/9:30pm/no cover/21+)
The Well
DJ Darkhart (goth/5:30pm/\$5)

Wizards

Emptyhead (9:30pm/21+)

Saturday 24

The Alehouse
Stymie (funk/cover tba/9pm/21+)
Asylum
DJ Jon/DJ Fred (8pm/\$3/21+)
The Bramhall Pub
The Hollering Man (10pm/no
cover/21+)
Bridgeway Restaurant
Bobby Laine (Piano/6-10pm)
Bull Feeney's
Jerks of Grass (up)/
Bailey's Mistake (down)
(9:30pm/no cover)
Geno's
The Creatures/The Contrarians/
The Shakes (9pm/21+)
Headliners
DJ Baby J (9pm/21+)
Kennebunk Coffeehouse
Don Conoscenti/Kevin Reams
(8pm/\$10)
Old Port Tavern
Karaoke w/ DJ Mike C
(9:30pm/no cover/21+)
The Station
Blind Site (rock/9pm/no cover/21+)
RiRa
Now is Now (10pm/21+)
St. Luke's Church
Scott Lemire and Seth Warner
(8pm/\$8/\$5)
Saco Coffeehouse
Tom Rowe/Dale Robin Lockman
(7:30pm/\$7)
Sisters
Top 40's DJ(8:30pm/\$3/\$5/21+)
Una
DJ Nicotine/DJ Marcus
(9:30pm/no cover/21+)
Wizards
Emptyhead (9:30pm/21+)

Sunday 25

The Alehouse
Stream (Reggae/9pm/\$2/21+)
Big Easy
DJ Jay (10pm/\$3/21+)
Brian Boru
Irish session music (3-7pm)
David's Restaurant
Jenny Woodman Acoustic Duo (6pm)
Free Street Taverna
Open Mic w/ Tyler of Sty Chi
(9:30/cover tba/21+)
Geno's
Audioblock/Redeemer/Ichobod/
Unscarred (9pm/21+)
Old Port Tavern
Karaoke w/ DJ Mike C.
(9:30pm/no cover/21+)
RiRa
Live Jazz Brunch (11am/no cover)
St. Lawrence Community Center
Midcoast Woodwind Quintet
(7:30pm)
The Station
Oldies Dance 1950-1980 (no cover)
Three Dollar Dewey's
Whitham & Gallant (4pm/no cover)
Una
DJ Shade (9:30pm/no cover/21+)

listening posts

Monday 26

Alehouse
Concentric (9pm/21+)
The Big Easy
Ryan McAlmon (10pm/\$3/21+)
Free Street Taverna
Hip Hop Open Mic w/ Boon Dox
(10pm/no cover)
Old Port Tavern
Karaoke w/ DJ Sid
(9:30pm/no cover/21+)
The Station
Open Mic & Karaoke (9pm)

Tuesday 27

The Alehouse
Open Mic Night (no cover/21+)
The Big Easy
Sly Chi (Funk/10pm/\$3/21+)
Bridgeway Restaurant
Al Doane Jazz Jam (7-10pm)
Bull Feeney's
Open Mic (8pm/no cover)
The Mercury
The Lesson w/ Moshe/DJ Mota/
Kid Ray (10pm/\$1/21+)
Old Port Tavern
Karaoke w/ DJ Sid
(9:30/no cover/21+)
Three Dollar Dewey's
Tom Kennedy (6pm/no cover)
Una
DJ Marcus (chilled out house
music/9:30pm/no cover/21+)

Wednesday 28

The Alehouse
A Band Beyond Description
(jam band/9:30pm/\$2/21+)
The Big Easy
Zion Train (Reggae/10pm/\$3/21+)
Breakaway
The Maine Songwriters Showcase
(8pm/no cover/21+)
Geno's
Dr. Farren's Open Mic
Music Clinic (7:30pm/21+)
Old Port Tavern
Karaoke w/ DJ Mike C.
(9:30/no cover/21+)
Ri Ra
Mike O'Brien (Irish/6pm)
Silly's
Joe Link & Phyllis Leeke
(jazz/6:30pm/no cover)
Space
Buck 65 (9pm/\$7/21+)
Three Dollar Dewey's
Woodstone (6pm/no cover)
Una
DJ rocket-one (9:30pm/no cover/21+)
The Well
Open Mic Night (8pm/no cover)

Got a gig? Is the next big thing coming to your club or venue? Casco Bay Weekly wants to know! Please send your music listings (including date, location, performer, genre, time and cover charge), to Listings, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101, fax: 775-1615, or e-mail: listings@maine.rr.com. Listings must be in by the Thursday prior to publication.

music seen

Zion Train

Coming soon to a station near you

cd review

by Jess Bettinger

On May 24th the Portland-based reggae band, Zion Train, will independently release their debut, self-titled album in local music tours. The CD was mastered at Gateway Mastering studios in Portland by Adam Ayan.

Zion Train is composed of six members: Mike Taylor on lead vocals, Adam Chilenski on bass, Eddie Dickault on drums, Reed Chambers on percussion, Matt Shardlow on rhythm guitar and backup vocals, and Pete Dugas on keys. Also appearing on the album is former Rustic Overtones, Ryan Zoidas.

Though this is the first album for Zion Train, the band members aren't newcomers to the music scene. Former projects include Inside Straight, Sly Chi, Jason Spooner, and Pneuma.

The first time I listened to the album I found that it's the type of CD you can play in its entirety. On some albums you have to hunt around for the good songs, but this one plays through like one continuous story spread over the ten tracks, building off of the others both musically and lyrically.

Though Zion Train advertises as a reggae band, there is still a lot of stylistic variation on the album. Some tracks are characteristically reggae, but their music seems to have just as many funk, Soul and some Hip Hop elements to it.

My strongest first impression is that this album is eclectic but consistent. The vocals have a tendency to command primary attention, but the more you hear each track, the more you pick up on the subtleties of the instrumental cohesion.

This album seems to go with almost any atmosphere; you can play it in the background as easy listening or you can blast it in your car or at a dance-party.

The lyrical content of the album covers topics on self-enlightenment, coming of age, the trials of relationships, perseverance in working towards your goals, and finding love. The songs are easy to relate to and are as carefree as they are mature.

Like I said, almost all the tracks on this album are good because none of them feel like they are isolated from the others; however, there are still a handful of tracks that could stand alone as solid radio songs:

The first track, "Realization", seems to serve as the paradigm of their sound; rife with heavy-skanking chordistry, clear and present percussion streams, probing guitar solos, and well-defined, driving vocals.

Tracks three and four, "No More Lies" and "In Passing" (which play as one song) are also

particularly good. The beats are light but juxtaposed by the heaviness of the vocals and dubbing-effects. The song is about losing the one you love and how you can't let circumstances beyond your control take over your life. The music seems to be reflective of the lyrics, maintaining a light and steady lead riff while the tempo of the vocals and background music do a little effective wandering.

Tracks five and six, "The Bounce" and "Further Down the Road", are probably the headliners of this album. "The Bounce" starts off sounding slightly distorted and then the bending notes come together into a focused crispness guided by the drums. The tempo is high energy and plays around with alternating elements of vocal delay and staccato. This song is about making your mind up to follow your heart and go for the girl you love.

"Further Down the Road" is a song about finding your calling and choosing to follow it. The rhythm generates a full sound that is lifted by some well-timed upbeat cymbal crashes, and then the vocals explode with the title cry.

All in all, this album works it blends so many different styles together with ease. I give it 4 stars, and would highly recommend finding it in your local Bull Moose.

Zion Train will be performing this Summer on Wednesday nights at the Big Easy on Market Street in the Old Port and also every Sunday out on Peak's Island from 1 to 5 pm.

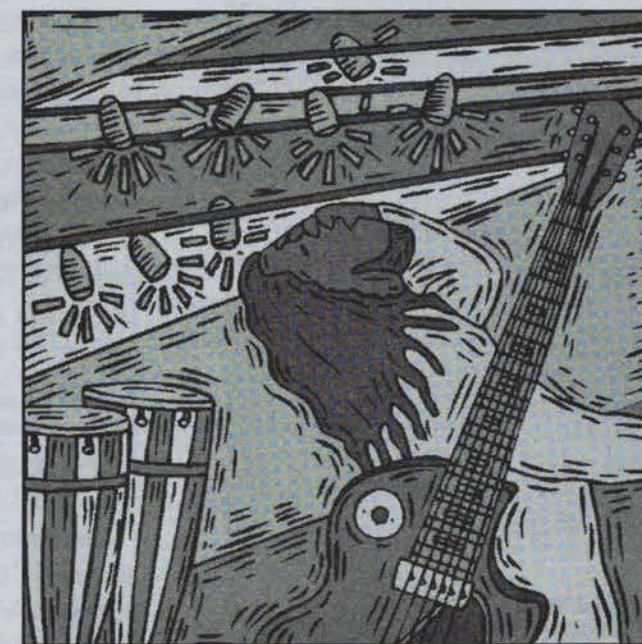


ILLUSTRATION ART TODAY

Though this is the first album for Zion Train, the band members aren't newcomers to the music scene.

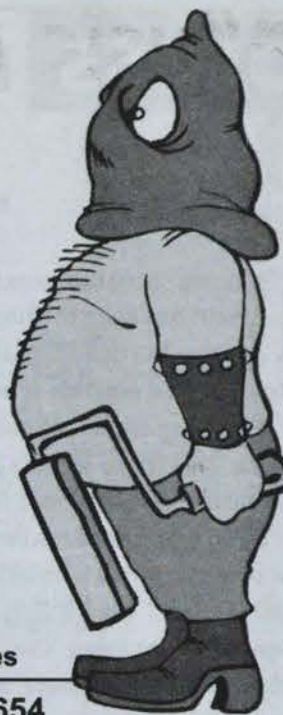
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WALK-INS WELCOME

press box

by Tom Keene

Jimmy The Sweep, MVP of the Concourse

The big story this season at Hadlock Field has been the happy affiliation of the Portland Sea Dogs with the Boston Red Sox, and talk of how wonderful that is fills the stands at the ten-year old ballpark. But there is another comment heard nearly as often, and that is what a nice, clean place Hadlock Field is—what a great place to watch a baseball game.

And it's true, even if fans don't always recognize it right away. The concourse between the blue box seats and the green seats and bleachers is always immaculate. It is spotless before each game and remains spotless and litter-free throughout the game.

Next time you attend a Sea Dogs game, look out for a slight, small man in a bright yellow jacket and blue Dogs cap. Pay close attention, for he moves much faster than a man in his 60's should, and he often weaves in and out of the crowd on the concourse carrying large trash bags over his shoulder. With the grace of a second baseman taking a toss from the shortstop and twisting in midair to complete a double play with a hard throw to first, this agile gentleman never hits a fan with a bag. He never slows the progress of the crowd moving to and from the concession stands, never gets in anyone's way, and thus goes largely unnoticed by the fans.

This is Jim Knowlen, a retired cook at USM who loves baseball so much that he decided to work for the Sea Dogs after retirement. This is "Jimmy the Sweep," one of the major reasons Hadlock Field is the neatest and cleanest place in Portland.

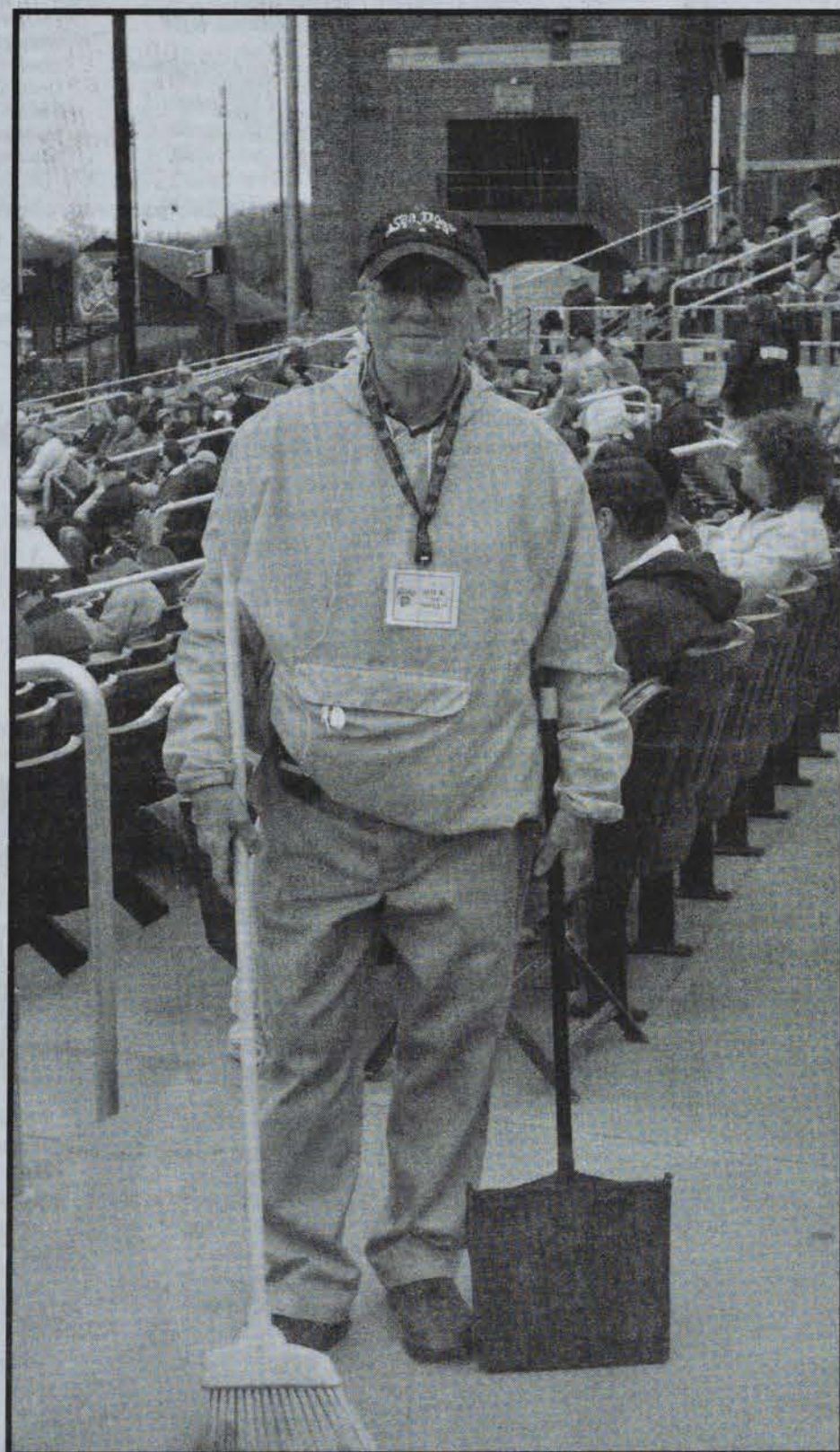
He's in his sixth season on the job at Hadlock, and while fans may not know him, the Sea Dogs staff knows and deeply appreciates "Jimmy the Sweep."

Ask Charlie Eshbach, the team's GM and President, what he thinks about Jimmy, and the answer is swift and firm: "He is one of the hardest-working people I know."

Public Relations Director Chris Cameron answers the same question just as quickly: "The hardest worker here—and always with a smile."

Sea Dogs Vice President John Kameisha, who hired him six years ago, said, "Jimmy does the work of ten people. He always jumps in to help, and always does a great job. And—he is the nicest guy in the world."

And if you think that those are the reflections of people who know and work with "Jimmy the Sweep," consider this. The CEO of one of Portland's largest em-



Jim Knowlen, better known as "Jimmy the Sweep" at Hadlock Field, is seen in a rare pose for him—standing still. Jim is one of the main reasons Hadlock Field is one of the cleanest places in Portland.
PHOTO TOM KEENE

ployers, at Hadlock to watch a Sea Dogs game, instead became fascinated by the steady work of this extraordinarily effi-

cient man. After the game, he walked up to Jim, handed him his business card, and offered him a job on the spot.

This story comes from Harold Lucas, better known as "Top Dog" at Hadlock for his role as program seller, along with Marty Jensen, called "Deputy Dog." Theirs are the first voices you hear as you enter the park, calling out, "Programs here! Get your Sea Dogs program here!"

But the voice of the "Top Dog" wasn't as loud and positive six years ago, when a friend told him about her brother, a cook who was going to retire soon and was looking for a part-time job.

"He's quiet and would never say anything himself," said the sister, "but he loves baseball and would love to work here."

Knowing that his friend was an honorable and hard-working person, Lucas said he would recommend her brother to John Kameisha, who handles the hiring at Hadlock.

Any apprehension that his recommendation might backfire disappeared almost instantly, for when Jim Knowlen started work just two weeks later, he established himself as the one to go to for help anywhere in the ballpark. Just listen to the voices coming from the walkie-talkies carried by Sea Dogs staff. You'll hear someone say, "Jimmy the Sweep—a spill in section 108," and with the speed of Superman, Jim is there, the spill is cleaned, and he is gone. Another call comes from another section, and like a great center fielder that just knows where the ball is going to be hit, "Jimmy the Sweep" is already leaning in the right direction. If you're not quick, you'll miss him, but his work is always obvious.

Retired now after a lifetime of working as a cook, for the last 28 years for the University of Southern Maine, Jim Knowlen still cooks almost constantly. He is the main cook for the huge congregation of Portland's First Baptist Church on Canco Road. Whether a breakfast for 20 or a dinner for a hundred, Jim does the job efficiently and with a smile.

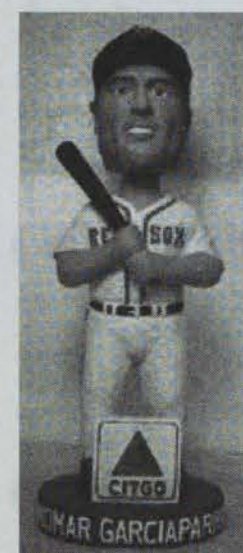
He admits that he wasn't a good enough ball player to make his high school team, but he did earn his "letter" in baseball for his service as a team manager. Once a season ticket holder at Hadlock, he still gets to see a lot of baseball between sweeps along the concourse.

Harold Lucas sums up perfectly the feelings of the Sea Dogs for "Jimmy the Sweep," the man he recommended six years ago: "He is the hardest worker and nicest guy I know. You can't beat that combination!"

press box (overtime)

Bobble-mania!

by John Christian Hageny



What is it with these guys? You wait in line for hours on end to be among the first 1,500 fans through the gate to receive your very own bobblehead. Then, after a long day of stuffing your face with hot dogs, french fries and cold brews at the ballpark, you return home and place it on the shelf to collect dust.

Wow. What a thrill.

No Really. A few more of these and you could probably put your first born through college.

Bottom line is Bobble-Mania has arrived and is in full swing here in the United States. They are everywhere: at the ballpark, the arena, your local supermarket, commercials on TV and pop-up ads on the Internet. You can find bobble heads in your cereal boxes, fish sticks, tater-tots and teddy grahams. You cannot escape Bobble-Mania!

They are the next Beanie Babies or Cabbage Patch dolls. Remember them? And where are they now? Probably collecting dust on your shelf or going for hundreds of dollars on eBay.

The Portland Pirates and Portland Sea Dogs have caught on and have run a number of bobble head promotions this season to the delight of fans and collectors. The Pirates issued a Sebastien Charpentier bobble head earlier this year and the Sea Dogs have scheduled five bobble head giveaways this season.

- 6/23 Red Sox Outfielder Trot Nixon
- 7/17 Red Sox Starting Pitcher Derek Lowe
- 8/01 Red Sox Outfielder Johnny Damon

Nearly every professional sports franchise has jumped on the band wagon. Clearly, among the list of promotions such as trading cards, magnetic schedules, ballcaps and other giveaways, the bobble head doll is king. In a recent survey performed at the Eastern League (AA) Office of Professional Baseball the bobble head ousted every other promotional giveaway capturing 54% of the vote.

So years from now when your looking for that anatomically correct Pamela Anderson bobble head doll you can say you where there. You waited outside the turnstiles for hours to get your hands on one. I'll see you there. No really.

Sea Dogs Tops in Northern Division

by John Christian Hageny

The Portland Sea Dogs are in first place. Not knowing what to expect from a fresh crop of new faces, a new organization and a new-look ballpark, the city of Portland and its fans have been delighted to watch the Sea Dogs come running out of the gate winning 19 of their first 32 games including a doubleheader sweep of arch rival Trenton Thunder over Mother's Day weekend.

With 8 RBI in the two game set, outfielder Jeremy Owens set a Sea Dogs franchise record with two doubles and a couple of very convincing Home Run blasts.

The Sea Dogs have one game remaining in their series with Trenton before moving on to New Britain to face the Rock Cats.

It's been an offensive onslaught for Portland, scoring 10 runs or more six times already this season, four of those coming against the New York Yankees AA affiliate.

The only thing keeping the Sea Dogs from running away with the division are the close, one-run ballgames where Portland has fallen just short going 1-4.

A steady mix of clutch hitting and strong performances from both the starters and relievers has put the Sea Dogs where they are. Owens has been a pillar of stability leading the team in Home Runs (7) and RBI (27) to go along with a solid .301 batting average. Andy Dominique, Justin Sherrod and Tonayne Brown have been stellar as well. The Sea Dogs have been very active on the base-paths, as Manager Ron Johnson has been giving the green light stealing 28 bases while being caught just 10 times. Shortstop Nelson Castro leads the team with six.

A running team, something the Boston Red Sox have never really had, is a friendly blessing and something the Sox are looking on favorably.

Josh Stevens, Jorge De La Rosa, Greg Montalbano and Tim Kester have held the pitching staff together with a combined 10-4 record.

With summer in Maine approaching and the weather improving, the Sea Dogs have 26 home games in June and July, including the fourth of July weekend. With good seats still available, help support our 'Dogs in their quest for the Eastern League title.

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Movies

It Runs In The Family

Rated PG-13 for some drug use, sexual material and language. Even at a brief 101 minutes, it's too long, but has just enough good stuff to earn a three out of five star rating.

It Runs In The Family is a film about how seemingly cold and unfeeling fathers tend to produce the same tendencies in their own sons and their grandsons. And it's about the sense that none of the generations seems to be aware of their coldness, or how it affects everyone in their families. For that reason, this is an important and interesting movie. But it moves so slowly as it gets to the point that the lessons are nearly lost in the frustration of watching the disjointed and jumbled mess that most of *It Runs In The Family* presents to the audience.

Featured in the film are four members of the Douglas family: Kirk, as Mitchell Gromberg, Michael as his son Alex, Michael's son Cameron as Alex's son Asher Gromberg, and Diana Douglas, Kirk's first wife, who plays Evelyn Gromberg. This is the first film the elder Douglas made following his stroke and remarkable recovery of a few years ago. It is also the 86th movie made by the 86-year old actor.

The movie opens in the office of Alex Gromberg, a busy attorney in the law firm his father founded. The scenes change rapidly from father to son to grandson to wives, then back and forth so quickly that confusion reigns for most of the movie.

We learn that there is tension and fear of failure rampant in the Gromberg clan, existing side by side with a need to stand out from the crowd, to control the environment. One engaging aspect of *It Runs In The Family* are the husband-wife relationships between the Mitchell and Evelyn and Alex and Rebecca, (Bernadette Peters) in which the wives react markedly differently to the traits of their husbands—father and son who are almost emotional clones, while denying any similarity.

It's hard to describe the plot of the movie, because while

there may be one, it's well hidden. Screenwriter Jessie Wigutow seems to have gathered a handful of typical father-son-grandson problems and written a series of scenes that scratch the surface of emotion without making much of an impression.

At a Passover meal, the family gathers to celebrate and argue and find fault with one another, as often happens at holiday meals attended by members of dysfunctional but close-knit families. This is the first of about 45 minutes worth of scenes that should have been held back for the "Deleted Scenes" features on the DVD. After the meal breaks up into fighting factions, there follows chapter after brief chapter which are intended to explain why she is this way and he is that way and why no one gets along. We learn that 21-year old Asher is a drug dealer, 11-year old Eli, (Rory Calkin) the other son of Alex and Rebecca, is as uptight as his dad and nearly is emotionally inarticulate.

In one of the more charming moments of the movie, Evelyn insists that Mitchell stops watching a televised baseball game—his great passion—and come dance with her. Even though Kirk and Diana Douglas were divorced years ago, they've remained friends, and the ease of their screen marriage is a high point of *It Runs In The Family*.

But the real emotional punch, and the scenes that make this a worthwhile investment of a couple hours, are those with Mitchell and Alex. As father and son walk in a garden behind their home-town public library, Mitchell recalls how he first met his wife in this very place, selling cake at a bake sale. "I must have eaten six pieces before I got up the courage to

*** by Tom Keene

movie review



Three generations of the Gromberg family—Mitchell, Alex, and Asher (left to right)—are played by three generations of the Douglas family—KIRK DOUGLAS, MICHAEL DOUGLAS, and CAMERON DOUGLAS

ask her out."

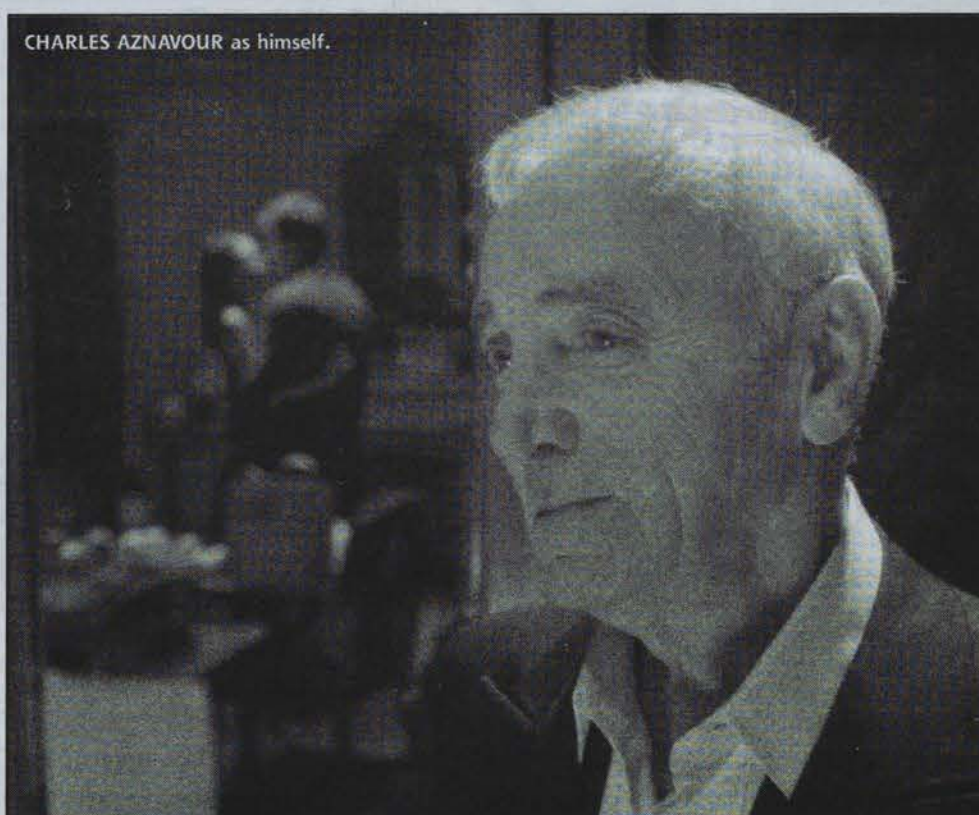
This takes place just days after Evelyn has died—sorry to reveal that, but it's inevitability is made clear early in the film—and Mitchell reveals his agony to his son, and the son reacts to it in a way made perfect by the fact that the words are spoken by a father to his real-life son.

"She was the best thing that ever came into my life. I can hardly even breathe without her," says Mitchell. These few moments in the garden are absolutely breathtaking, and are more than worth the price of admission.

As a whole, *It Runs In The Family* is too disjointed to be a great film, but its parts, especially those with Kirk Douglas and the former Mrs. Douglas, and the scenes with son Michael, make this a very interesting movie, as well as a solid lesson in letting go of the tight grip too many fathers hold on their emotions when dealing with their kids.

*** by Tom Keene

video review



CHARLES AZNAVOUR as himself.

Mancinni charming. But *The Truth About Charlie* is various shades of dark and darker, with music to match.

The story is the same in both movies, and it's quite interesting. A woman has been married for a very short time to a man she barely knows. He is murdered, and three of his associates, knowing he was holding a fortune that belonged in part to them, come to the widow, believing she must have the money. To the rescue comes a dashing hero—maybe. But maybe he's just another thug who's after the money too. The widow is tormented by the assaults of the greedy trio, and baffled about the identity of her rescuer. In addition, she's not at all certain of the legitimacy of the local police.

Most of the story in both films takes place in Paris, and that is about the only thing they share.

My suggestion is that you rent *The Truth About Charlie* on DVD, watch *Charade* first, then the remake. My feeling is that if you are over 40 years old, as I am by a bit or two, you'll appreciate *Charade* while dismissing *The Truth About Charlie*.

Those under 40 might not appreciate the original as much, but will most likely wonder why anyone would presume to remake *Charade*. Those who aren't familiar with the late Audrey Hepburn will probably rush off to rent every movie she made.

Inside scoop

Local website sells window graphics for autos

by Josh McDougall

The other day on Commercial Street, I saw a truck with a graphic of an American flag and Lady Liberty on the rear window. Intrigued I asked the driver where he had found the graphic. He introduced himself as Link Stevens and proceeded to tell me about his company that produces window graphics.

What is that? It looks like a big sticker.

It essentially is like a big bumper sticker that I call Clear Vues. They're printed on a vinyl material that has holes mechanically perforated into it. The vinyl was developed and is manufactured by a Canadian company. On the inside it is black and has an adhesive. The part that you see on the outside is white, on which an image is printed. The perforations make up about 30-50 percent of the material. From the outside, the holes blend with the colors producing an illusion of a complete image. This is possible because of the limitations of the human eye and how it perceives images from reflected light. From the inside of your car you can see out clearly because of the perforations on the black surface.

It looks similar to what is used on buses.

Yes, it is the same material used to wrap municipal buses to give them a billboard effect so you can place an advertisement on the entire surface of a bus. It's used in Las Vegas for promotions covering huge glass hotels, tour buses for rock bands, mobile tours, race vehicles and company vehicles.

When did you first come up with the idea for Clear Vues?

During the months following the attack on the Trade Towers of September 11, people were demonstrating their patriotism by putting American flags in their car windows. They were taping them up, painting them on, kids were drawing them, and they were using stickers. I was driving around and seeing everyone doing this. I started thinking wouldn't it be cool if I could do something with that large canvas that a rear window of a vehicle is—that wouldn't obstruct vision.

In my line of work we use the Window Perfect material. One day at work I saw a sample of the material and immediately a light bulb went off. I began to research the market and discovered that there were a couple of other companies doing graphics but not exactly what I had in mind. Their products were sort of one-dimensional, flat, airbrush art. I decided to take that concept to the next level and use high resolution action photography.



“Wouldn't it be cool if I could do something with that large canvas that a rear window of a vehicle is—that wouldn't obstruct vision”

Where do you find the photography for your graphics?

The photographers I use are published in magazines such as *National Geographic*, *Discovery*, *Field and Stream* and *Sports Illustrated*. Initially I went to a stock photography brokerage company in Portland where I found many specialized photographers who took pictures with themes like action sports, wildlife, landscapes or firefighting. Then without warning this company went under. I lost the ability to contact photographers to get high resolution images to print.

I thought it was the end of ClearVue Graphics. However, I was eventually able to contact almost every photographer and renegotiate rights to continue using the images. Because of this I gained the courage to approach other photographers and have since then continued to grow a library of compelling imagery. My best sellers are the Patriotic graphics but I also have many other kinds of images to choose from.

What made you decide to market your product primarily through the internet?

I've always been intrigued with the web. I have a friend who started an automotive information resource site that became profitable. I realized the staggering amount of people who use the web. The pool of customers is enormous. I also think the web levels the playing field between huge corporations and smaller companies. You can make your website look as viable and professional as any corporation.

I can do most of my work on my computer while sitting at my desk. It's very convenient. Everything is done through the internet. I do all of my research, shipping, inventory tracking and customer relations through the net and e-mail. It also means that my store is always open around the clock. There's no overhead. I don't have any inventory or sales people. I don't pay rent or insurance on a building.

What was the start-up process?

I built the initial website myself and got the whole thing going. I began marketing on e-bay—probably the largest e-commerce portal in the world—to test my product. I didn't sell a lot of product, because e-bay tends to be more of a buyer's market where a lot of

people are looking to buy for dirt cheap. But, it's hard to gauge how much exposure it gave me. Who knows how many people saw my product and became interested.

I did a lot of research myself on how to market products successfully on the internet. I learned the importance of optimizing my site for search engines. I found that most if not all of the sites that people go to are found through the major search engines, such as Google, Yahoo, Alta Vista, MSN, or Dogpile.

For a year I did a huge amount of research on how I could draw more traffic to my site. Initially I used the pay per click advertising with Overture. It proved to be very expensive but it was successful with putting me on the map. I was able to determine the most effective keywords one would use to search for my product or similar products on the web. For example the keywords: *auto accessories*, *auto graphics*, *window graphics* and *decals* literally get millions of hits.

Research shows that most people only look at the first three pages of a search query. That's about 30 websites. At first I wasn't even in the first 2 million pages. But now if someone types in *truck window graphics* on google.com my site comes up third. Currently I don't pay anything for about 150,000 page views per month.

Why did you get into the car accessory biz?

I've always been an automobile enthusiast. Restoring classic cars and muscle cars is something that I'm passionate about. I have a '64 Plymouth that I restored, and in the process I realized that there are millions of people who are passionate about their automobiles. They don't view their vehicle only as a means of transportation but as something more personal—an extension of themselves and their personality. Many want to personalize their vehicle. Through my interest in restoring cars and knowing what it takes and costs, I know that people are more than willing to spend money on their car.

I've received several e-mails saying that they can't wait to get their graphic because no one else in town has one. The only problem is they won't tell other people where they bought it, because they want to have the cool car. So word of mouth advertising hasn't been the best with my product.

For more info visit ClearVueGraphics.com.

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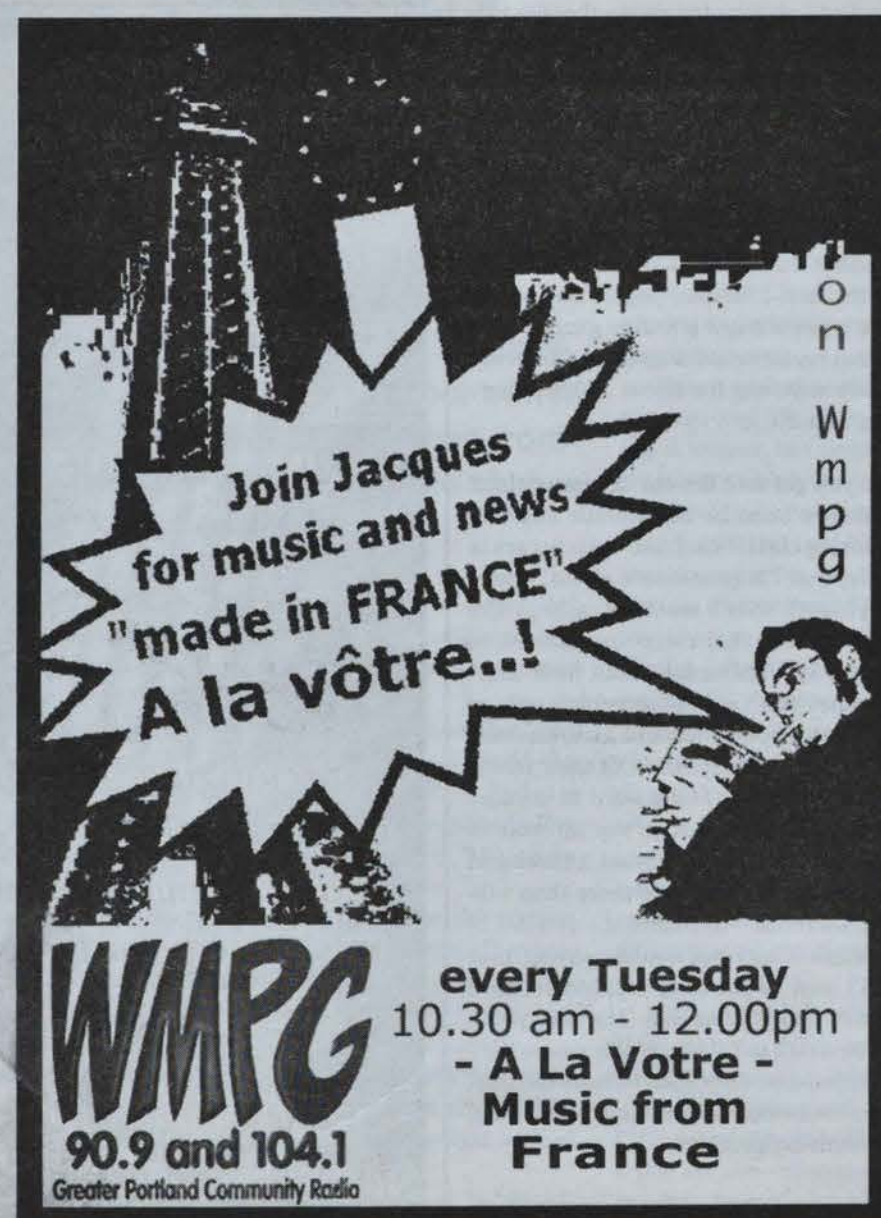
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Books LINCOLN'S VIRTUES: An Ethical Biography

By William Lee Miller

Reviewed by Alan R. Nye, Esq.

Abraham Lincoln is without question one of the most revered figures in our nation's history. During his term as President, the Civil War ravaged the country, slavery was abolished, and he was tragically assassinated. All these dramatic events have rightly added to his lofty reputation. But how did this poor, humble, unschooled, common man rise to become our most widely respected President and save the Union?

In this wonderful book, Miller shows us how Lincoln was both a great man and an ethically good man. Lincoln's Virtues traces the moral and ethical development of Lincoln and how he chose to consciously shape himself as a writer, speaker, politician and leader.

It's interesting to note that Lincoln was unique even as a young man.

"In a society of hunters, Lincoln did not hunt; where many males shot rifles; Lincoln did not shoot; among fishermen, Lincoln did not fish; among many who were cruel to animals, Lincoln was kind; surrounded by farmers, Lincoln fled from farming; with a father who was a carpenter, Lincoln did not take up carpentry; in a frontier village preoccupied with physical tasks, Lincoln avoided manual labor; in a world in which men smoked and chewed, Lincoln never used tobacco; in a rough, profane world, Lincoln did not swear; in a social world in which fighting was a regular male activity, Lincoln became a peacemaker; in a hard-drinking society, Lincoln did not drink; when a temperance movement condemned all drinking, Lincoln the non-drinker did not join it; in an environment soaked with hostility to Indians, Lincoln resisted it ... in a southern-flavored setting soft on slavery, Lincoln always opposed it; in a white world with strong racial antipathies, Lincoln was always generous to blacks; in an environment indifferent to education, Lincoln cared about it intensely ..."

This book covers the period from Lincoln's birth to his inauguration in 1861. But it would be wrong to presume that this is merely a chronology of Lincoln's accomplishments. The thrust of this book is a close examination of Lincoln's character and how he developed a consistent stance in opposition to slavery.

From 1854 until he was elected as President in 1860, Lincoln's speeches and writings concentrated exclusively on slavery. Though his term as a Congressman had ended in 1850 and he had spent more than four years absorbed in his law practice while ignoring politics, he reentered national politics to combat slavery. Though he held no political office, it was during these years that he engaged in the now famous debates with

Senator Stephen A. Douglas.

The essential difference between Lincoln and Douglas was that Lincoln believed slavery to be morally wrong, and Douglas did not. Ten years later as President, Lincoln wrote in a letter to a Kentucky newspaperman, "I am naturally anti-slavery. If slavery is not wrong, nothing is wrong. I cannot remember when I did not so think and feel."

Make no mistake about this book. Miller is unabashedly a Lincoln fan and his writing shows it. This book is not "light reading." The moral issues discussed show the deep thought Lincoln put into his views and often require the reader to think similar thoughts. I enjoyed this book in small doses - and of

"This book reveals Lincoln to be a man, not a saint. Though he was a human being with weaknesses like all of us, his strengths - combined with his deep and unwavering moral core - were what made him great."

ten found myself reading short passages and thinking about them for hours afterward.

This book reveals Lincoln to be a man, not a saint. Though he was a human being with weaknesses like all of us, his strengths - combined with his deep and unwavering moral core - were what made him great. This enlightening book is a must read for any Lincoln devotee. Even for those who may never have read a biography of our Sixteenth President, this book will be deeply moving. Through Lincoln's speeches and writings, Miller graciously allows the reader to appreciate both the depth of Lincoln's intellect and the scope of his many accomplishments.

This highly revealing view of the development and solidification of Lincoln's character allows the reader to see how this common man became one of the most respected persons in American history. One can only hope that Miller will write another book concentrating on the years that Lincoln was President. If so, reserve my copy now.

Lincoln's Virtues: An Ethical Biography by William Lee Miller. Alfred A. Knopf, a division of Random House, Inc., New York. \$30.00 515 pages; ISBN 0-375-40158-X (2002).

Alan R. Nye is a Portland based attorney and a regular contributor to CBW.

paw print Speak—Charlee—Speak

by Nancy Freedman-Smith

Dear Charlee: I hate the mail carrier, and just about anyone that shows up at my house with a hat or uniform. I am very proud of myself when my fierce barking and jumping makes them go away. Abby (my human) barks with me, and then I get scolded and sent to the corner. What is wrong with her?

Scrappy

Dear Scrappy: You have a really bad case of Mailman Syndrome. Basically that means that you think your behavior made the people go away. Abby's behavior is only elevating yours. She is raising her voice at you, and that is feeding into your protectiveness, and heightening your unease. You think she has joined in the hunt so to speak. Well, she hasn't, and yelling is not going to help you, only make matters worse.

There are a few different ways to approach this, but here is your first step. She needs to help you get control of yourself before the next incident. That means obedience training. Dogs cannot be allowed to meet and greet and decide who is OK and who is not. With a clear leader, and clear rules when someone comes to the houses, you will find that you are more relaxed overall.

I have a station at the door. That means that I sit stay, or down stay while she does the meeting and greeting. She is always telling people that if ever a bad person did come to the door, they would think twice before entering after seeing how well behaved I was. They could never be sure if I was protection trained or not, and are unlikely to want to find out.

She needs to learn you before the intruders arrive. She also needs to find someone who can help her set up a situation similar to the ones that upset you so. In this setup, a delivery type person would come to the house, and stays until you are quiet. If this person could toss you treats when you are quiet, all the better. If you start to carry on as they leave, they stop and wait for you to settle. But please have her be careful that no one gets hurt. No need for this person to ever try to pet you. This will need to be repeated often in the beginning.

Are you allowed on the furniture? That would be a huge no-no for a dog acting such a fool. Especially if there is furniture where you can look out a window. We dogs think we are in masters of all we survey.

Positive reinforcement training, with lots of good treats, will really help to counter condition your responses. There is no need for harsh corrections. It wouldn't hurt if she wore scary hats around the house either. Good luck.

Dear Charlee:

I am so confused. I am writing you from the basement where I have been forever. When my people come down

here, they are carrying a pan. They yell and bang at it, and are so mean. They never acted this crazy before. Then they howl even louder when they see I have had accidents. I am so hungry. That pan once held the most wonderful meat I have ever tasted. What is going on? I miss sleeping with the family on their bed. It is cold and lonely down here.

Raven Ous

Dear Raven: I do not need to be Sherlock Bones, to figure out they are upset because you ate their food. What they do not understand is that you have absolutely no idea what your crime is, and by punishing you anywhere but at the scene of the crime while you are committing the act, is cruel. I have been in your paws before and I understand all too well that you have no idea what you have done. They also do not understand that your concept of time is different from theirs. Once we dogs get off our routine, we really have no idea how long we have been banished for. Only the most brilliant of canines (myself...maybe) could make the connection. Only the most brilliant of dogs would actually know they are in the basement for eating human food. You see they think we are remorseful, because we look remorseful. But really we are just reacting to the way we are being treated and trying desperately to get back into the pack, and their good graces.

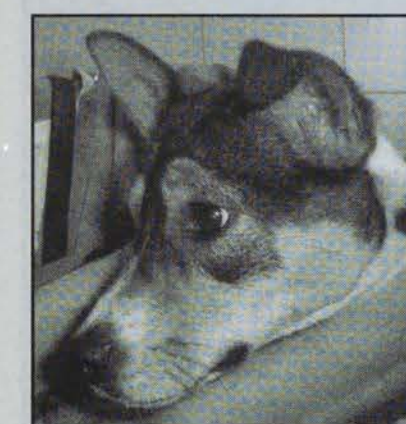
They are upset for a few reasons. First of all, you ate the food of the top dog. Either you were really hungry, have no respect for them as leaders, or they never taught you leave it! Self control can be really tough...I know. Recently I had a wonderful encounter with cornedbeef and cabbage. I was sick for 3 days. I know you must be feeling quite ill, and that makes it all the harder for you. Don't they know that when dogs are sick, they are not responsible for house soiling? Would they lock a human child in the basement when they are sick from eating too much candy?

I hope in the future they take the time to teach you self control. Have you been taught the command "leave it"? Until you have learned proper self control, they need to keep you safe from things that could make you sick by keeping their food out of your reach. You didn't say where the pan used to be held, but baby gates may be in order here until everyone gets their act together. You didn't mention you were a counter surfer. If you are, I hope your family takes the proper steps in training you to be a good citizen.

Charlee is a rescue dog living in Portland with her owner/professional trainer Nancy Freedman-Smith. Speak-Charlee-Speak will appear monthly and they welcome your questions at Gooddogz@aol.com.

Charlee loves her mail carrier Heidi, who always tells her how smart, sweet and beautiful she is.

Adopt a Pet: Maeve by the Animal Refuge League



This excerpt, taken from a website called Basenji Crossroads, sums up little Maeve, a 1 year old Basenji mix: "The Basenji is the imp of the canine world. She is stubborn, creative, loving, wily, a lowdown clown, or an otherworldly creature sent to entertain, annoy and enchant her willing human slaves. She is not a dog for those who want a guardian of the hearth, an obedient servant or a pile of fur in the corner. She digs, climbs, she chews, she'll trash the house if bored. But, if you are one of the rare people who treasures a dog that can outthink you, outrun you, and do so with a gleam in her eye, then you will find yourself hopelessly entangled in the wonderful world of Basenji's."

Loved and adored by her former family Maeve's high spirits and independent streak did not mesh with her family of young children and frequent visitors. Not a snuggler or lap dog, but a dog who cherished her special people, Maeve, like all Basenji's, marches completely and utterly to her own drummer. Maeve is wary of strangers and prefers women to men and boys. Basenji's can be noisy, and Maeve will whine, yodel, and scream when the spirit moves her; not a good choice for apartment dwellers. Basenji's can be challenging to train, and Maeve does not begin each day thinking, "How can I please my family?" Maeve is loving, fun, enchanting, energetic, wily and intelligent. She is a special dog for a unique owner who adores the impish, clown like ways of her breed!

Maeve is available for adoption from the Animal Refuge League, 449 Stroudwater Street, Westbrook. (207) 854-9771 or www.arlgo.org.

Ad Club What are the latest trends in Marketing?

Marketing trends across the consumer spectrum will be the topic of a panel discussion at the next Ad Club luncheon on Thursday, May 29th, 11:30 am - 1:30 pm at the Holiday Inn by the Bay.

An array of experts will speak about recent trends various sectors of the economy. Panelists include: Shepard Lee, chairman of the board, Lee Auto Malls, Auburn & Portland; Kathryn M. Weare, CEO/Innkeeper, The Cliff House Resort & Spa, Ogunquit; Sue Hammerland, marketing consultant for Maine Cottage Furniture; Steve Hewins, owner, Hewins Carlson Wag-onlit Travel; David Holmblat, director of advertising, L.L. Bean and Sam Ladd, president/CEO of Maine Bank & Trust. MaryEllen Fitzgerald, president of the market research firm Critical Insights will moderate the discussion.

To reserve your seat, call Meghan Casey at 829-2096 or email at mcasey@maine.rr.com. Reservation deadline May 23.



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Female Seeking Male

31-YEAR-OLD, PETITE SWF, blonde/blue, likes playing cards, dancing, music, very honest and caring, loves to laugh. Looking for N/S, attractive SM to share interests and future LTR. #85160

46-YEAR-OLD SWF SEEKS SWM of any age, who likes movies, walks, dinners, traveling, hanging out with friends and many other things. #85043

ATTENTION WORTHY, CARING, attractive, good-natured, petite, health professional. Yearning to share journey with kindhearted, honest, outgoing, available, secure professional. Sense of adventure, positive outlook, good health, light baggage mandatory. Enjoy ocean, cross-country ski, live entertainment, snowshoe. Please be N/S, 40-60. #85008

ATTRACTIVE DWF, LATE 40s, 5'8", seeks clean-cut SM, late 30s to early 50s, for LTR. Loves good movies, dancing, dining, cooking, boating, fishing, camping, picnics, scenic walks or drives or just cuddling in front of a good movie. Portland. #85032

ATTRACTIVE 35-YEAR-OLD, BLONDE/BLUE, seeks 35+ SWM for summer fun, possible relationship. You: financially secure, nice and attractive. #85029

DANCE WITH ME! DWF, upbeat but laid-back, beautiful smile and dimples, seeks slender Male, 5'3"-6', 30-60, clean-cut, easygoing but energetic, financially secure and knows how to treat a Lady. Short beard, mustache ok. Very little body hair, please. Call for more! #85058

IF YOU LIKE a variety of food, music, fun, adventure, travel, movies and shows, you might like me, too! I am slender, attractive, baggage-free, with no children, looking for a real relationship, race unimportant. I'm a very young 44-year-old, N/S, L/D. #85025

INCURABLE ROMANTIC, 1940s baby, seeking my true north for a shared passion for life and the ocean, love, affection, travel, golf (learning) and/or tennis. Sailing a plus. Family. #85041

INGENUOUS, CENTERED, ART enthusiast, DWPf, 55, silver/brown, 5'4", size 16, L/D, enjoys Monhegan, jazz, eclectic cuisine, gardening. ISO honest, sharing S/DWPM, 50s, stable work and home, N/S, with mental and physical health, SOH, interests, inquiring mind, for LTR. Portland area. #85054

INTELLIGENT, APPRECIATIVE, LAUGHING, deep, honest, musical, dancing, reading, animal loving, natural world absorbing Woman, 49, great smile, committed to social justice (ok sometimes frowning). Seeks thoughtful, smart, but not knowing it all, nationalism hating Man, 38-65, for long relationship. #85061

IT'S BEEN A lonely winter, hope the summer is not the same. SWF, 44, 5'7", homeowner, pool and lots of wood. Looking for the big bad wolf to chase me around. Be tall, handsome and financially secure. #85047

LET'S MEET! ARE your nights cold like winter? Let's get together like summer. SWF, 43, enjoys walking hand in hand, roller skating, movies, dining out, dancing and car racing. ISO SWM, 33-53 with similar interests, for friendship, LTR. Portland area. #85011

LOOKING FOR MR. Right. Plus-sized SWF, 43, 5'9", brown/hazel, enjoys dining in or out, slow dancing, walks on the beach, quiet evenings, cuddling and holding hands. Desires S/DWM, 40-50, for friendship, LTR. Portland area only. #85007

PLUS-SIZED SWF, 34, seeking SWM, 35-50, who enjoys outdoors, laughing, walking and just having fun. #85164

SENT FROM ABOVE, Ready to meet you. Me: cute, adorable, cuddly, spiritual, passionate, creative, lover of outdoors, especially the ocean, entrepreneur. Are you thirtysomething, too? Secure in self, smart in life, kind, spiritual, romantic, funny, affectionate. Come find me. #85005

SWF, 38, LONG blonde/blue, smoker, loves NASCAR, Jeff Gordon and whatever comes along. Wishes to meet nonjudgmental, open-minded Man, light smoker and drinker ok, for good times. #85178

WANTING TO BUMP into you isn't working so I'm writing this ad to you. I'm 50 and only now looking for my soulmate who's real, genuine and open. Find me! #85189

Male Seeking Female

24-YEAR-OLD SWM looking for WF, 21-30. I'm funny, intelligent, well-read, seeking the same for relationship, possible long-term. #85153

Male Seeking Female

27 YIO SWM ISO SWF, 26-29, for dating and relationship. Preferably N/S, N/D, healthy. No games. #85059

37-YEAR-OLD, VERY NICE, handsome, intelligent, athletic and financially secure. Enjoys skiing, golfing, sports, fitness and being with friends. Seeks slender, sexy, intelligent, fun, 25- to 37-year-old SWF with similar interests, for dating, possible LTR. #85013

A HOME AND a relationship. ISO a loving young Lady for a lasting relationship. I'm handsome, 40s, romantic, easygoing and willing to share my life and my home with a loyal Lady. #85018

ATTRACTIVE, EASYGOING SM, widower, 46, good sense of humor, open-minded, outgoing, zest and passion for life. Looking for Lady with same. Enjoy long rides, music, walks on beach, mountains. Looking for Lady who's also sensual, passionate and romantic, as I am. #85175

CARING, HANDSOME, ADVENTUROUS SBPM, 47, well-traveled, funny, well-educated. Seeking WF for friendship and relationship. (CT) #85057

DOESN'T MAKE SENSE, Why I can't find a unique, adorable, sharp, extremely romantic, bighearted young Lady? I'm the same, self-employed, 40, successful, lots of fun, seeking my partner, best friend for finer things. Cia bella. (MA) #85009

DWM, 35, SEEKING SF between 18 and 40, for dating, possible relationship. I enjoy camping, outdoor activities, going out or just staying home. #85172

FINANCIALLY SECURE DWM, 50, honest, humorous, tall, solid values, enjoys bookstores, music, conversation. Seeking cheerful, H/W/P S/DWF, no dependents. (VA) #85046

GREAT QUALITY TIME and great benefits. Are you absolutely, positively looking for someone? Are you 40-60, n/s, n/drugs, light drinker? Are you fit, decent, honest, loyal, dependable, open, flexible, outgoing, communicative and romantic? I'm all of that plus. It's your move. #85003

HI, LADIES! DOWN-TO-EARTH, spontaneous, honest, caring, 49-year-old Male, 6', 170 lbs, brown/brown, 36" waist, one-Woman Man, certified PC tech, well-educated, honorably discharged from service in '74, many varied interests. Looking for lovely Lady to spend time with. No games. #85151

LOOKING FOR FEMALE, laid-back, easygoing, as I am. Looking to have some fun this summer. #85001

LOOKING FOR S/Df, 40-52, N/S, no drugs, occasional drinker, kids ok. Must enjoy movies, television, long drives. Will respond to all. #85183

LOOKING FOR NICE Girl, 25-30, medium build, 120-150 lbs, nice heart, soul and personality, outgoing, funny, happy, fun-loving, who enjoys outdoor and indoor activities. I'm 30, beautiful heart and soul, honest, hardworking and responsible. #85063

NEAR WATERFORD, ISO S/DWF who is artistic, honest and chemical free. I live in the woods without electricity. 35-year-old DWM who is kind, intelligent, with a good dry sense of humor. #85010

ROSES, CARROT CAKE, SWM, 6'1", grayish hair and beard, light blue eyes, physically, emotionally and spiritually fit, SOH, romanticist. Seeking attractive SWF, 49-55, who is also seeking a partner and knows she deserves love and nothing less. #85154

SM, 48, 5'10", 175 lbs, vegetarian, N/S, looking for yogi/soul-mate. Other interests: international music, fiddle, cinema, hiking, camping, woods, mountains, plain living, high thinking, reading, beaching, leftist politics and love. #85162

SWM SEEKING A SWF for discreet relationship. Nothing serious, just friends. Let's talk, meet and get together and see where things go. #85157

VEGETARIAN, 43-YEAR-OLD SWM, wacky sense of humor, cycles, swims, likes film and theater. Looking for vegetarian Woman who likes to laugh, isn't afraid to cry and states her needs. Must like dogs. #85188

VERY HANDSOME MAN, 45 (look 30s), 6'4", 195 lbs, nice build, funny, intelligent, caring, very successful, outdoors person. Looking for pretty Lady with beautiful eyes, slender, outdoorsy, intelligent and sweet. #85040

WANTED: WOMAN OVER 50, 37-year-old Male, brown/green, athletic, N/S, spiritual and want to enjoy good times together. #85179

Alternatives

M to M

BRUNSWICK AREA, HUMOROUS, young-looking GWM, 52, 5'6", 165 lbs, brown/brown, ISO honest, sincere, loving SM, 45-55, N/S, N/D. Call me and let's get together. All calls will be returned. #85152

DATING AND LOVE, GAM, professional, 33, 6'1", 185 lbs, warm, sincere, caring. Looking for the same in W/AM, 25-40. #85055

DECENT GUY ENJOYS work, passionate about interests, like to meet someone to share them, easygoing, enjoy going out and having a good time with friends. Interests: brunch on Sunday, movies, plays, new restaurants, cycling. I'm masculine, fit and looking for same. #85065

GM INTERESTED IN sharing mutual enjoyable times, varied interests. Me: 5'10", 210 lbs, n/s. You: 36-56, n/s. Not into the bar scene. Call with details. #85185

I'M A 40-YEAR-OLD, masculine Male hoping to meet Male, 50+, who is also mature and comfortable with himself, for meeting and possible LTR. #85156

WESTBROOK AREA, GWM, 50, seeking slim, sexy B/W/M, 18-40, for companionship and good times. Discreet. Hurry and call #85051

YOUNG 41-YEAR-OLD GWM, father, spiritual, humorous, N/S, N/D, professional, offers honesty. ISO dating small-to-medium-built Male, 30s-40s, who takes care of himself and knows who he is. Ultimately searching for LTR with the Man who has been searching for me. #85048

YOUNG GAY MALE, 18-25, needed for attractive, healthy BM, 60. I am a stay-at-home Man who enjoys movies, sports and your services. Be healthy, feminine and no attitudes, under 5'8" and no overweights. #85173

F to F

ADVENTUROUS UNCONVENTIONAL TYPE seeking platonic similar(s). Mission: explore known universe. Love world music, international cuisine, foreign film, multicultural events, communing with nature and cats. Humanoid, 43, fat, nonsmoking, pro-peace, atheist. Please also be humanoid, cat-loving, nonsmoking and pro-peace. #85049

Wild Side

43-YEAR-OLD MARRIED BIM looking for well-equipped BIM playmate for possible long-term friendship and hot times. No Gays. #85169

ASIAN WOMAN, WHAT is your pleasure? Let me relieve you of your desires. This BM will give you a complete sensual pleasure. Be healthy as I am. No drugs. I'm very experienced, 5'9", 200 lbs and a healthy 60. #85194

ATTENTION, SWINGERS! WE are a healthy, fun-loving Couple in the market to meet swingers or eligible Men to enter our relationship for sex only. Prefer southern Maine. Hubby will do all interviews. Hubby is straight. Wife needs fulfillment. #85060

ATTENTION, MEN! WE are a Couple in search of Men to enter our relationship for discreet healthy sex. She's 5'2", 135 lbs, brown/blond green. He's straight, mainly into fulfilling my wife's desires. Hubby will do all interviews! #85067

ATTENTION: NUDISTS, 38-YEAR-OLD PM, 6'1", 190 lbs, seeking other attractive Males or Females under 45, who enjoy nudity indoors or out. Gay, Bi or straight. Let's have some fun under the sun this summer. No Widows. #85028

BI WHITE MALE, 45, 6', 190 lbs, into cross-dressing, seeking others who are also into cross-dressing. #85161

BICOUPLE SEEKING BIFEMALE for kinky fun. We love adult movies and toys. We are discreet and healthy. Age and race not important. Let's get together. #85016

FIFTYSOMETHING MALE, 6'2", 200 lbs, quiet introvert but personable and healthy. Desires to meet an independent, H/W/P Woman for mutual fun, pleasure and hopefully LTR. #85036

Alternatives

FOR LIGHTHEARTED FUN and sensual endeavors. 50-ish DWM wishes to meet intelligent, attractive, passionate, n/s Lady to create a discreet and singular bond. Patience, great hands and gentleness are just some of my assets. What are yours? #85180

GOOD-LOOKING, MASCULINE MALE seeks the same for Male bonding. No strings attached. I'm 34, 6'2", 190 lbs, brown/blue. N/s and easygoing (you be, too). Discretion guaranteed and expected. #85044

HELP ME SEDUCE my wife. She's tall, slender, attractive, excitable and healthy. We're in love, in 50s and ready for a little spice. You be attractive, healthy and discreet. M/F considered. Let's conspire to seduce. #85159

I'M IN THE market for a straight Male to help me fulfill my wife's needs. She's 5'2", 135 lbs, with brown hair and big green eyes. Age is not a problem but would like to see some of those well-endowed Men. #85052

LADIES! IF REACHING sexual climax is important to you, then give me a call. Satisfaction guaranteed. You will want to cum again and again. #85184

LADIES, HAVE you been naughty? Would you like to be taken across my knee and have that tush spanked? Call me! #85187

MARRIED MALE, 50, seeks one Woman to share time with. Tired of the lonely empty feeling of a nonphysical relationship. If you care to have to a relationship without strings and complete discretion, let's talk! #85191

MARRIED WHITE FEMALE looking for SM playmates, 25-50. Must have many interests to keep me entertained. Looking for friendship, not one-night stand. #85171

MARRIED WHITE COUPLE, She: 40, He: 47. Both attractive, healthy, fit, nice bodies and personalities. Seeking same in Bif, Bi Couple for friendship and discreet fun. #85182

MWM, 34, 5'10", 170 lbs, brown/green, Italian, well-endowed, looking for Female who can cook as well as me. Homeowner, grr! #85062

PORTLAND AREA Bi Couple, nudists, fun to be with and very open. Looking for other Bi Couple, BIM or Bif, 45+, #85045

SECOND INPUT NEEDED, Married Couple seeking Male, 20-40, to satisfy her needs, for second input and to spice up our relationship. Prefer well-endowed. Other interests are dining out, adult movies and nude sunbathing. All calls returned. Serious only. Couples also welcome. #85064

SEEKING ONE MATURE Lady (preferably Married) for a creative relationship, with a very Married, attractive, young 50s Gentleman. Absolute discretion guaranteed. #85037

SWM, 29, 6'4", husky build, long brown hair. Looking to meet Women or Couples interested in role-playing and Ophelia additions for fun and frolic. I am real, you be, too. #85195

TEACH ME HOW! Tall, thin, 40-year-old DWM looking for Man to please. Seeking sharp dresser, well-groomed playmate to instruct me while I perfect my oral skills. #85192

UNBELIEVABLE, EXTRAORDINARILY ATTRACTIVE, pre-op, 40-year-old Hispanic and Indian wishes to meet someone for a long-term monogamous relationship. 45-50. #85024

VERSATILE TOP, CLEAN-CUT, well-endowed, 39-year-old GWM, (30 minutes north of Portland). ISO twenty-thirtysomething, clean-cut, well-endowed GWM. Possible LTR with the right Male. You got to know what you want out of life...because I do! #85056

VERY DOMINANT, STRICT BM, 40, sensitive, handsome, well-groomed, new to Maine, desperately seeking Couples: Black, White or interracial, for fantasy fulfillment for both parties, adult fun and much more. Please be clean-cut and healthy. All Women must be 180-280 lbs, 30+. #85020

WICCAN PRIESTESS, I will be a faithful member of your cloister. I'm healthy, handsome, discreet and easygoing. Let me share your mysterious coven and enjoy the great pagan rites. #85019

WIM, 48, SEEKS contented, slender, sensual, spirited, spontaneous She/ie, any race, 30-50, for happy, monogamous LTR. Simple, quiet, rural life with respect, peace, humor, art, creativity, books, museums, mountains, oceans and exploring new challenges. All calls returned. Freeport, Brunswick area. #85181

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quality time

Kids' korner

by Ben Allen

Hi! It's time to go down to the bowling alley! Yankee Lanes is my subject this week. This is a great place to go with your family and friends for a fun get-together. Yankee Lanes is easy to get to. Go out Forest Ave, past McDonalds, and keep going until you go under the 95 bridge and turn right on Riverside St., past Tortilla Flats Mexican Restaurant. Yankee Lanes will be on the right a little ways down the road. Inside, there is a video game arcade, a restaurant, a snack bar, a party area, and, of course, 32 bowling alley lanes! On weekends, the best part happens: Glow Bowl! From 10:15 pm till 1 am, Yankee Lanes turns on the black lights and gets the party started! The balls glow in the dark, the disco balls start up, the tables glow with hidden pictures, and the hot music gets going! If you get lucky and go when someone is having a birthday party, they also do Glow Bowl at that time. I give Yankee

Lanes 4 out of 5 stars.

Next, one of my favorite restaurants: Marcy's Breakfast and Lunch! Marcy's is, in my opinion, the best restaurant in Portland. The servers are very friendly and helpful, and it is not very hard to get to know them well. The food comes out quite fast, so you can enjoy your meal, even if you are in a hurry! Marcy's is open for Breakfast and Lunch only. And if you want, you can get breakfast at lunchtime or lunch at breakfast time!

And finally, the final place I will talk about today is Phantom Kitty Komix, next to Marcy's! This is a small comic book store. The people who run it are very friendly. This is a good place to go to find that toy that you never got a few months ago from Burger King or McDonalds. Phantom Kitty Komix carries lots of toys from BK and MD, and I find it a very useful place to go.

See ya next week!

Funny bone

Jokes & Riddles

Q: How do crazy people go through the forest?

A: They take the psycho path

Q: What lies at the bottom of the sea and twitches?

A: A nervous wreck

Q: Why couldn't the Pirates play cards?

A: Because the captain was standing on the deck.

Q: What's the definition of "perfect pitch"?

A: Throwing a singer into a dumpster without hitting the rim.

Points to ponder

Why is the word abbreviation so long?
Should vegetarians eat animal crackers?
If a turtle doesn't have a shell,
is he homeless or naked?

Finding great jokes each week isn't easy. So, from now on, we are asking other kids to send in jokes for this page. We can't guarantee that your joke will make it in the paper. But, if it is a great one, we will do our best to get it in. Remember, all ages of kids read this page, so please keep the jokes suitable for family reading. Just send your submissions to cbw-pub@maine.rr.com. Type "jokes" in the subject box of the e-mail and your name at the end of the joke.

A big part of the way life should be is sharing time with others. Kids discussing what's up at school with their parents, co-workers sharing a joke, chatting with a stranger in the checkout line—that's building community, one moment at a time. Towards that end, we devote a page every issue to humor & puzzlers for all ages. We hope you'll share them with whoever's sitting across from you as you read this—whether it's your son or daughter or the guy at the bus stop.

Crossword

ACROSS

- 1 Hurry
- 4 Civil Rights Commission (abbr.)
- 7 Egg (pref.)
- 10 Andes' cold higher region
- 11 Pronoun
- 12 "Lorna Doone" character
- 14 Gushing
- 16 Machine gun
- 17 Flying saucer
- 18 Body of water
- 20 Equal Rights Amendment (abbr.)
- 21 Afr. eye-worm
- 22 Sound of a bell
- 24 Song of praise
- 27 Evolve
- 30 Anatomy (abbr.)
- 31 Temporary fashion
- 32 Alb. (arch.)
- 33 Jewish month
- 35 Caucasus

people

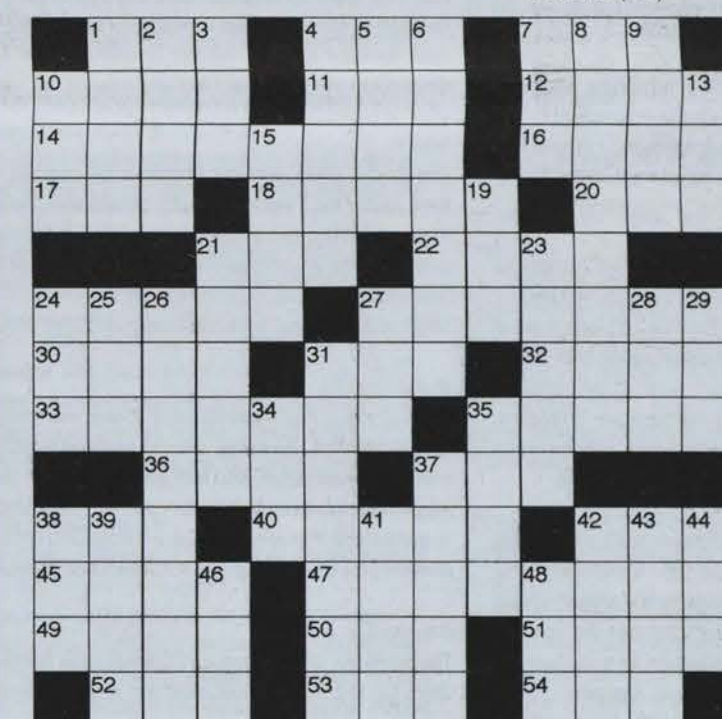
- 36 Nipple
- 37 Fluidity unit
- 38 Compass direction
- 40 Portable chair
- 42 Question starter
- 45 Killer of Abel
- 47 Castle (2 words)
- 48 Fire (pref.)
- 50 Rubber tree
- 51 Health
- Opportunity for People Everywhere (abbr.)
- 52 Soft drink
- 53 Repose
- 54 Teacher of Samuel

DOWN

- 1 Fit of sulks
- 2 Information (abbr.)

ANSWER TO PREVIOUS PUZZLE

S	A	I	S	K	I	M	A	C	C	T
A	G	A	G	I	R	A	S	H	O	E
M	I	N	D	A	N	A	O	H	A	R
A	B	A	G	E	N	R	E	R	D	A
J	A	T	I	S	H	I				
C	I	P	O	L	I	N	S	A	T	A
E	L	U	L	C	O	M	D	E	C	A
A	E	R	I	E	M	A	J	E	S	T
C	E	L	T	R	A	S				
H	R	H	F	A	L	L	S	I	A	O
Y	E	A	N	M	O	I	S	E	Y	E
E	A	S	E	I	B	N	L	A	R	A
T	R	E	E	L	E	E	A	R	I	L



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"As far as we can discern, the universe is a very SILLY place." A. Einstein

for the record

ABOUT AMATEUR RADIO SERVICES

The amateur and amateur-satellite services are for qualified persons of any age who are interested in radio technique solely with a personal aim and without pecuniary interest. These services present an opportunity for self-training, intercommunication, and technical investigations. Twenty-seven small frequency bands throughout the spectrum are allocated to this service internationally. Some 1,300 digital, analog, pulse, and spread-spectrum emission types may be transmitted.

Millions of amateur operators in all areas of the world communicate with each other directly or through ad hoc relay systems and amateur-satellites. They exchange messages by voice, teleprinting, telegraphy, facsimile, and television. In areas where the FCC regulates the services, an amateur operator must have an FCC or Canadian license. FCC-issued Reciprocal Permit for Alien Amateur Licensee are no longer needed. Reciprocal operation in the U.S. is now authorized by Section 47 C.F.R. § 97.107.

All frequencies are shared. No frequency is assigned for the exclusive use of any amateur station. Station control operators cooperate in selecting transmitting channels to make the most effective use of the frequencies. They design, construct, modify, and repair their stations. The FCC equipment authorization program does not generally apply to amateur station transmitters.

OPERATOR CLASS & EXAMINATIONS

The FCC has issued six types of license operator class, each authorizing varying levels of privileges. The class for which each licensee is qualified is determined by the degree of skill and knowledge in operating a station that the licensee demonstrates during an examination to volunteer examiners (VEs) in his or her community.

Most new amateur operators start at the Technician Class and then advance to the General Class or Amateur Extra Class operator license. The VEs give examination credit for the license class currently held so that examinations required for that license need not be repeated. The VEs construct the written examinations from question pools that have been made public. Helpful study guides and training courses are widely available.

The FCC issues six license classes, each authorizing varying levels of privileges. The class for which each licensee is qualified is determined by the degree of skill and knowledge in operating a station that the licensee demonstrates during an examination to volunteer examiners (VEs) in his or her community. Operator class license classes are: Technician, General, Amateur Extra and the Grandfathered Operator Classes: Novice, Technician Plus and Advanced.

Current Operator Classes

Most new amateur radio operators start at the Technician Class and then advance to the General Class or Amateur Extra Class. The VEs give examination credit for the license class currently held so that examinations required for that license class need not be repeated. The VEs prepare the written examinations from question pools that have been made public. Helpful study guides and training courses are widely available.

Technician

The privileges of a Technician Class operator license include operating stations while transmitting on channels in any of 17 frequency bands above 50 MHz with up to 1,500 watts of power. To pass the Technician Class examination, at least 26 questions from a 35 question written examination must be answered correctly. A Technician Class licensee who also has passed a 5 words-per-minute (wpm) telegraphy examination receives privileges in four long distance shortwave bands in the HF range (3-30 MHz) (Refer to Section 97.301).

General

The General Class operator license carries privileges in all 27 bands. Upon accreditation by a Volunteer-Examiner Coordinator (VEC), an individual can help administer certain examinations. In addition to the above written examination, the requirement includes a 35 question written examination for which 26 correctly answered questions is the minimum passing score. A telegraphy examination at 5 wpm must also be passed.

Amateur Extra

The privileges of an Amateur Extra Class operator license include additional spectrum in the HF bands. In addition to all of the above written examinations and telegraphy examination, the requirements include a 50 question written examination for which 37 correctly answered questions is the minimum passing score.

Grandfathered Operator Classes

No new Novice, Technician Plus, or Advanced Class amateur service operator licenses will be issued. These licenses, however, may be modified or renewed. Technician Plus class operator licenses will be converted to Technician Class licenses if renewed. Technician Plus class operator licenses will also be converted to Technician Class when modified to show a vanity call sign.

Novice

The Novice Class operator license is for persons who have passed the 5 wpm telegraphy examination, but only the first part of the written examination formerly required for the Technician Class. Privileges include four bands in the HF range, one band in the VHF range (30-300 MHz), and one band in the UHF range 300-3,000 MHz).

Technician Plus

The Technician Plus Class operator license was issued to Technician Class licensees, who, in addition to passing a written examination, also had passed at least a 5wpm telegraphy examination. A Technician Plus Class licensee is authorized the privileges of a Technician Class licensees plus the privileges of a Novice Class licensee.

Advanced

The privileges of an Advanced Class operator license include 275 kHz of additional spectrum in the HF bands.

CALL SIGN SYSTEMS

A unique call sign is assigned to each amateur station during the processing of its license applications. Each new call sign is assigned sequentially using the sequential call sign system, which is based on the alphabetized regional-group list for the licensee's operator class and mailing address. The station is reassigned its same call sign upon renewal or modification of its license, unless the licensee applies for a change to a new sequentially assigned or vanity call sign on FCC Form 605.

The vanity call sign system offers you the opportunity to request a specific call sign for your primary station and for your club station. A vanity call sign is selected by the FCC from a list of call signs requested by the station licensee or license trustee.

When transmitting in conjunction with an event of special significance, an amateur station may transmit the

Like to try your hand at having your own radio station? The Federal Communications Commission (FCC) has lots of information for amateur radio enthusiasts. The following is an overview of Wireless Rules and Regulations (Title 47), as well as a sampling of frequently asked questions.

Identification announcement using a special event call sign. Substituting a special event call sign may help call attention "on-air" to a station's participation in the special event and to the unique opportunity for the amateur service community to exchange greetings with the station.

Call Sign Systems: Sequential

A unique call sign is assigned to each amateur station during the processing of its license. Each new sequentially assigned call sign is sequentially selected from the alphabetized regional-group list for the licensee's operator class and mailing address. The mailing address must be one where the licensee can receive mail delivery by the United States Postal Service. The station is reassigned its same call sign upon renewal or modification of its license, unless the licensee applies for a change to a new sequentially assigned or vanity call sign on FCC Form 605.

Each call sign has a one letter prefix (K, N, W) or a two letter prefix (AA-AL, KA-KZ, NA-NZ, WA-WZ) and a one, two, or three letter suffix separated by a numeral (0-9) indicating the geographic region. Certain combinations of letters are not used. When the call signs in any regional-group list are exhausted, the selection is made from the next lower group.

Call Sign Systems: Special Event

When transmitting in conjunction with an event of special significance, an amateur station ("special event station") may transmit the identification announcement using a special event call sign in accordance with the procedures detailed below. Substituting a special event call sign for its assigned call sign may help a special event station call attention "on-air" to its participation in the special event and to the unique opportunity for the amateur service community to exchange greetings with the station. Use of these provisions, however, must not detract from the station making the source of its transmissions known to those receiving them. The special event station must also transmit its assigned call sign at least once per hour during such operation.

In addition to the special event call sign system, any amateur station, including a special event station, may include with its assigned call sign one or more indicators (example "W1AW/national convention"). Each indicator must be separated from the assigned call sign by a slant ("/") or any suitable word that denotes the slant mark ("portable," "stroke," etc.). If the indicator is self-assigned, it must be included before, after, or both before and after, the assigned call sign (example "KP2/W1AW/contest"). No self-assigned indicator may conflict with any other indicator specified by the FCC Rules (such as "AA," "AG," "AE" or "KT") or with any prefix assigned to another country (such as "DL," "F," "G" or "VE").

Questions concerning one-by-one call signs and the common data base should be directed to the special event call sign coordinators.

Call Sign Systems: Vanity

The FCC offers amateur licensees the opportunity to request a specific call sign for a primary station and for a club station. A call sign is selected by the FCC from a list of call signs requested by the station licensee or license trustee. RACES and military recreation stations are not eligible for a vanity call sign.

Obtaining Vanity Call Signs

You can obtain a vanity call sign using either the Uni-

versal Licensing System or the document Forms 605 Schedule D and 159. The fee for a vanity call sign is reviewed annually as part of the Commission's regulatory fee structure. For the current fee amount, please refer to the Wireless Fee Filing Guide, FCC Form 1070Y, or phone the FCC's Consumer Center toll free 1-888-225-5322. Payment is accepted by check (payable to "FCC"), bank draft, money order or credit card. DO NOT SEND CASH.

There are up to three different request types for requesting vanity call signs, depending on whether the call sign is to apply to a primary or club station. The requestor may list up to twenty-five call signs in order of preference. The exact prefix, numeral, and suffix must be given for each call sign. Requests stated in general terms such as, "Any call sign with my initials" or "Any call sign having the prefix (or suffix) _____" will be dismissed. The first assignable call sign on the list for which the requestor is eligible will be shown on the license grant for the requestor's station and the original call sign will be vacated.

Objections to the assignment of requested call signs will not be entertained at the FCC. However, this does not hamper any party from asserting such rights as it may have under private law in some other forum. The FCC does not consider an individual to be a former holder where the call sign was originally obtained through bribery, fraud, favoritism or other improper means.

Call Sign Availability

A call sign is normally assignable two years following license expiration, surrender, revocation, set aside, cancellation, void ab initio, or death of the grantee. Where a vanity call sign for which the most recent recipient was ineligible is surrendered, cancelled, revoked or voided, the two-year requirement does not apply. Refer to the Sequential Call Sign System for how call signs are sequentially assigned and the grouping and geographic region attributes of each call sign.

General Rules

You must hold an unexpired amateur operator/primary station license grant of the proper operator class, as described below, to request a vanity call sign for your primary station. To request a vanity call sign for a club station, you must also hold an unexpired club station license grant listing you as the license trustee. Your name and mailing address as shown on your current license grant must be correct. If your license grant has expired you must first renew the license. After the grant, you may file a vanity call sign request. You can change your name or address at the time of your vanity call sign request, by filing FCC Form 605 or, in the case of a club station, FCC Form 610-B. The call sign you are requesting may not already be assigned. Refer to the Universal Licensing System License Search for verification. The license of the former holder now deceased must show a status of expired or cancelled in the licensee database. This is accomplished by submitting a signed request for license grant cancellation accompanied by a copy of an obituary, an in memoriam card, or data from the Social Security Death Index that shows the date of death, or a death certificate, to: FCC, 1270 Fairfield Road Gettysburg, PA 17325-7245. The information for cancellation of a call sign must be submitted prior to filing the vanity application.

The autogrant system does not include review of any document, except a copy of your license, attached to Forms 159 and 605. Even where a call sign does not appear on the database, it may not be available for assignment.

THE EXAM

In the amateur radio license examination system, there is one telegraphy examination element [Element 1] and three written examination elements [Elements 2, 3, and 4]. For each operator class, you must pass the elements indicated:

Amateur Extra - Telegraphy and Written Elements 2, 3, 4
General - Telegraphy and Written Elements 2, 3
Technician - Written Element 2

Your VEs accommodate physical disabilities that require a special examination procedure. They may, however, require you to provide a physician's certification indicating the nature of your disability before determining which, if any, special procedure must be used.

Telegraphy Element

The telegraphy examination establishes your degree of skill in sending correctly by hand and receiving correctly by ear texts in the international Morse code. The VEs send you a short message typical of those transmitted by amateur stations. The test message contains the 26 letters of the alphabet, numerals 0-9, period, comma, question mark, slant mark, and prosigns AR, BT, and SK. The message is sent at not less than 5 words per minute.

Written Elements

Your written examination establishes your level of operational and technical ability in performing properly the duties of an amateur service licensee.

The Volunteer Examiner Coordinators maintain a common question pool for each written examination element. Each pool contains at least ten times the number of questions required for a single examination. Every question set administered to an examinee is prepared by a VE. The questions you are asked on your written examination are taken from the appropriate pool. These pools are revised and updated periodically to incorporate the latest rules, new technology and interests of the amateur service community. Make sure that you prepare for your examination by studying material based upon the question pools currently in use. The pools are available to you in several non-government publications. Non-government sources also offer learning opportunities in the form of audio and video tapes, manuals and books, and computer and live instructional courses.

Volunteer Examiner Responsibilities

The volunteer examiners are responsible for the proper conduct and necessary supervision of your examination, including: Observing you throughout your entire examination. Determining the correctness of your answers. Issuing a Certificate of Successful Completion of Examination (CSCE) when you score a passing grade. Terminating your examination if you do not comply with their instructions.

The Volunteer Examiner Coordinator (VEC) collects your Form 605 document from your VE team and, after carefully screening it, forwards the information thereon to the FCC electronically.

Examination Fees

Your VE may charge you a reimbursement fee for their out-of-pocket expenses incurred in preparing, processing, administering or coordinating your examination. For more information see public notice DA 00-2718.

AUTHORITY TO OPERATE

Your operating authority begins when your license grant information appears in the Amateur Radio Service Licensing Information, available by searching the Universal Licensing System (ULS). These searches allow the viewing of pending applications and granted license information. There is no requirement that you have a license grant document showing the information in ULS in your possession before you begin operating. For more information, refer to more information on Communications & Operations.

The following are answers to frequently asked questions about communications appropriate for the amateur service. See Part 97 of the Commission's Rules, 47 C.F.R. Part 97, ("rules") for the complete regulations.

Communications:

Q. Can I operate my station as soon as I see that information about my amateur operator/primary station license grant appears on the amateur service data base?
A. Yes. You have authority to operate when the information about your license grant appears on the data base.

Q. Does this mean that I don't have to wait until the license document arrives in the mail?
A. That is correct. You do not have to have the license document in your possession in order to operate an amateur station at a location where communications are regulated by the FCC. See Part 97. Appendix 1.

Q. I have my license grant. Can I operate my station (in a specific manner) without prior approval from the FCC?
A. Yes, you can operate your station as long as you comply with the Rules.

Q. May my station transmit (a certain type of communication) on amateur service frequencies?
A. You determine for yourself whether your communications should be transmitted on amateur service frequencies.

Q. What are the standards that I should use when deciding whether or not my station should transmit a certain type of communications?
A. Section 97.113 provides four general standards for you to observe. In summary, any amateur-operator-to-amateur-operator communication is permitted, unless it is:
1. Specifically prohibited, or
2. Transmitted for compensation, or
3. Done for the pecuniary benefit of the station control operator, or
4. Done for the pecuniary benefit of the station control operator's employer.

Q. Do these standards also apply to repeaters? Packet? Message forwarding? ATV? Phone nets? Bulletin stations?
A. Yes. They apply to all amateur service communications.

Q. Why doesn't the FCC just provide me with a list of communications suitable/unsuitable for the amateur service?
A. A request to develop and maintain a list of anecdotal examples has been considered. See Report and Order in PR Docket No. 92-136 adopted July 15, 1993, 58 Fed. Reg. 43071, August 13, 1993; 8 FCC Rcd 5072 (1993). The FCC, however, declined to devote staff resources to such a project. In summary, there are two reasons:
1. There would have to be thousands of examples.
2. To maintain a list would necessitate that the FCC intrude upon the day-to-day functioning of the amateur service to a far greater degree than is desirable.

Q. What types of communications are specifically prohibited?
A. Section 97.113 contains the specific prohibitions. In summary, your amateur station may not transmit:
1. Communications specifically prohibited by the Rules;
2. Communications for hire or for material compensation, direct or indirect, paid or promised, except as otherwise provided in the Rules;
3. Communications in which the station licensee or control operator has a pecuniary interest, including communications on behalf of an employer. You may, however, notify other amateur operators of the availability for sale or trade of apparatus normally used in an amateur station, provided that such activity is not conducted on a regular basis;
4. Music using a phone emission except as specifically provided elsewhere in Section 97.113; communications intended to facilitate a criminal act; messages in codes

or ciphers intended to obscure the meaning thereof, except as provided for space telecommand (see Section 97.211(b)), telecommand of model craft (see Section 97.215(b)), and RTTY and data emission codes (see Section 97.309(b)); obscene or indecent words or language; or false or deceptive messages, signals or identification;
5. Communications, on a regular basis, which could reasonably be furnished alternatively through other radio services.

Q. Is the content of the communications my amateur station transmits protected against someone receiving, divulging, publishing or utilizing them?
A. No. Amateur stations are not afforded privacy protection. See Section 705 of the Communications Act of 1934 [47 U.S.C. 605].

Q. May my amateur station transmit codes or ciphers so as to obscure the meaning of the messages?
A. No. See Section 97.211(b).

Two-Way Communications

Q. What types of two-way communications are amateur stations specifically authorized to transmit?
A. Section 97.111(a) provides for two-way communications. In summary, amateur stations are authorized to exchange messages with:
1. Other stations in the amateur service, except those in any country whose administration has given notice that it objects to such communications. Moreover, transmissions to a different country, where permitted, must be made in plain language and must be limited to messages of a technical nature relating to tests and to remarks of a personal character for which, by reason of their unimportance, recourse to the public telecommunications service is not justified. Section 97.117 provides for international communications. The FCC also issues a public notice listing arrangements for international communications.
2. A station in another FCC-regulated service while providing emergency communications;
3. A United States Government station necessary to providing communications in RACES; and
4. A station in a service not regulated by the FCC, but authorized by the FCC to communicate with amateur stations.

5. A participating United States military station during the annual Armed Forces Day Communications Test.
Q. Which are the countries whose administrations have given notice that they object to communications between the amateur station they have authorized and amateur stations authorized by the United States?
A. Currently, there are no such "banned countries."

One-Way Transmissions

Q. What types of one-way communications are amateur stations authorized to transmit?
A. Section 97.111(b) provides for one-way communications. In summary, auxiliary, beacon, space and stations in distress are specifically authorized to make certain one-way transmissions. Additionally, an amateur station may transmit the following types of one-way communications:
1. Brief transmissions necessary to make adjustments to the station;
2. Brief transmissions necessary for establishing two-way communications with other stations;
3. Telecommand;
4. Transmissions necessary to providing emergency communications;
5. Transmissions necessary to assisting persons learning, or improving proficiency in, the international Morse code;
6. Transmissions necessary to disseminate an information bulletin; and
7. Telemetry.

Q. What is an "information bulletin"?
A. The term is defined in Section 97.3. It is a message directed only to amateur operators and consists solely of subject matter of direct interest to the amateur service.

The control operator of the station transmitting an information bulletin is responsible for determining that the subject matter is of direct interest to the amateur service.

Q. Does an amateur station transmitting information bulletins have to share the channel?
A. Yes. Section 97.101 provides that each station licensee and each control operator must cooperate in selecting transmitting channels and in making the most effective use of the amateur service frequencies. A specific transmitting channel is not assigned for the exclusive use of any amateur station. Section 97.101 also provides that no amateur operator shall cause interference to any radio communication or signal. There is no exemption for amateur stations transmitting for information bulletins.

Q. Is broadcasting prohibited?
A. Yes. Section 97.113 prohibits amateur stations from engaging in any form of broadcasting or in any activity related to program production or news gathering for broadcasting purposes.

Q. Is there an exception to this prohibition?
A. Yes, there is one exception: Communications directly related to the immediate safety of human life or the protection of property may be provided by amateur stations to broadcasters for dissemination to the public where no other means of communication is reasonably available before or at the time of the event.

Q. What is "broadcasting"?
A. Section 97.3 defines the term "broadcasting," in the context of the amateur service, as a transmission intended for reception by the general public, either direct or delayed.

Retransmitting Signals of Other Stations

Q. May my station retransmit the signals emanating from other amateur stations?
A. Yes, generally. Section 97.113, however, requires that the control operator of your station manually cause the retransmission because the radio signals of other amateur stations must not be automatically retransmitted.

Q. What do the words "manually" and "automatically" imply?
A. "Manually" means the retransmission is caused by some immediate physical action, e.g., activating a push-to-talk key, voice-actuated-switch or similar action, by the control operator. "Automatically" means the retransmission is accomplished by some other means, such as a device which determines that a specific reaction is called for and then causes it to occur.

Q. Are there exceptions where my amateur station may automatically retransmit the radio signals of other amateur stations?
A. Yes. The Rules provide such accommodation for three types of operation. Section 97.201 accommodates auxiliary stations. Section 97.205 accommodates repeater stations and Section 97.207 accommodates space stations.

Q. May my station retransmit the programs or signals emanating from any other type of radio station?
A. Section 97.113 provides two exceptions for retransmissions that are for the exclusive use of amateur operators. Your amateur station may retransmit occasionally as an incident of normal amateur radio communications, but not on a regular basis:
1. Propagation and weather forecast information intended for use by the general public and originated from United States Government stations; and
2. Communications, including incidental music, originating on United States Government frequencies between a space shuttle and its associated Earth stations. You must, however, obtain prior approval for shuttle retransmissions from the National Aeronautics and Space Administration.

For more information on amateur radio and the FCC, visit <http://wireless.fcc.gov/services/amateur/>.

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PHOTOGRAPHY: ROB SANGIOVANNI OF SOUTH PORTLAND



POETRY: EMILY OTTE OF FALMOUTH

Vamp

Your words play in my head,
Like an old silent movie,
That is being shown for the last time,
There is a hush in the theater,
As though all the people think,
They will never see Mary Pickford or Rudolph Valentino again,
White and black are the only colors,
The lines and shadows once perfectly clear,
Now blurred over time,
The last scene is over,
The reel keeps turning,

Light still shinning,
Alas no more movie to play,
All the flappers,
And gangsters,
And the children of the Roaring 20's,
File out,
The only thing they will remember is the love,
Movie love,
Great thing it is,
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Atmosphere: ★★★★★

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including a light
touch of coconut
milk and heat that
developed subtly in
the mouth."

"After the dishes we
sampled, we com-
mitted to return as
soon as possible to
continue our jour-
ney through the ex-
otic menu."



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Sea Dogs



HOME SCHEDULE

MAY

- 22 BOWIE BAYSOX
NOON
- 23 HARRISBURG SENATORS
6 PM
- 24 HARRISBURG SENATORS
6 PM
- 25 HARRISBURG SENATORS
6 PM
- 26 HARRISBURG SENATORS
6 PM



JUNE

- 06 BINGHAMTON METS
7 PM
- 07 BINGHAMTON METS
6 PM
- 08 BINGHAMTON METS
1 PM
- 09 NORWICH NAVIGATORS
6 PM
- 10 NORWICH NAVIGATORS
6 PM
- 11 NORWICH NAVIGATORS
NOON
- 23 AKRON AEROS
7 PM
- 24 AKRON AEROS
6 PM
- 25 AKRON AEROS
7 PM



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